

## MHSA STAKEHOLDER GROUP (MHSA-SG)

Friday, July 24, 2020 (2:00-4:00pm)

GO TO MEETING TELECONFERENCE: <https://global.gotomeeting.com/join/511501621>

To participate by phone, dial-in to this number: <tel:+18773092073,,511501621#>

MISSION	VALUE STATEMENT	FUNCTIONS
<p><i>The MHSA Stakeholder Group advances the principles of the Mental Health Services Act and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.</i></p>	<p><i>We maintain a focus on the people served, while working together with openness and mutual respect.</i></p>	<p>The MHSA Stakeholder Group:</p> <ul style="list-style-type: none"> <li>• <i>Reviews</i> the effectiveness of MHSA strategies</li> <li>• <i>Recommends</i> current and future funding priorities</li> <li>• <i>Consults</i> with ACBH and the community on promising approaches that have potential for transforming the mental health systems of care</li> <li>• <i>Communicates</i> with ACBH and relevant mental health constituencies.</li> </ul>

- |  |      |
|--|------|
| <p>1. Welcome and Introductions</p> <ul style="list-style-type: none"> <li>- DTA/Conference call etiquette tips</li> <li>- MHSA-SG Meeting Structure: (2) <i>Administration &amp; Operations</i>;<br/>(3) <i>Program Planning &amp; Development</i></li> </ul>                                   | 2:00 |
| <p>2. COVID-19 Ad Campaign: Office of Ethnic Services, Javarre Wilson</p> <ul style="list-style-type: none"> <li>- Campaign origins</li> <li>- MHSA funding allocation for this event</li> <li>- Billboard campaign locations</li> <li>- Future opportunities for MHSA-SG involvement</li> </ul> | 2:15 |
| <p>3. Administrative Updates</p> <ul style="list-style-type: none"> <li>- MHSA-SG Membership</li> <li>- Announcements</li> </ul>   | 2:45 |
| <p>3. MHSA Plan Preview</p>  | 3:15 |
| <p>4. Wrap-Up/Summary</p>  | 3:45 |

## 5. Meeting Adjournment

4:00

### Documents Attached:

- Agenda
- Minutes from June meeting
- PPT Presentation
- COVID-19 Transit Shelter Ads
- TAY Collaborative Flyer
- COVID-19 Edition: Birth Rights Bill of Justice
- ACBH CATT Program Launch
- MHSA-SG Meeting Calendar v5

## Alameda County Mental Health Services Act Stakeholder's Meeting

**June 26, 2020 • 2:00 pm – 4:00 pm**

**\*TELECONFERENCE REMOTE MEETING\***

Meeting called to order by **Mariana Dailey (Chair)**

**Present Representatives:** Viveca Bradley (MH Advocate), Jeff Caiola (Consumer), Margot Dashiell (NAMI), Sarah Marxer (Family Member), Elaine Peng (MHACC), Liz Rebensdorf (NAMI East Bay), Danielle Vosburg (Telecare), L.D. Louis (MHAB), Katy Polony (Abode/IHOT), Mark Walker (Swords to Plowshare), Shawn Walker-Smith (MH Advocate), Annie Bailey ( ), Kathleen Sikora ( ), Janet King (Native American Health Center), Mary Skinner (MHSA INN)

