

Mental Health Services Act Fiscal Year 2020-2021 Year in Review



The **Mental Health Services Act (MHSA)**, Proposition 63, funds mental health services in Alameda County and across the state. The funds are divided among five components, two of which serve clients through multiple programs. During Fiscal Year 20-21, the *Community Services and Supports* and *Prevention and Early Intervention* components funded over 100 programs.

Community Services and Supports (CSS) use funds for direct services to adults with severe mental illness (SMI) and children with severe emotional disturbance (SED). CSS funds two areas: **Full Service Partnerships (FSP)**, which provide voluntary wrap around services to consumers or partners diagnosed with an SED or SMI and **Outreach and Engagement/System Development Programs (OESD)**, which cover multiple treatment modalities and services to those with SED or SMI.



Prevention and Early Intervention (PEI) services embrace an approach that engages individuals before the development of mental illness and intervene early to reduce symptoms. All **PEI** programs use outreach to connect with communities, provide access and linkage to necessary care, reduce stigma and discrimination associated with mental health, and promote wellness. A subset of PEI programs are the **Unserved/Underserved Ethnic and Language Populations (UELPP)** programs, which focus on the Afghan/South Asian, African, Asian/Pacific Islander, Native American, and Latino communities.



How Much Did We Do?



141,815 people⁺ were served by **112** MHSA programs

98.7 million MHSA dollars* budgeted for the **CSS** and **PEI** Components



42,756 people served by **74** CSS
3,333 people served by **16** FSP
39,423 people served by **58** OESD

\$84.6 million budgeted for **CSS**
\$42.4 million budgeted for **FSPs**
\$42.2 million budgeted for **OESD**



99,059 people served by **38** PEI
60,826 people served by **13** UELPP
38,233 people served by **25** other PEI

\$14.0 million budgeted for **PEI**
\$4.7 million budgeted for **UELPP**
\$9.3 million budgeted for **other PEI**

*All costs exclude administration costs, but do include a level of staff, training, and capacity building money in addition to all client focused costs.

⁺All counts contain duplicates

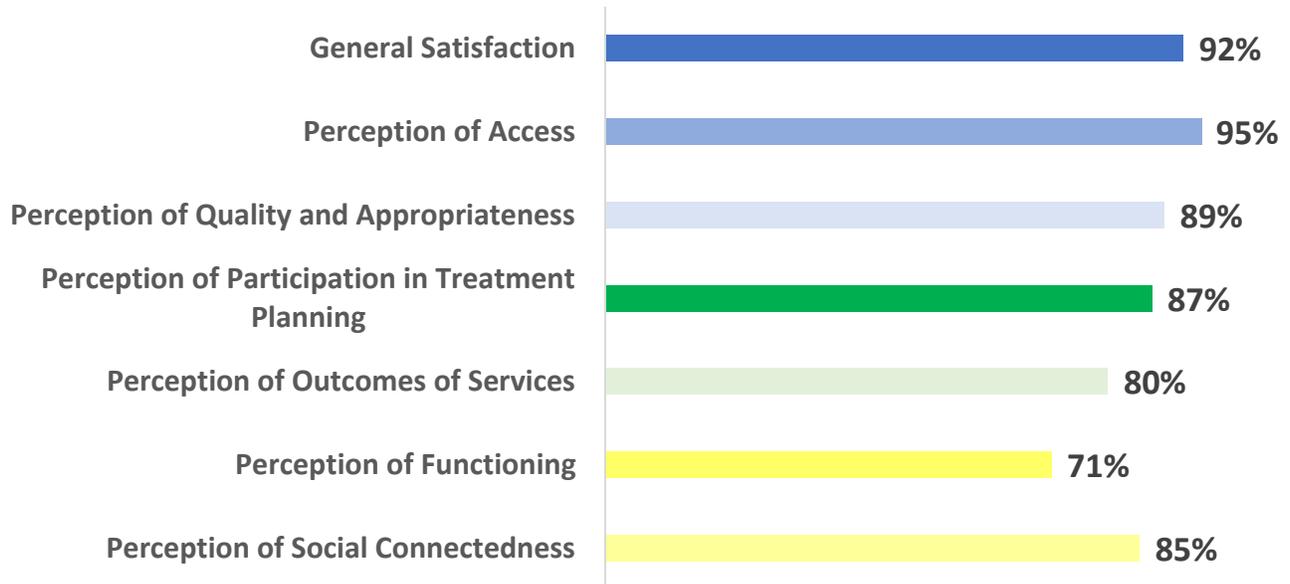
How Well Did We Do?



Every year clients that are served throughout the ACBH treatment system of care complete the Mental Health Statistics Improvement Program (MHSIP) satisfaction survey; this includes both **FSPs** and **OESD** programs. Below are selected results.

