

Mental Health Services Act Stakeholder Meeting

Zoom/Virtual

Friday, September 27, 2024 | 1:00PM



**Behavioral Health
Department**
Alameda County Health



WELLNESS • RECOVERY • RESILIENCE

Facilitator:

Noah Gallo | MHS Senior Planner
**Alameda County Behavioral Health
Mental Health Services Act**



MHSA STAKEHOLDER GROUP (MHSA-SG)

Friday, September 27, 2024 (1:00-3:00pm)

ZOOM MEETING TELECONFERENCE: [Join Zoom meeting](#)

United States (Toll Free): 877-336-1831; Access Code: 3pvMmT

MISSION	VALUE STATEMENT	FUNCTIONS
<p><i>The MHSA Stakeholder Group advances the principles of the Mental Health Services Act and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.</i></p>	<p><i>We maintain a focus on the people served, while working together with openness and mutual respect.</i></p>	<p>The MHSA Stakeholder Group:</p> <ul style="list-style-type: none"> • <i>Reviews</i> the effectiveness of MHSA strategies. • <i>Recommends</i> current and future funding priorities. • <i>Consults</i> with ACBH and the community on promising approaches that have potential for transforming the mental health systems of care. • <i>Communicates</i> with ACBH and relevant mental health constituencies.

1:00 Meeting Starts

1:05 Icebreaker: “What is the most interesting thing you heard this week?”

1:20 Health Equity Division Director/Health Equity Director - Stephanie Montgomery

- Presentation, Questions & Answers

2:15 MHSA Community Input Survey/Sr. Planner – Noah Gallo

- Presentation, Questions & Answers

2:40 Open forum

3:00 Meeting adjourns

Documents Attached:

1. Meeting Agenda
2. Meeting Agreements
3. Health Equity Division Presentation
4. MHSA Community Input Survey

ICEBREAKER

“What is the most interesting thing you heard this week?”



Meeting Agreements

1. BE PRESENT
2. SPEAK FROM YOUR OWN EXPERIENCE
3. ONE VOICE AT A TIME
4. STEP UP, STEP BACK
5. SEEK TO UNDERSTAND AND THEN BE UNDERSTOOD
6. HOLD QUESTIONS TO THE END OF THE PRESENTATION





HEALTH EQUITY DIVISION
INTRODUCTION
QIDA
09/20/2024

Presented by: Stephanie Montgomery,
ACBH Health Equity Division Director/Officer

THANK
YOU!
唔該
Gracias
感恩翁
Merci



**Behavioral Health
Department**
Alameda County Health



OVERVIEW

ACBH Departmental
Priority Framework
& “True North”
Metrics:

Framework (*The “How”*):

- *Alignment; Communication; & Organizational Structure*

True North Metrics (*The “What”*):

- *Quality; Investment in Excellence; Accountability; Financial Sustainability; & Outcome-Driven Goals*

True North Metrics (*Our Path*):

- *ACBH System Goals; Results Based Accountability (RBA); and Stakeholder Engagement*