<i><b>ITEM</b></i>	<i><b>DISCUSSION</b></i>	<i><b>ACTION</b></i>
<p><b>Welcome and Introductions</b> (Mariana)</p>	<p><b>Mariana</b> reviewed conference call etiquette tips, and led a brief check-in with the group utilizing the Community Agreements and MHSA-SG Design Team Alliance (DTA) model to identify the desired atmosphere for the meeting and strategies to ensure members thrive and deal with conflict.</p>	<ul style="list-style-type: none"> <li>•</li> </ul>
<p><b>MHSA-SG Meeting Focus (RE: Our 5 Structure elements)</b> (Mariana)</p>	<p><b>Mariana</b> stated that the meeting would focus on 2 of the following MHSA-SG Structure elements:</p> <ul style="list-style-type: none"> <li>• Relationship Building, Leadership &amp; Advocacy</li> <li>• Program Planning &amp; Development</li> </ul>	
<p><b>MHSA-SG Administrative Updates/Membership</b> (Mariana)</p>	<p><b>Mariana</b> reminded the group that the MHSA audit was conducted March 2020 with minimum findings. The summary is available online through the archived meeting materials.</p> <p><b>Mariana</b> encouraged members visit the website and review MHSA component profile sheets and plan updates for any questions related to MHSA budget details and programs.</p> <p><b>Mariana announced</b> effective May 29, 2020: <b>Irma Reyes</b> retired from her role with the MHSA-SG. The MHSA-SG recommend sending a virtual e-card to Irma.</p> <p>The stakeholder group is encouraged to direct interested applicants to the website to complete the MHSA-SG webform. Potential applicants include Jenifer Pierre from Social Services Agency, and Kathleen Graves, Executive Director of a small business owner. The group agreed to focus recruitment by targeting TAY/children, consumers, and homeless/indigent populations.</p> <p>The MHSA-SG agreed to conduct preliminary interviews with Kimberly Graves. An interview panel will be coordinated with Sarah Marxer, Mark Walker, and Annie Bailey participating as the interview panel within the next 2 weeks.</p>	<ul style="list-style-type: none"> <li>• <b>Mariana</b> will send a copy of the DTA to the group, the DTA is also available online via MHSA-SG Meeting Archive</li> <li>• <b>Stakeholder members</b> (new and old) are encouraged to submit a biographical sketch to Mariana for inclusion on the acmhsa.org stakeholder page</li> <li>• <b>Mariana</b> will send a Doodle Poll to interview panel</li> </ul>
<p><b>MHSA Innovations Update</b> (Mariana)</p>	<p>Mary Skinner, INN Program Specialist provided a 1-hour overview of current projects and procurement processes. The MHSA-SG identified ways for peer and consumer involvement in future projects:</p> <ol style="list-style-type: none"> <li>1. Coordinate planning meetings to host INN brainstorming sessions similar to the POCC model .</li> <li>2. Community land Trust: get your agency involved (e.g. Board of Directors)</li> <li>3. Advocate for models that work</li> <li>4. Encourage family member involvement</li> <li>5. Submit INN recommendations via the ACMHSA website</li> </ol>	<ul style="list-style-type: none"> <li>• <b>Mariana</b> will expand focus groups for the annual update to target the Chinese community and Family Members</li> <li>• <b>Stakeholders</b> should participate in planning activities to voice recommendations.</li> </ul>

<i>ITEM</i>	<i>DISCUSSION</i>	<i>ACTION</i>
<b>Wrap-Up/Summary</b> (Mariana)	<p>Stakeholder members will be invited to support future planning efforts.</p> <p><b>The group identified future meeting topics:</b> Innovations overview part 2, CFTN update on telehealth services; Ethnic Service Update, Housing &amp; Homelessness Update, and MHSA overview (budget &amp; locked facilities).</p>	<ul style="list-style-type: none"> <li>• <b>Mariana</b> will follow-up with Mary Skinner, Innovation Unit to address questions from the MHSA-SG</li> <li>• <b>Mariana</b> will invite the CFTN program to the next MHSA-SG</li> </ul>

**Next Stakeholder meeting: Friday, July 24, 2020 from 2-4 p.m. LOCATION: GoToMeeting webinar**



# MHSA-SG Meeting

ALAMEDA COUNTY BEHAVIORAL  
HEALTH, MHSA DIVISION

4<sup>TH</sup> FRIDAYS EVERY MONTH, 2-4PM

FACILITATOR/COORDINATOR:

MARIANA DAILEY MPH, MCHES

**HELLO**  
**MY NAME IS**

Blank space for writing a name.

# Community Agreements from Design Team Alliance (DTA)

## Atmosphere:

(The feeling we want to create)

## Thrive :

What we need to do our best work

Deal with Conflict: How we'd like to handle difficulties/conflicts

### What is the Desired Atmosphere or Culture of MHSA Stakeholder Group?

Informed

Feeling of Safety

Emotionally supportive

Probing

Collaborative

Effective

Honest

Reflective

Productive

Critically Thinking

Warm

Instructive

Engaged

### In order to Thrive, how do we want to be in the MHSA Stakeholder Group?

Trust

People able to listen to different perspectives

Accepting/open to ideas of others

Strategic

Diversity matters

Taking responsibility

Open/inclusive

Mutual respect

### How do we deal with Conflict or Difficulty when it arises within the MHSA Stakeholder Group?

Assume good intent

Being ok with conflict- not try to fix it

Accept different perspectives

Listening

Being patient, don't interrupt

Agree to disagree & move on w/ what we agree on

Trying to find the "lowest common denominator" and move forward

Where there are disparities, be able to call them out "Name it"

# MEETING OBJECTIVES



1. Welcome & Introductions
2. Presentation: Office of Ethnic Services
3. Administrative Updates & Announcements
4. Wrap-Up/ Summary

# **COVID-19 Transit Shelter Ads UPDATE**

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**Javarré Wilson, Ethnic  
Services Manager**

## COVID-19

- Wash Hands (20sec)
- Cover Cough & Sneeze
- If Sick, Stay Home
- Wear Face Covering
- Practice Physical Distancing

**BLACK PEOPLE  
ARE NOT TO BLAME  
FOR DYING OF COVID-19**

## COVID-19

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- Practice Physical Distancing