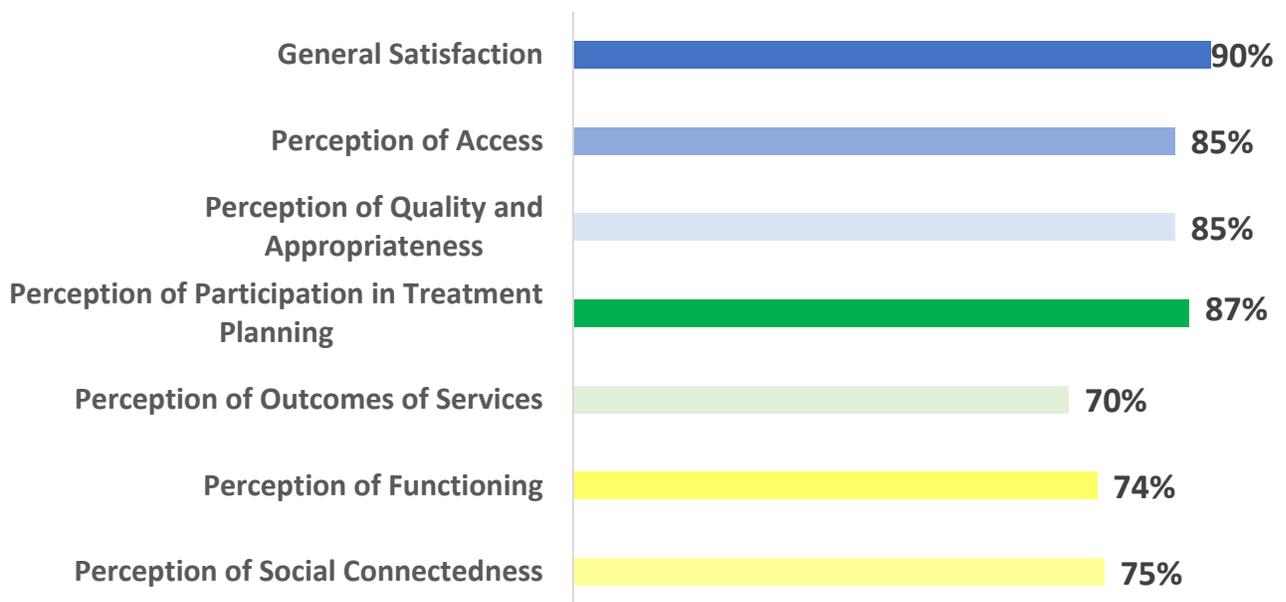
Spring 2020 Consumer Perception Survey Results **Older Adults Ages 60+**

Percentage of respondents who answered "Strongly Agree" or "Agree" to the survey questions comprising each domain (*n=31*)



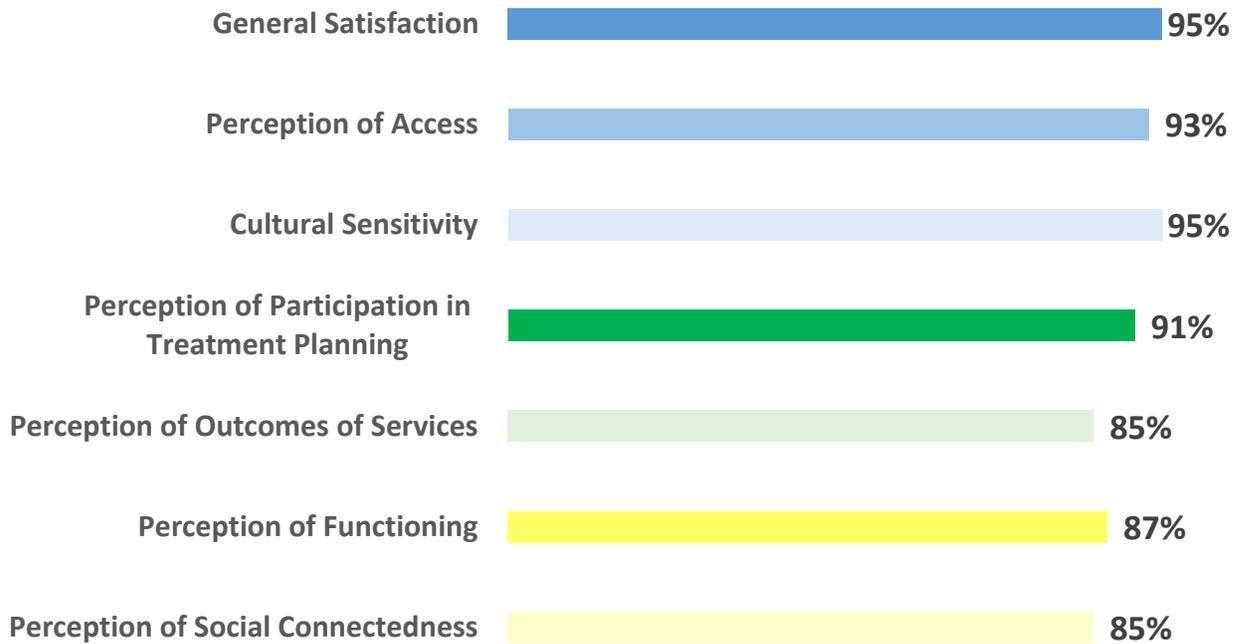
Spring 2020 Consumer Perception Survey Results **Adults Ages 18-59**