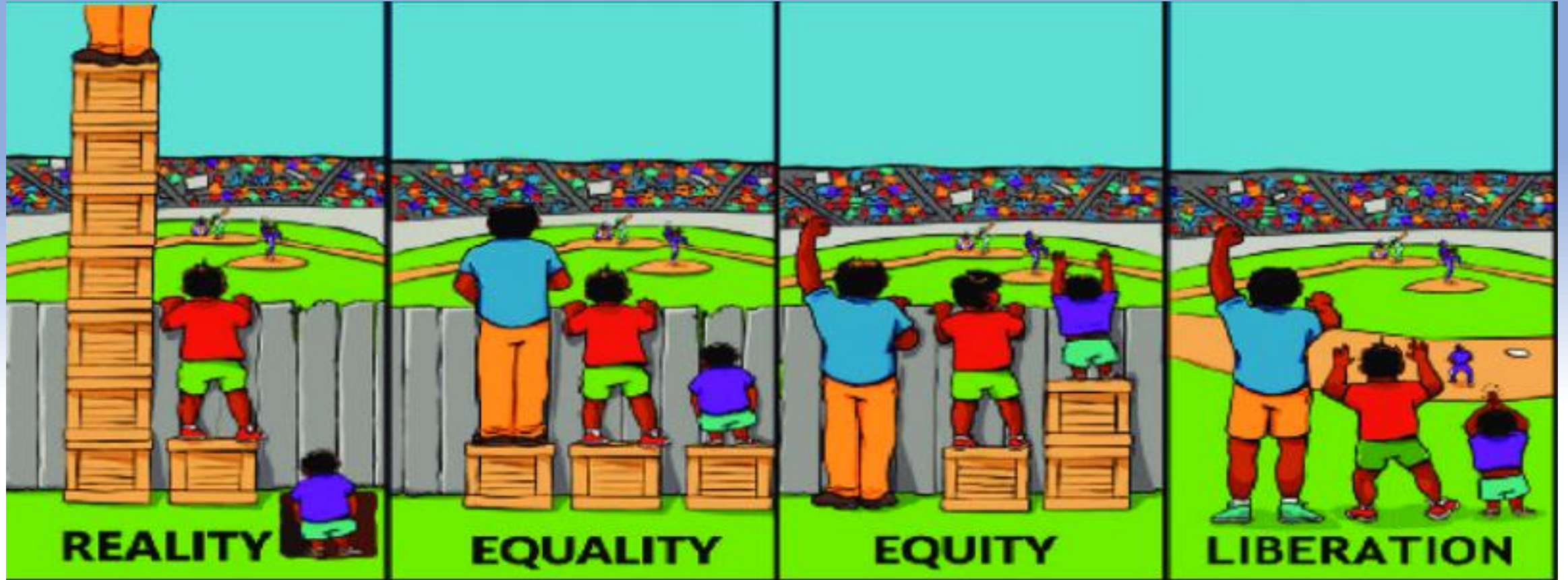
Adaptations How We Survive



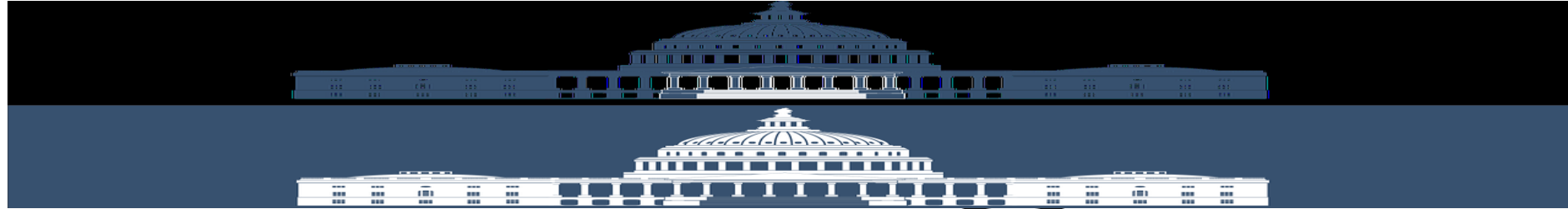
Informed Evolution How we Thrive



WHERE WE ARE AT & WHERE WE ARE HEADED



Historical Trauma and White Supremacy



Capitalism
Economic system characterized by private or corporate ownership of capital goods

Genocide
intentional action to destroy a people — usually defined as an ethnic, national, racial, or religious group

Colonialism
The practice or policy of control by one people or power over other people or areas

War
Armed conflict between nations or groups

Slavery
Forcibly depriving people of rights and treating them as property

Orientalism
Regarding Asians, Pacific Islanders and Middle Eastern as inferior and perpetual foreigners

"Implementing health equity interventions in health care organizations requires fundamentally shifting taken-for-granted practices, policies, and systems that contribute to inequities" (Browne et al., 2018, p. 2).