**COVID-19 IS IMPACTING  
OUR COMMUNITY TOO!  
COUNT US BETTER!**

# Ways the MHSA-SG can be involved:



Participate on Office of  
Ethnic Services workgroups  
& subcommittees



Other: \_\_\_\_\_



Other: \_\_\_\_\_



**Questions**

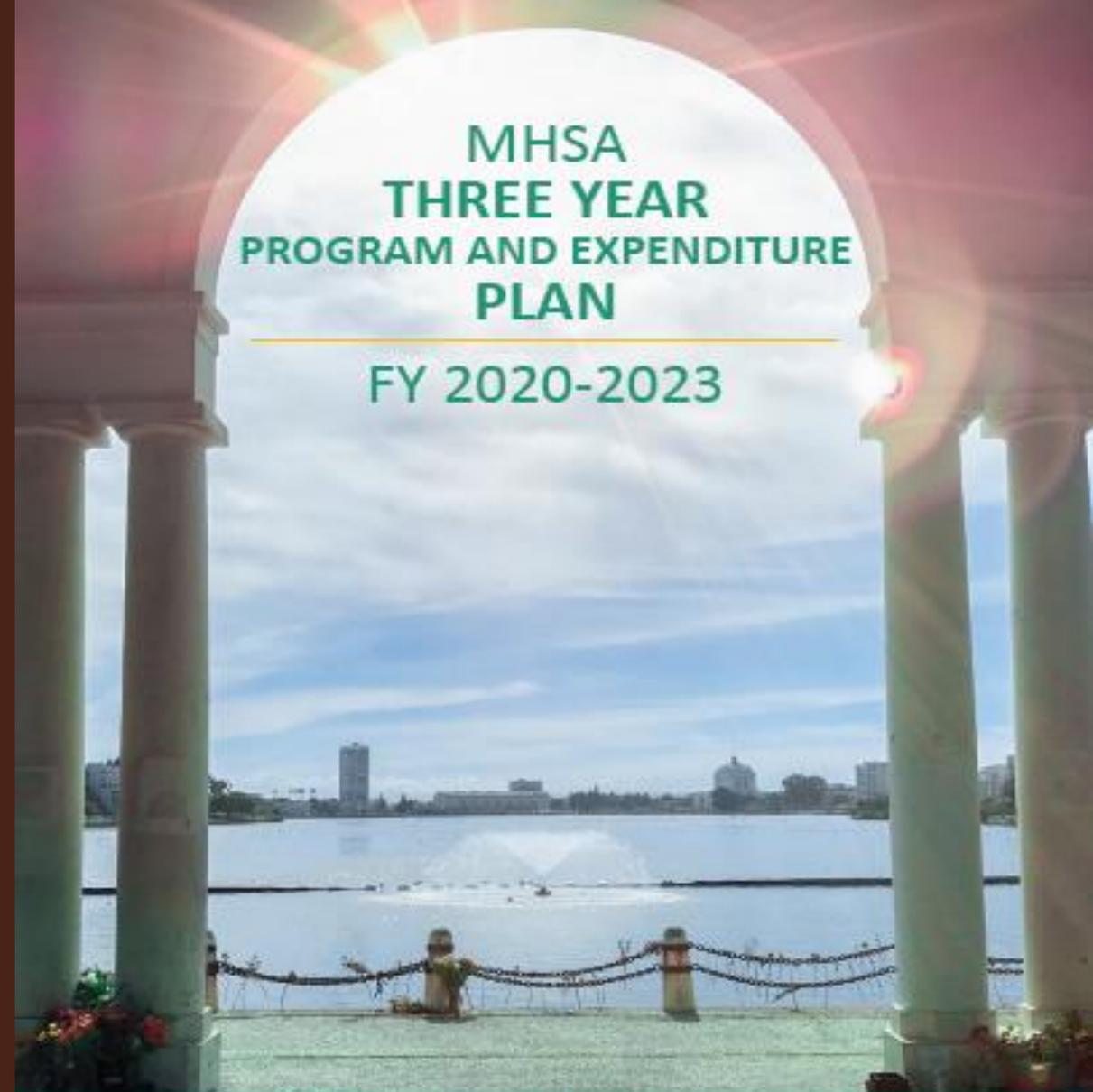
# ADMINISTRATIVE UPDATES:

- MHSA-SG Membership INTERVIEW
  - Revise Interview Questions*
- Family Dialogue Focus group held 7/23rd
- CATT Program Launch
- Talking with TAY Forum



# MHSA 3-YR PLAN PREVIEW:

☐ Public Comment Period: Mid-August



MENTAL HEALTH SERVICES ACT (MHSA) DIVISION | ALAMEDA COUNTY BEHAVIORAL HEALTH DEPARTMENT  
RELEASED FOR PUBLIC COMMENT: AUGUST 21, 2020-SEPTEMBER 21, 2020