Percentage of respondents who answered "Strongly Agree" or "Agree" to the survey questions comprising each domain (*n=349*)



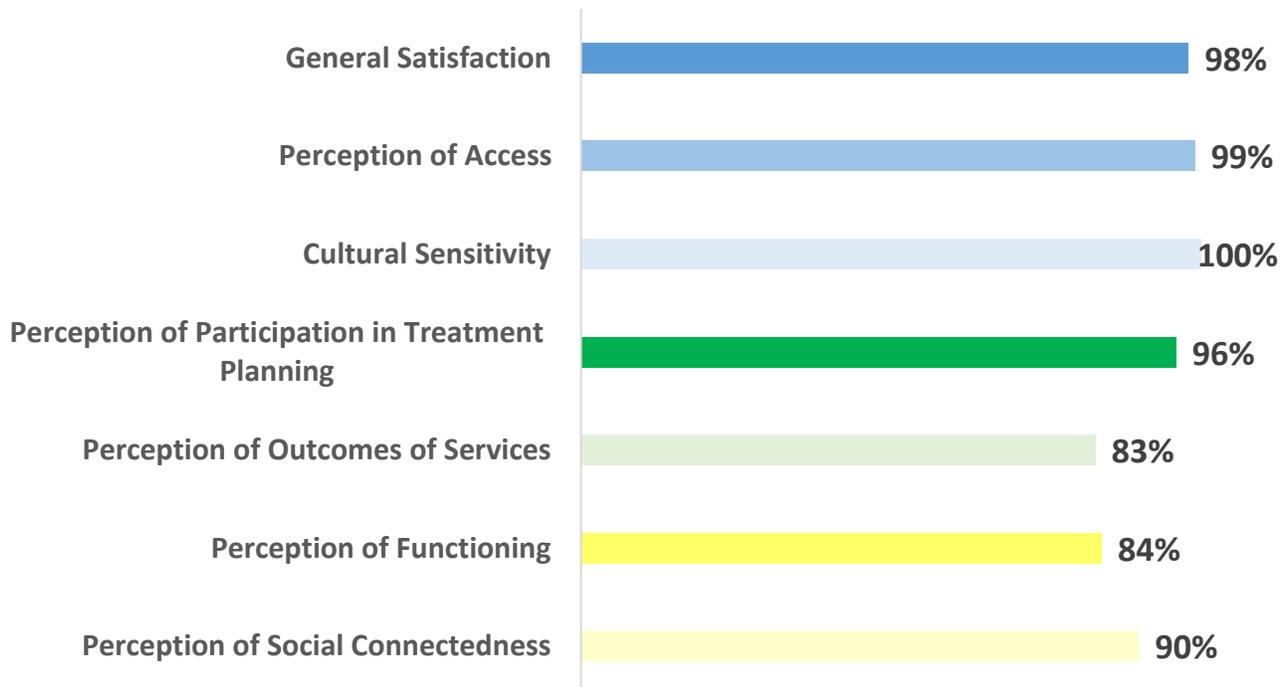
Spring 2020 Consumer Perception Survey Results Youth Ages 13-17

Percentage of respondents who answered "Strongly Agree" or "Agree" to the survey questions comprising each domain (*n*=138)



Spring 2020 Consumer Perception Survey Results Family/Caregivers of Youth Under 18