Cultural Humility

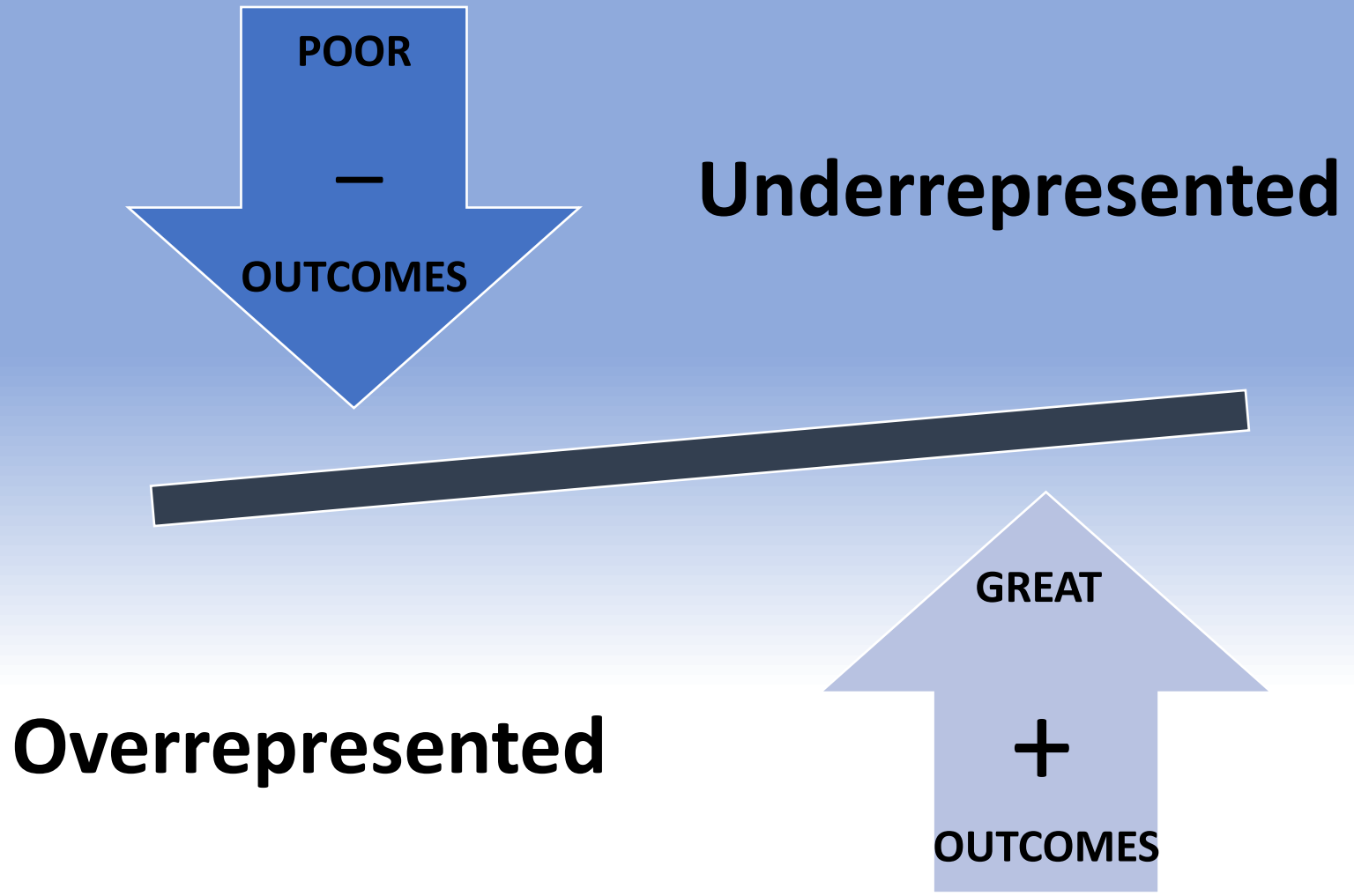
Definition

"..We must not overlook the critical component of cultural humility -- having a humble and respectful attitude toward people of other cultures. It involves ongoing self-exploration combined with a willingness to learn from others. It helps us recognize our cultural biases and realize that we can't know everything about a culture."

(Tervalon & Murray-García, 1998; Stewart, 2019)

INEQUITIES

DISPROPORTIONALITY



THE PARADIGM SHIFT



Cathy S Harris, MSW, LCSW copyright 2011



**Behavioral Health
Department**
Alameda County Health

Principles of a Trauma-Informed System

Understanding Trauma & Stress	Without understanding trauma, we are more likely to adopt behaviors and beliefs that are negative and unhealthy. However, when we understand trauma and stress we can act compassionately and take well-informed steps toward wellness.
Safety & Stability	Trauma unpredictably violates our physical, social, and emotional safety resulting in a sense of threat and need to manage risks. Increasing stability in our daily lives and having these core safety needs met can minimize our stress reactions and allow us to focus our resources on wellness.
Cultural Humility & Equity	We come from diverse social and cultural groups that may experience and react to trauma differently. When we are open to understanding these differences and respond to them sensitively we make each other feel understood and wellness is enhanced.
Compassion & Dependability	Trauma is overwhelming and can leave us feeling isolated or betrayed, which may make it difficult to trust others and receive support. However, when we experience compassionate and dependable relationships, we reestablish trusting connections with others that foster mutual wellness.
Collaboration & Empowerment	Trauma involves a loss of power and control that makes us feel helpless. However, when we are prepared for and given real opportunities to make choices for ourselves and our care, we feel empowered and can promote our own wellness.
Resilience & Recovery	Trauma can have a long-lasting and broad impact on our lives that may create a feeling of hopelessness. Yet, when we focus on our strengths and clear steps we can take toward wellness we are more likely to be resilient and recover.



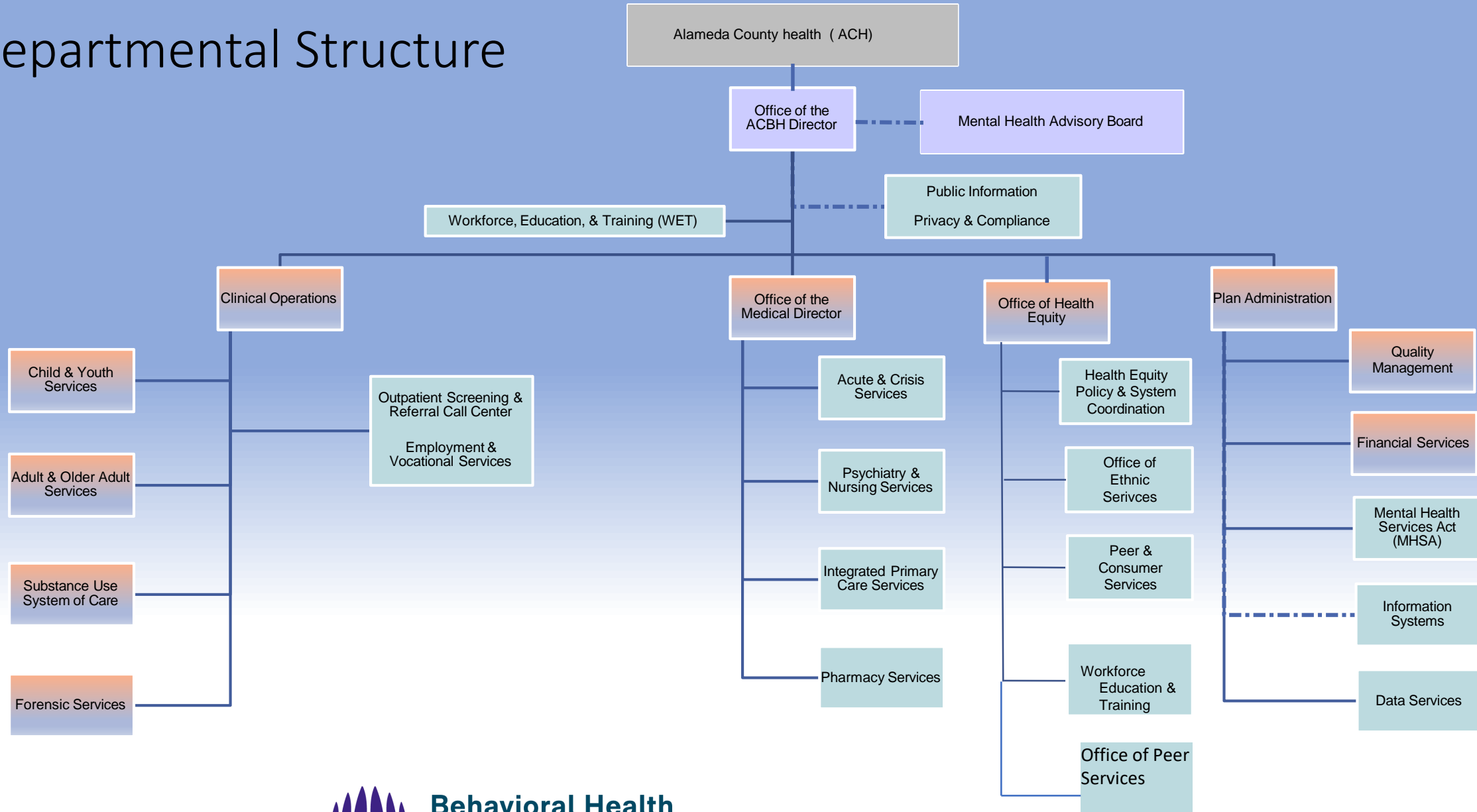
**Behavioral Health
Department**
Alameda County Health