PUBLIC HEARING: SEPTEMBER 21ST, 2020  
LOCATION OR ZOOM INFO TBD





# MEETING WRAP-UP:

Recommendations for next meeting?  
(using the 5 MHSA-SG meeting elements)

- Robert Ratner: Housing
- CFTN: telehealth services
- PCR Review from March 24<sup>th</sup> Audit
- Office of Family Empowerment
- Use online AGENDA ITEM REQUEST FORM and MEMBERSHIP APPLICATION FORM

# THANK YOU

## Next Meeting:

August 28, 2020  
2:00 pm– 4:00 pm  
Location (TBD)

\*\* Stipends: Follow-up With  
Nellie Bagalso



WELLNESS • RECOVERY • RESILIENCE



**COVID-19**

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**COVID-19**

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**USING OUR FAITH TO RISE ABOVE ISLAMOPHOBIA & COVID-19**

**新型冠狀病毒 COVID-19**

- 常洗手 (至少持續20秒)
- 咳嗽或打噴嚏時，遮住口鼻
- 生病時，待在家中
- 請用布質面罩遮住口鼻
- 保持社交距離



**這裏沒有仇恨!**

**COVID-19**

- Wash Hands (20sec)
- Cover Cough & Sneeze
- If Sick, Stay Home
- Wear Face Covering
- Practice Physical Distancing



**HATE DOES NOT LIVE HERE!**

**COVID-19**

- Maghugas ng kamay sa loob ng 20 segundo
- Magtakip kapag umuubo at bumabahing
- Manatili sa tahanan kapag may sakit
- Mag suot ng pantakip sa bibig at ilong
- Sundin ang pangpisikal na distansya



**ANG POOT AY WALANG LUGAR DITO!**

**COVID-19**

- Hãy Rửa tay (20 giây)
- Hãy Che miệng khi Ho và Hắt hơi
- Nếu bị bệnh, hãy ở nhà
- Hãy Mang Khẩu trang
- Hãy Thực hành Giãn cách xã hội



**HẬN THÙ KHÔNG TỒN TẠI Ở ĐÂY**

**COVID-19**

- Wash Hands (20sec)
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- Practice Physical Distancing



**LOVE INCLUDES EVERYONE**

**COVID-19**

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**LOVE INCLUDES EVERYONE**

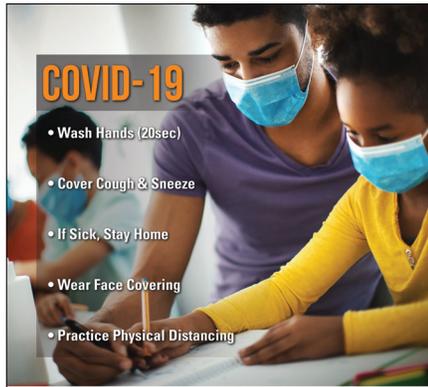


**COVID-19**

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**PROTECTING OUR HERITAGE  
AND SAVING OUR LIVES**



**COVID-19**

- Wash Hands (20sec)
- Cover Cough & Sneeze
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**LET'S DO OUR PART TO  
PROTECT OUR COMMUNITY**



**COVID-19**

- Wash Hands (20sec)
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**RESPECTING & PROTECTING  
OUR ELDER**



**COVID-19**

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**UNDOCUMENTED  
WORKERS  
YOU ARE ESSENTIAL!**

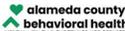
 



**COVID-19**

- Lávate las manos por 20 segundos
- Cúbrete la boca cuando tosase o estornudes
- Si estás enfermo, quédate en casa
- Usa cubre bocas
- Practica la distancia física