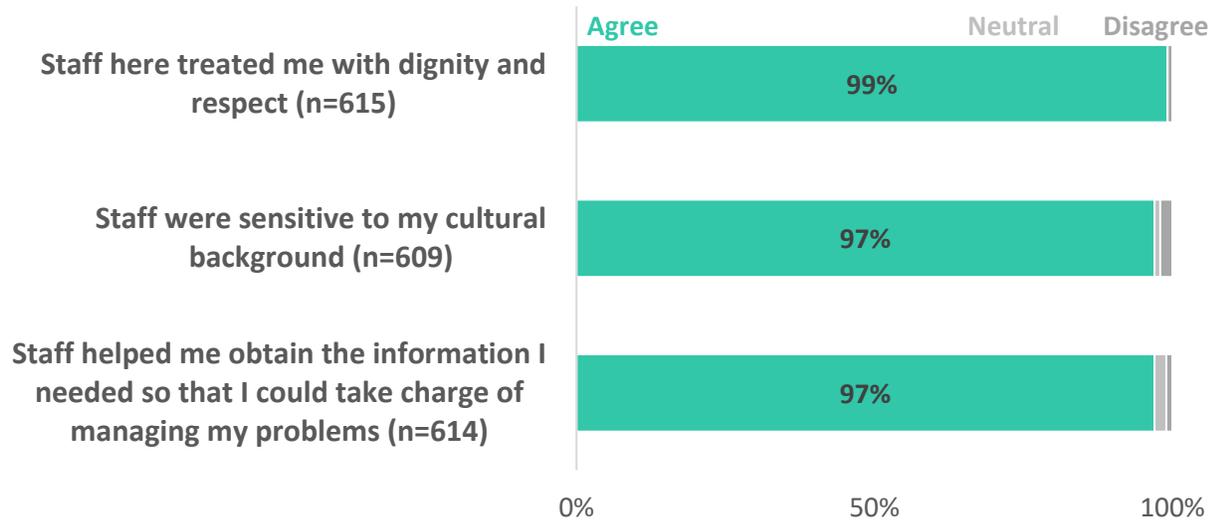
Percentage of respondents who answered "Strongly Agree" or "Agree" to the survey questions comprising each domain (*n*=277)



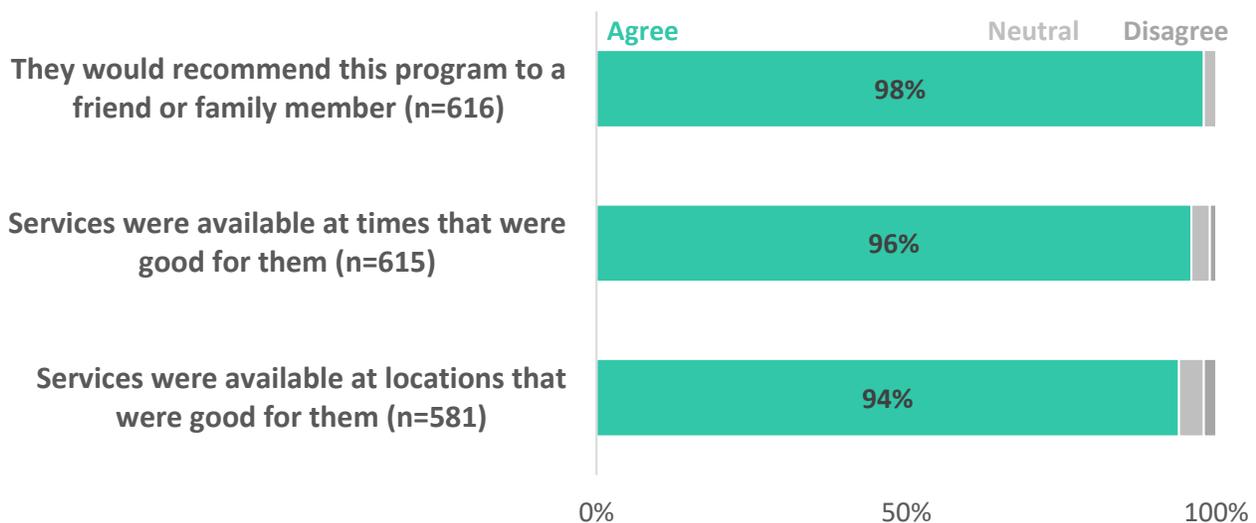


The subset of **PEI** programs, called **UELPs**, also complete a client satisfaction survey every year. The UELPs ask their program participants to fill out the survey during November to January during the fiscal year¹. Overall, **UEL** clients are very happy with the services that they received.

UEL Clients were Satisfied with Services



UEL Clients think that Services were Convenient



¹ In future years this survey will be requested of all PEI programs.

Is Anyone Better Off? Selected Program Outcomes



FSP Client Quotes

"They help me make it to appointments, they helped me get a phone, they helped me get the right medication so it's really nice of them."

"I got my own spot. They come through. They be helping. I wouldn't be here if not for [them]."

8 in 10

Adult FSP episodes had a **decrease** in both hospital and subacute admissions during the one year after enrollment.



53%

In Home Outreach Team clients were **connected** to outpatient mental health services within 90 days after discharge.



UEL P Client Quote

"I would have been in a stage where I'm just like depressed, feeling lonely, doing things for others while not even have the time for myself. Which is totally wrong. It taught us a lot of self-love."

84%

UEL P clients that completed the Satisfaction Survey reported that they were **better able** to deal with crises after receiving services.



86%

REACH Ashland's youth survey participants reported that the Youth Center's PEI services taught them better ways to deal with stress or anxiety.