ACBHD Overview & Structure



Leadership & Systems of Care
and Integration with Health
Equity

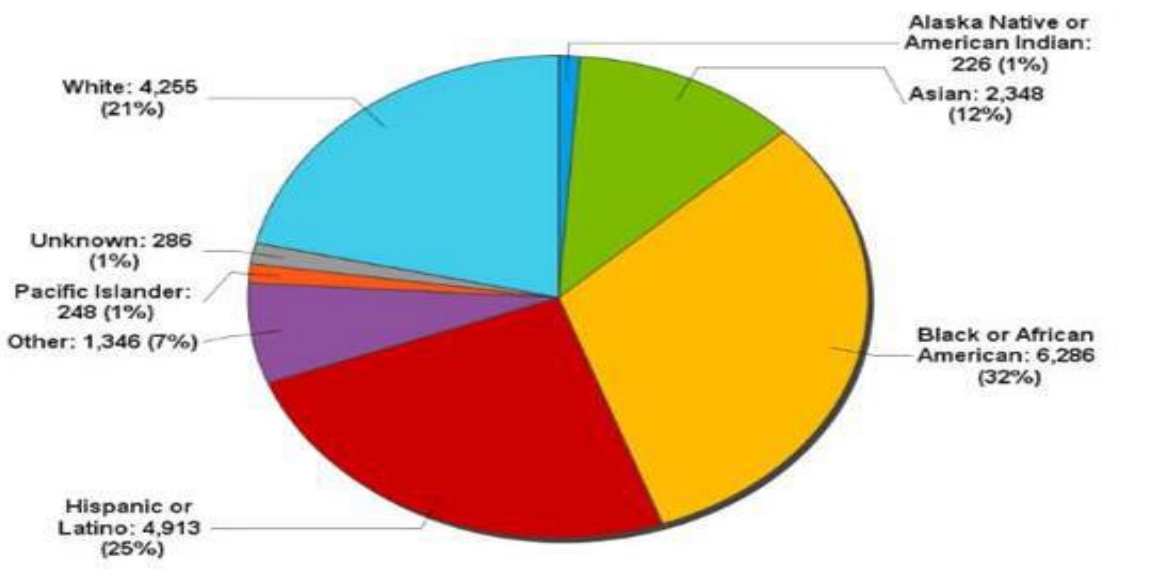
Departmental Structure





- In January 2020, the Alameda County Behavioral Health Care Services' (ACBHCS) Executive team began to incubate the idea of creating an Office of Health Equity.
- This vision included the uniting of four programs: Ethnic Services, Peer Support Services, Family Empowerment and Patients' Rights and the Health Equity Director/Officer role.
- The initial structure and formation of the division was held the Office of the ACBH Director October 2021 when the Health Equity Division was staffed with a new division director.

FY22/23 Mental Health Services Demographics: Who did we serve in MH programs*?