**TRABAJADORES  
INDOCUMENTADOS  
USTED ES ¡ESENCIAL!**



**WHAT WOULD OUR LEADERS DO IN THIS MOMENT?**

alameda county behavioral health  
MENTAL HEALTH & SUBSTANCE USE SERVICES



**BLACK PEOPLE ARE NOT TO BLAME FOR DYING OF COVID-19**

alameda county behavioral health  
MENTAL HEALTH & SUBSTANCE USE SERVICES



**COVID-19 is impacting our community too** **COUNT US BETTER**

alameda county behavioral health  
MENTAL HEALTH & SUBSTANCE USE SERVICES



**LOVE INCLUDES EVERYONE**

alameda county behavioral health  
MENTAL HEALTH & SUBSTANCE USE SERVICES



**MY ETHNICITY IS NOT A VIRUS!**

alameda county behavioral health  
MENTAL HEALTH & SUBSTANCE USE SERVICES



**我的種族不是病毒!**

alameda county behavioral health  
MENTAL HEALTH & SUBSTANCE USE SERVICES



**NHÓM SẮC TỘC CỦA TÔI KHÔNG PHẢI LÀ VI-RÚT**

alameda county behavioral health  
MENTAL HEALTH & SUBSTANCE USE SERVICES



**ANG AKING ETNISIDAD AY HINDI SAKIT!**

alameda county behavioral health  
MENTAL HEALTH & SUBSTANCE USE SERVICES



**PROTECTING OUR HERITAGE AND SAVING OUR LIVES**

alameda county behavioral health  
MENTAL HEALTH & SUBSTANCE USE SERVICES



**HONRAR Y PROTEGER A NUESTRA GENTE DE MAYOR EDAD**



**HAY QUE HACER NUESTRA PARTE,  
PROTÉGETE A TI MISMO Y A TU COMUNIDAD**



**Undocumented Workers YOU ARE ESSENTIAL!**



**Trabajadores indocumentados USTED ES ¡ESENCIAL!**



**USING OUR FAITH TO RISE ABOVE ISLAMOPHOBIA & COVID-19**



**میشوشیم بلاغ COVID-19 و یمالسا دض راکف رب یوق نامیا اب**

# Virtually: Talking With TAY

Alameda County <sup>ac</sup> <sup>bh</sup>  
Behavioral Health Care Services  
MENTAL HEALTH & SUBSTANCE USE SERVICES

These TALKS shall engage Transition Age Youth (TAY), ages 16-24 years, in a **two part series** of discussions and sharing of resources which aims to increase mental health awareness, engagement with other TAY, and connection to community partners. In working collaboratively with the ACBH TAY Division, it is hoped that TAY will decrease any barriers to seeking mental wellness support and access to appropriate services.

July 29th  
5-7 PM

Unprecedented Times COVID-19  
Climate

TAY Are Resilient

Aug 5th  
5-7 PM

**Learning Objectives-** After these sessions, participants will be able to:

- Identify barrier Transition Age Youth have encountered in seeking support during these unprecedented times.
- Identify the approaches and solutions to self-caring and maintaining wellness.
- Identify multiple resources to support their wellness.

Please RSVP Shannon Singleton- Banks  
Email: [InfoACBH.TAY@acgov.org](mailto:InfoACBH.TAY@acgov.org) or Call: 510-529-9823  
Register: <https://zoom.us/meeting/register/>

## Announcing the July 20<sup>th</sup> Launch of the Community Assessment and Transport Team (CATT)

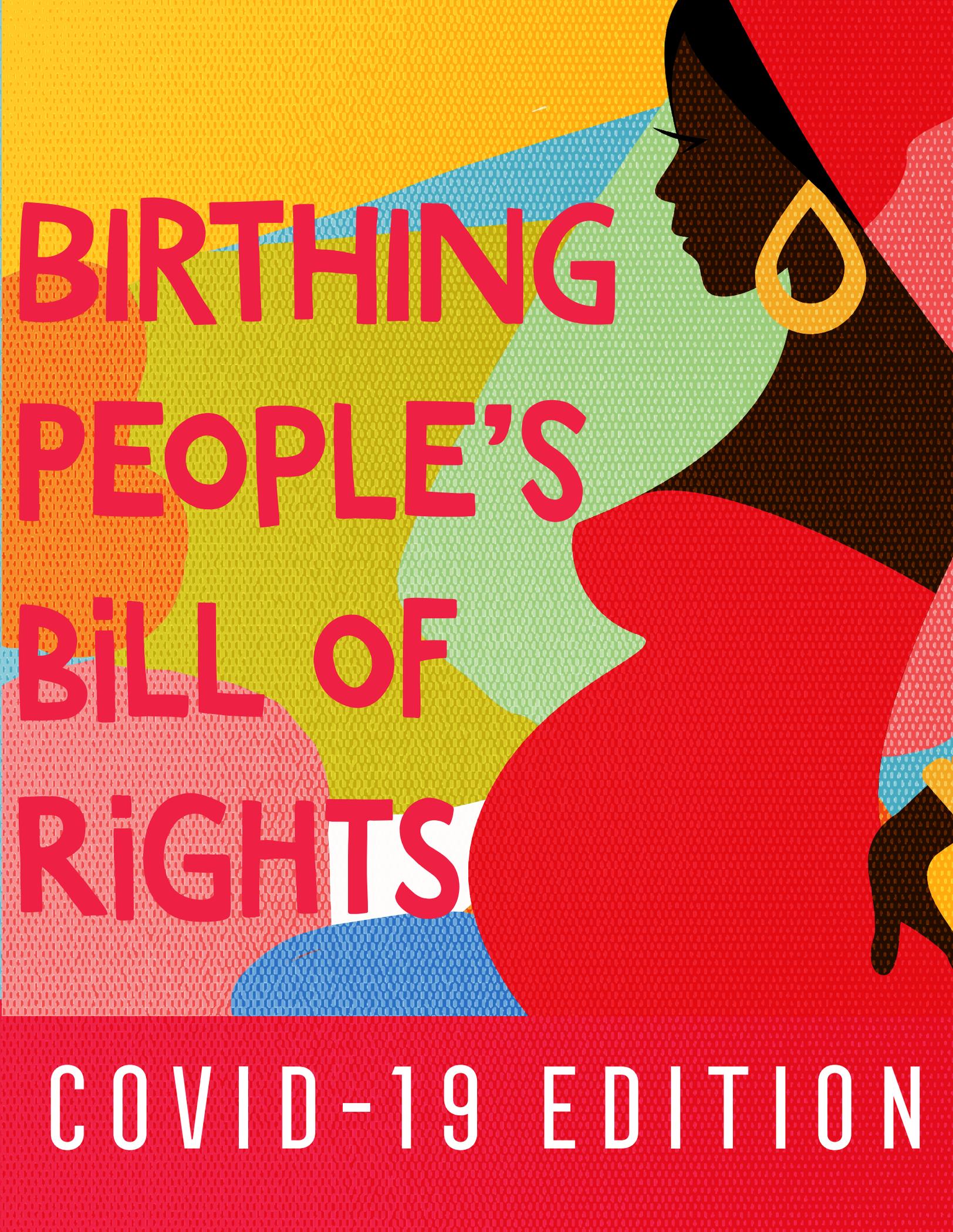
The Community Assessment and Transport Team (CATT), is an innovative pilot program created in collaboration with Alameda County Behavioral Health, Alameda County Care Connect, Alameda County Emergency Medical Services, Bonita House Inc. and Falck.