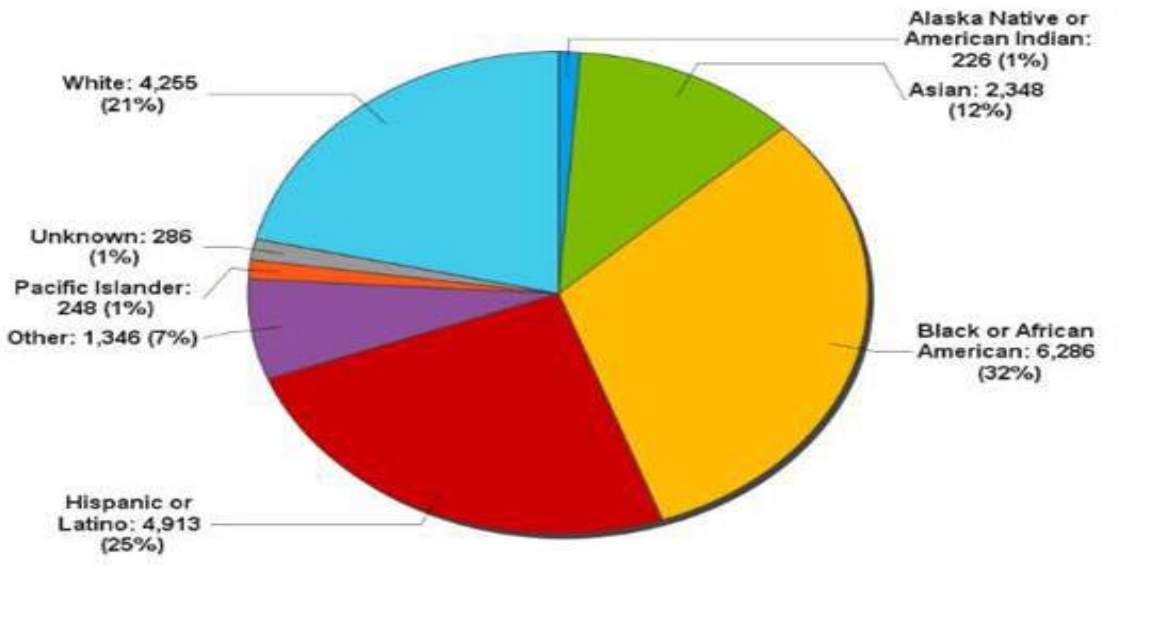


Fiscal Year	Ethnic Group	Clients	% of Clients
FY 2022-2023	Alaska Native or American Indian	226	1%
	Asian	2,348	12%
	Black or African American	6,286	32%
	Hispanic or Latino	4,913	25%
	Other	1,346	7%
	Pacific Islander	248	1%
	Unknown	286	1%
	White	4,255	21%
	Total	19,908	100%

- Majority of clients served were between the ages of
 - 0 to 17 (28%)
 - 40 to 59 (29%)
 - 26 to 40 (20%)
- Followed by ages 18 to 25 (14%), and 60+ (8%).
- Gender:
 - 44% Female (12,447)
 - 56% Male (15,601)
 - > 0% Unknown/Missing (19)

* 28,067 Individuals served in MH community-based settings (Day Treatment, Full Service Partnerships, Outpatient Services, Residential Treatment, and Service Teams).

FY 22/23 Substance Use Disorders Demographics: Who did we serve in SUD programs?



Fiscal Year	Ethnic Group	Clients	% of Clients
FY 2022-2023	Alaska Native or American Indian	226	1%
	Asian	2,348	12%
	Black or African American	6,286	32%
	Hispanic or Latino	4,913	25%
	Other	1,346	7%
	Pacific Islander	248	1%
	Unknown	286	1%
	White	4,255	21%
	Total	19,908	100%

5,956 Individuals served in Substance Use Disorders (SUD) Programs

- Majority of clients served were between the ages of

26 to 40 (43%)

40 to 59 (40%)

- Followed by ages 60+ (10%), and under 25 (8%).

- Gender:

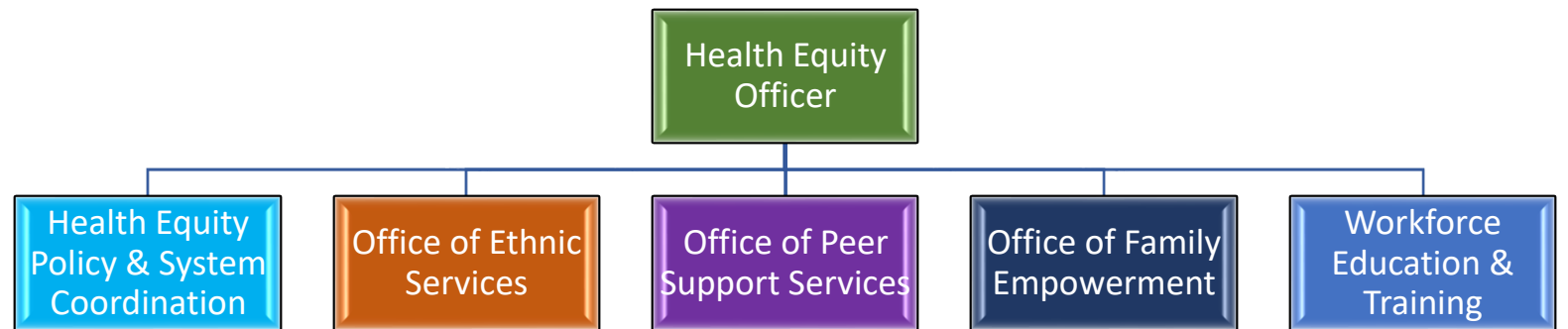
- 66% Male (3,950)

- 34% Female (2,006)