CATT pairs a clinician with an EMT to respond, in a modified Chevy Tahoe, to individuals who are experiencing a crisis due to mental health and or substance use. CATT will provide mental health assessment, crisis intervention, medical assessment, information, referral and transportation to a variety of voluntary settings including, but not limited to, Amber House voluntary Crisis Stabilization Unit/Crisis Residential Treatment (CSU/CRT) facility, Cherry Hill Detox and Sobering Center, Wellness Centers and ACBH Urgent Medication Clinics.



Whenever possible, CATT hopes to divert individuals who are not in need of involuntary hospitalization or an emergency department; however, CATT will be designated to write involuntary psychiatric holds (5150/5585) and transport to emergency departments as necessary.

CATT is scheduled for soft launch on July 20, 2020 with a team in Oakland, San Leandro and Hayward, respectively. An additional team will be launched in Fremont later this year. When at full capacity, CATT will have a total of 12 teams in the field 7 days a week from 7am to 11pm. These teams are in addition to the current Mobile Crisis /Mobile Evaluation Teams, (MCT/MET) currently providing mobile crisis services in Alameda County.



**BIRTHING  
PEOPLE'S  
BILL OF  
RIGHTS**

**COVID-19 EDITION**

# YOUR RIGHTS



- You have the right to bodily autonomy and self-determination. For example, you can decide whether or not to get an epidural or whether to accept a recommended c-section, regardless of hospital policies. Your consent is also required before any procedures like vaginal exams or breaking the bag of water. This can include leaving the hospital if you do not want to be admitted (Please see below about how to leave the hospital).
- You have the right to choose your birth setting—in a hospital, birth center, or home. You have the right to choose your provider (a midwife or a doctor) to attend your birth.
- You have the right to support during your labor and birth, from a family member, partner and/or a birth support worker such as a doula.
- You have the right to breastfeed if you decide that this is best for you and your baby. If breastfeeding is not recommended, you have the right to have the risks and benefits of breastfeeding explained to you by your healthcare provider.
- You have the right not to be separated from your baby. If separation is recommended, you have the right to have any risks and benefits explained to you by your healthcare provider.
- You have the right to understand the pros and cons of any procedure. You also have the right to understand other options including what will happen if you don't do any of the options. You have the right to have all of your questions answered before you make a decision about your health care. You have the right not to be threatened into choosing certain options.
- You have the right to be able to reach your prenatal provider during your pregnancy if you have concerns that cannot wait until your next scheduled visit.
- You have the right to an interpreter if you do not speak English, and to disability accommodations in accordance with the Americans with Disabilities Act, even during the COVID-19 pandemic.
- You have the right to be treated with dignity and respect. You have the right to be free of discrimination based on your race, gender, religion, sexual orientation, gender identity, age, disability, HIV status, immigration status, housing status, income level, or form of insurance.
- You have the right to file a formal complaint about concerns related to the care you have received, and to have the healthcare provider or institution respond to your concerns in a timely fashion. This also includes the right to be provided with clear alternatives for switching to another provider within 24-72 hours. In some cases you also might be able to switch your health care plan. Information on how to file a complaint is provided below.