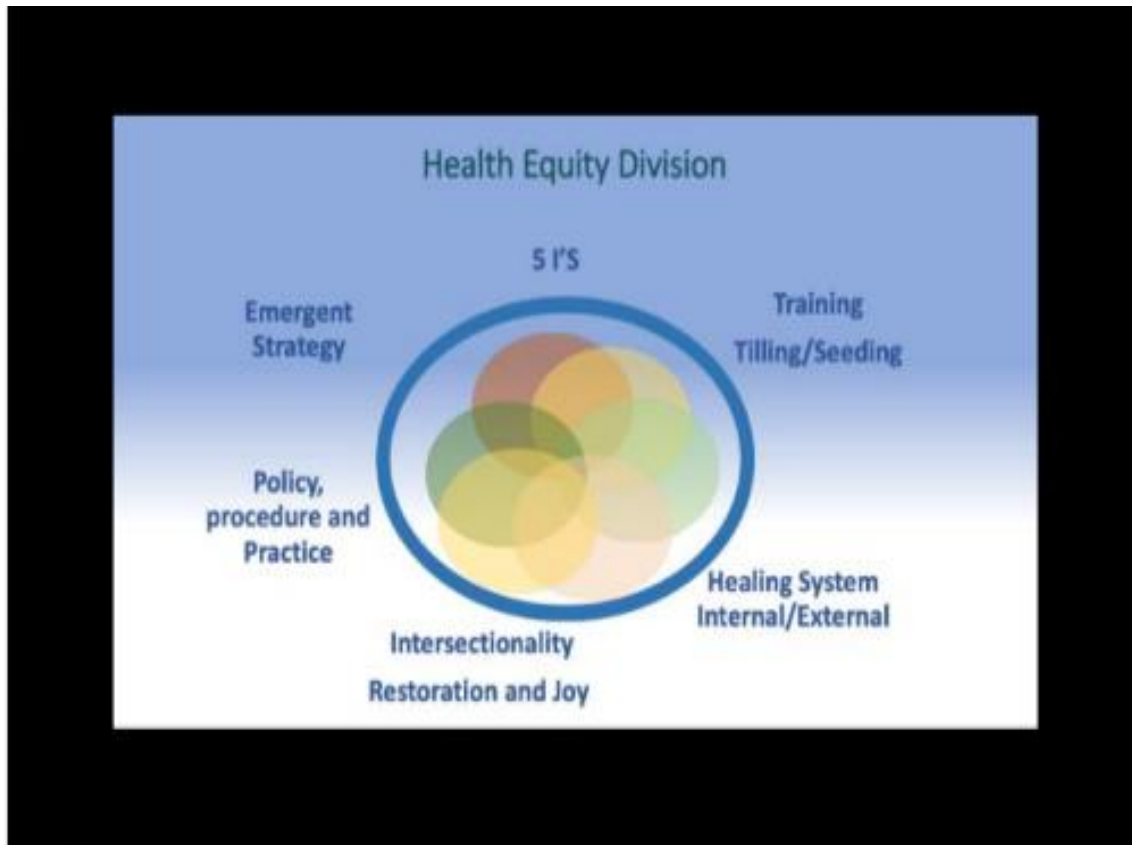
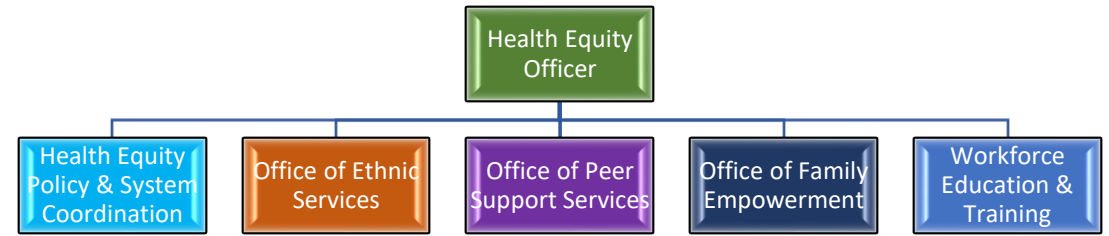
- < 0% Unknown or Missing (0)



Health Equity Division Structure



Health Equity Division Structure



CARE DELIVERY SYSTEM



**Adult & Older
Adult System
of Care**

Serving Adults 18 Years & Older



**Child &
Young Adult
System of
Care**

*Serving Children & Youth from
Birth – 24 years*



**Substance Use
Continuum of
Care**

*Continuum of Care with Gender
and Age-Specific Programs*



**Forensic,
Diversion, &
Re-Entry
System of Care**

*Supporting Youth & Adults in
Custody and within the Community*



NEW

Crisis System of Care

Fundamental Areas of Focus:



- Collective Trauma & Trauma-Informed Approach
- Institutional Racism
- Internal Team-Based Work
- Leadership & Conflict
- Team-Based Strategies
- Belonging
- Intersectional Thinking