# HOW TO SPEAK UP, ADVOCATE FOR YOURSELF & GET HELP

ADAPTED FROM THE MIND OF SARAH FERGUSON

**IF YOU FEEL YOU ARE NOT BEING LISTENED TO OR NEED MORE HELP UNDERSTANDING YOUR OPTIONS:**

## **Ask to speak to the Charge Nurse**

- You can ask to be cared for by a different nurse, midwife, or doctor. (If there is only one type of provider (i.e. nurse, midwife, or doctor) available, you can ask for a second opinion from a different type of provider).

**Ask to speak to the Hospital Administration.** Tell them you want to file a complaint.

- This can help you to get assigned to a different healthcare team that better matches your needs.

## **DEMAND TO LEAVE AMA (AGAINST MEDICAL ADVICE)**

- If you are still not getting the care you deserve, you can leave.
- Sometimes this is as simple as saying I would like to leave AMA and signing paperwork stating that you understand the risks.
- Other times it is more complex and you may be required to be interviewed by an ethicist or psychiatrist.

## **AMA CONSIDERATIONS:**

- Cases where children are involved: It is possible that Department Child and Family Services (DCFS) may be called depending on your individual provider and hospital policy. So be prepared to once again advocate for yourself and demand your right to care.
- Insurance Coverage: There is no evidence that insurance denies payment for patients leaving AMA. HOWEVER, you need to be prepared to explain this both to the MEDICAL FACILITY and to the INSURANCE COMPANY to make sure they will pay.
- While AMA paperwork is being prepared, decide if you will drive to the nearest hospital or call 911 from a nearby location to restart the triage process.

## **HOW TO FILE A COMPLAINT:**

- If you have a concern about a medical doctor or a licensed midwife, you can file a complaint with the California Medical Board. Complaints about a registered nurse or a certified nurse midwife go to the California Board of Registered Nurses.
- If you have a discrimination complaint against a hospital facility, staff, facility administration, or birthing center, you will need to file the complaint with California's Fair Employment and Housing Department. Don't let the name fool you: they also take discrimination complaints outside of employment and housing.



# COVID PREGNANCY QUESTIONS TO ASK YOUR HEALTHCARE PROVIDER

TO SUPPORT DECISION MAKING - THERE ARE MANY DECISIONS TO MAKE AROUND PERSONAL CARE AND HOW TO DEAL WITH DIFFERENT SITUATIONS PRENATALLY, IN BIRTH, AND POSTPARTUM. THE FOLLOWING ARE QUESTIONS THAT CAN HELP YOU MAKE AN INFORMED CHOICE.

## INFORMED DECISION MAKING QUESTIONS

**These questions are useful anytime during pregnancy, even when it's not during a pandemic**

- Is what you're suggesting considered "routine" or is it medically necessary?
- Why are you making this suggestion?
- What are the pros and cons, or risks and benefits of doing this?
- What else can we try or do? What are the pros and cons of those options?
- What if I choose to do nothing?
- How long do I have to make this decision?
- On a scale of 1-10, how strongly do you recommend that I do this?
- Personal question – what is my gut telling me to do

## PRENATAL QUESTIONS:

### GENERAL CARE QUESTIONS:

- If I have questions about my pregnancy or health, how can I contact you and how quickly should I expect a reply?
- Have your c-section and induction rates changed since the start of the COVID-19 pandemic?
- What are my options for an out of hospital birth? Would you partner with a homebirth midwife? Do you accept homebirth transfers? What is covered by my insurance?

### HOW IS PRENATAL CARE CHANGED DUE TO COVID?

- Are there any routine visits you are no longer doing? Are you providing or conducting any visits by video? If so, which ones?
- What are your COVID protocols for in-person visits and being in a waiting room?
- Can my support person come with me to my prenatal visits? If not, can they join by phone or video during the visit? Are there any visits they can come to?

### WHAT ARE YOUR LABOR POLICIES DURING THE PANDEMIC?

- How many people can come with me for labor support? Can they come and go? Do they have to wear a mask or any other special protective gear? Do you provide the mask/equipment?
- Will I be free to walk around the floor while I am in labor?
- How have your policies changed because of COVID? Do you expect any more facility changes?
- Are there any reasons that you would recommend that I be separated from my baby?
- What pain management options do you offer during the pandemic? Will I be able to use nitrous oxide for pain management?

## **WHAT IS YOUR COVID-19 TESTING POLICY?**

- Do you conduct temperature tests?
- Are your staff COVID tested? How often?
- Do you test everyone on admission to labor & delivery or only people who are suspected of having an infection?
- What happens if I decline testing?
- If I decline the test or I test positive, does this change how you will take care of me during labor? For example will you recommend an epidural or a c-section earlier than you would for someone with a negative test?

## **IF I AM FOUND TO HAVE COVID-19, WHAT WILL CHANGE REGARDING MY CARE?**

- Are there changes to who I can bring as support?
- Are there changes to the protective gear they will have to wear?
- What will your recommendations be as far as breastfeeding and caring for my baby if I test positive?

## **HOSPITAL INTAKE QUESTIONS:**

When you first show up at the hospital, you will be cared for by a nurse and provider team, they will help you decide if you should stay at the hospital or go home. This is called “triage.” Here are some questions you may want to ask while in triage.

- See above general questions - you can ask those about anything in triage!
- My understanding of your policies related to COVID are \*\*\*. Have there been any changes to that?

## **IF YOU ARE TOLD YOU ARE GOING TO BE ADMITTED TO THE HOSPITAL:**

- What will change for me once I am admitted?
- What will happen if I delay getting admitted?

## **LABOR QUESTIONS:**

- See above general questions - you can ask those about anything in triage!

## **IF THEY RECOMMEND TESTING FOR COVID DURING LABOR**

- How will that change how you manage my labor?

**YOU HAVE THE RIGHT TO  
BODILY AUTONOMY AND  
SELF-DETERMINATION.**





On average, there are over 1000 live births everyday in California, and that hasn't stopped during the COVID-19 epidemic. Advocates, health professionals and doulas are working to re-imagine perinatal care both during COVID-19 and beyond that centers our most vulnerable communities.

Organizations participating in project: American Civil Liberties Union (ACLU) California, Birthing Project USA, Black Women for Wellness, California Nurse Midwives Association, California Alliance of License Midwives, Maternal and Child Health Access, National Health Law Program, NARAL Pro Choice California, South Los Angeles/South Bay African American Infant and Mortality Community Action Team, Western Center on Law and Poverty

**Inspired by Black Birthing Bill of Rights by the National Association to Advance Black Birth**

## MENTAL HEALTH SERVICES ACT (MHSA)

### STAKEHOLDER GROUP MEETING CALENDAR, 2020 rv5

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\*\* This schedule is subject to change. Please view the MHSA [website](#) for calendar updates.

DATE	TIME	LOCATION	MEETING THEMES
January 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• MHSA Overview</li> <li>• Annual Plan Update</li> </ul>
February 28, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• MHSA Goal Setting/Finding A Common Link</li> <li>• Develop Operating Guidelines</li> </ul>
March 27, 2020 (Friday)	2:00-4:00pm	GoToMeeting	<ul style="list-style-type: none"> <li>• MHSA Audit</li> <li>• MHSA Community Planning Meetings (CPM) Outreach &amp; Evaluation Design</li> <li>• Recruitment</li> </ul>
April 24, 2020 (Friday)	2:00-4:00pm	GoToMeeting	<ul style="list-style-type: none"> <li>• MHSA Community Planning Meetings (CPM) Focus Group</li> </ul>
May 27, 2020 (Friday)	2:00-4:00pm	GoToMeeting	<ul style="list-style-type: none"> <li>• MHSA Community Planning Meetings (CPM)</li> <li>• MHSA-SG Recruitment</li> </ul>
June 26, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• Quarterly Program Data Review</li> <li>• Program Spotlight/Presentation: Innovations</li> </ul>
July 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• Revisit MHSA-SG Plan &amp; Meeting Frequency</li> <li>• Program Spotlight: COVID-19 Transit Shelter Ad</li> <li>• MHSA Plan preview</li> </ul>
August 28, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• Program Spotlight/Presentation : Housing</li> <li>• MHSA Policy &amp; Legislation Review</li> <li>• MHSA 3yr plan 20/23- Public Comment/Public Hearing</li> </ul>

## MENTAL HEALTH SERVICES ACT (MHSA)

### STAKEHOLDER GROUP MEETING CALENDAR, 2020 rv5

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September 25, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• Government Funding &amp; Procurement Overview or Program Spotlight: Family Empowerment best practices</li> <li>• PCR Report</li> <li>• Joint Site Visit Observations</li> </ul>
October 23, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• Program Spotlight/Presentation: CFTN</li> <li>• MHSA 3-Year Plan Posted</li> <li>• Annual Plan Update</li> </ul>
November 27, 2020 (Friday)	CANCELLED- HOLIDAY		
December 25, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• End of Year Celebration/Retreat</li> <li>• Best Practice Review</li> <li>• Review Operating Guidelines</li> <li>• Renewing Commitment</li> </ul>