Health Equity Officer Big Picture Work Plan

INTERNAL PLANS

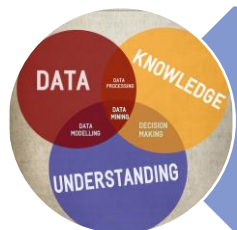
1



Executive Team
Bonding Session
April/May 2022
ongoing



Listening Sessions
Wagner/Momoh/Dr.
Chapman
July – 2022



TTIW Survey
November 2022
(projected) 2023
completed

2



Creation of Metrics
July 2022



Equity Training Map
Internal/CBOs
September 2022
ongoing



Re-vamped?
Imagined Culturally
Responsive
Committee July 2022

3



Internal TA
Forensics
Current



Policy, Procedure,
Practice
Review/Creation



Work Plan
HED
September 2022²¹

Health Equity Officer Big Picture Work Plan

External Plans

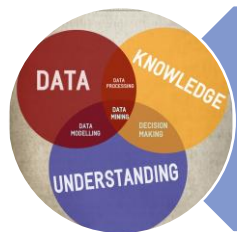
1



Latino/Latino/x
Steering
Committee
Ongoing



Listening Sessions
African American
HUB
July – August 2022



Equity Survey
Contracted
Partners
October 2022

2



Creation of Metrics
CBOs October 2022



Equity Training
Map external/CBOs
October 2022



Equity Champions
October 2022

3



External TA
Ongoing



External Policy,
Procedure, Practice
Review/Creation
ongoing



Stakeholder Sessions
September - 2022

Division Updates: Implementation of the Division Plan & Departmental/Community Partnerships



BOS Approval of \$12.2 M allocated to Community-led Coalitions to support Communities of Color impacted by COVID-19



Latino/X Advisory Committee efforts



API Engagement Strategies



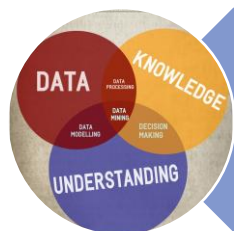
Hayward Health Fair for Afghan Refugees



African American Wellness Hub



Workforce & Technical Assistance Trainings & CBOs



October 2021 Support from External Quality Review Organization on ACBH Cultural Competence & Workforce Plan Vision



Peer Support Specialist Implementation (SB 803)



Forensic, Re-Entry & Diversion Support



PROCESS & STRATEGY

The Path Forward...

Expect Resistance....

- Feelings
- Fragility
- Tone Policing
- Guilt-Shame
- Negativity Bias
- Anti-Blackness
- Fatigue
- Culture Wars
- Critical Race Theory
- Anti-BIPOC & “Diversity Themes”
- Respectability Politics
- Splitting & Pitting
- Professionalism
- Polite Society
- Politics



INITIATIVES

Team Work makes the Dream Work:



**“The best
way to
predict the
future is to
create it.”**

 Hope

 Fun

 Perseverance

 Joy

 Compassion & Esteem

 Respect

 Gratitude

Alameda County Behavioral Health Care Services Office of Ethnic Services presents:

PROJECT 1619

FACING HARD PARTS OF OUR PAST TO READY FOR THE HARD PARTS OF THE PRESENT

May 19th, 2022 | 11:45am-2pm PST | 2:45-5pm EST
Virtual Event on Zoom



Guest Speaker - Nikole Hannah-Jones

NIKOLE HANNAH-JONES, is the Pulitzer Prize-winning creator of the 1619 Project and a staff writer at The New York Times Magazine. She has spent her career investigating racial inequality and injustice, earning her the MacArthur Fellowship, a Peabody Award, two George Polk Awards and the National Magazine Award three times. Hannah-Jones also earned the John Chancellor Award for Distinguished Journalism and was named Journalist of the Year by the National Association of Black Journalists and the Newswomen's Club of New York. She also serves as the Knight Chair of Race and Journalism at Howard University, where she is founding the Center for Journalism & Democracy. In 2019, Hannah-Jones co-founded the Ida B. Wells Society for Investigative Reporting, which seeks to increase the number of reporters and editors of color. She holds a Master of Arts in Mass Communication from the University of North Carolina and earned her BA in History and African-American studies from the University of Notre Dame.

Moderated by Ashara Ekundayo and Yanad Burrell

ASHARA EKUNDAYO is a Black feminist, Detroit-born independent curator, social practice artist, creative industries entrepreneur, cultural strategist, and founder working across arts, community, government, and social innovation spaces. She has served as a Fellow with the U.S. Dept. of State Bureau of Educational & Cultural Affairs. Her media projects include: BLATANT - a multi-disciplinary, ongoing forum presented in collaboration with the Museum of the African Diaspora as well as a published magazine of the same name that excavates, documents, and archives the stories of present-day and next generation cultural workers whose art practices heal communities and save lives.



YANAD BURRELL is a native San Franciscan and the CEO of Youth UpRising (YU) in Oakland, CA. Previously she spent 14 years at Glass House Communications (GHC), an agency that specialized in public strategic communications, diversity, inclusion and equity consulting, crises management, and brand marketing. YU's mission is to develop the leadership of youth and young adults and improve the systems and institutional structures that impact them. Yanad is also a lifetime member of Black Women Organized for Political Action (BWOPA) Richmond/Contra Costa.



REGISTER HERE: [TINY.CC/PROJECT1619](https://tiny.cc/project1619)



ECO THERAPY 101

J. Phoenix Smith, MSW

JUNE 22nd 2022, 3:00 – 4:30 PM

Click [here](#) to register.

Brought To You By: Health Equity Division of

Alameda County Behavioral Health Care Services
MENTAL HEALTH & SUBSTANCE USE SERVICES



In this 1.5-hour Intro to Ecotherapy presentation, J. Phoenix Smith, MSW, will provide information on the emerging field of Ecotherapy. Participants will:

- Increase their awareness of the field of Ecotherapy.
- Learn how healthy connections with nature can benefit BIPOC communities by serving as a buffer against chronic stress and trauma.
- Increase their awareness of research that promotes nature-based interventions for stress reduction, and mental and spiritual wellbeing.
- Be introduced to Liberation Ecotherapy as community-based healing practices in nature that align with social justice



Suffer in Silence No More

May 31st, 2022
1PM-2:30PM

Come join us for a panel discussion on AAPI Well-being

Click here for event details & registration

BROUGHT TO YOU BY THE HEALTH EQUITY DIVISION OF:

Alameda County Behavioral Health Care Services
MENTAL HEALTH & SUBSTANCE USE SERVICES

Afghan Coalition, in partnership with ACBH PEI and Office of Ethnic Services, presents Intro to Afghan Immigrants living on the U.S. Featured Speaker



Speaker: Masoud Ghafoer, PsyD AMFT* Mental Health Prevention Therapist
*Supervised under R. Isabel K'burg, PsyD LMFT# 96391

You're Invited

Health, mental health, social, and human service providers, researchers, and community leaders are invited to attend.

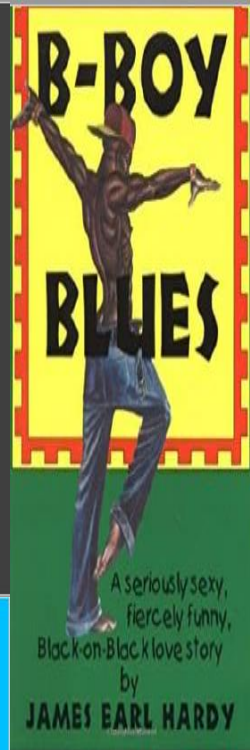
DATE Thursday, February 10, 2022
TIME 1:00 pm to 3:00 pm
PLACE Virtual Meeting by Zoom

Learning Objectives

- A Brief history of Afghanistan
- Demographics and common traditions
- Ethnic cultures among Afghans, including family dynamics
- Recent crisis in Afghanistan and its impact on Afghans

Register Here: Afghan Wellness Meeting
<https://us02web.zoom.us/join?meeting/register?register=52AmlKvqgPvq1M7wM1w0m0k6cW4d01>

The Afghan Coalition is part of the Afghan Wellness Project, a program of the Afghan Coalition, funded by Alameda County Behavioral Health Care Services and Proposition 63.
Contact Abdullah at Abdullah@afghancoalition.org for general questions Afghan Coalition



The African American Steering Committee for Health and Wellness (AASCHW)

FREE PRIDE/LGBTQ Webinar

"Black Joy; Black Love; Black Progress"

(This year's focus is on Black Gay Men)

THURSDAY, JUNE 23, 2022 - 1:00 pm to 3:00 pm (PST)

https://us02web.zoom.us/join/register?wn_1YV9VRD0t0-E_iS1w4yPEA

KEYNOTE SPEAKER

JAMES EARL HARDY

<https://www.heartofdetroit.com/blog/exclusive-1601-club-qa-james-hardy>
<https://www.vibe.com/news/movies-tv/jussie-smollett-b-boy-blues-bet-1234664546/>

ANNOUNCEMENT

The application for the Medi-Cal Peer Support Specialist Certification & Scholarship is for:

GRANDPARENTING PEERS IS NOW OPEN!

www.capecertification.org



HEALTH EQUITY OFFICER:

Veterans Presentation 1:00 – 2:00
Facilitator: Stephanie Montgomery
02/23/2022

**COMING SOON
AFRICAN AMERICAN
WELLNESS
HUB**



**DOWNTOWN
OWNER/USER
OPPORTUNITY
OAKLAND, CALIFORNIA**

**1918
MARTIN LUTHER
KING JR WAY
OAKLAND, CA 94612**

**3 Stories with Full Basement
Newly Renovated
Potential Headquarters**



**Behavioral Health
Department**

Alameda County Health



CARE FAIR
AUGUST 17, 2024



REACH ASHLAND YOUTH CENTER

Join Alameda County Behavioral Health Department as we uplift Mental Health and Wellness.

Join us and our partners at an event that...

- Centers Mental Health and Wellness
- Honors Cultural Traditions in Wellness
- Provides Resources to Support Mental Health and Wellness
- Celebrates the Cultures that call Alameda County Home
- COVID vaccines and Blood Pressure checks will be available
- Panel Discussion: Mental Health through a Cultural Lens
- Workshop: Brazos Abiertos (Open Arms) Addressing Mental Health Stigma in the Latino Community
- Live Entertainment

EVENT DETAILS:

- 📅 August 17, 2024
- 🕒 10am - 2pm
- 📍 REACH Ashland Youth Center
16335 E 14th St, San Leandro

Confirmed Providers




A Professional Development Workshop Series
THE ART OF RESOLUTION
Facilitated By:
La Ronda Crosby-Johnson of Baruti Enterprises



OCTOBER 8-10 2024
10:00AM - 2:00PM
1900 Embarcadero, Suite 101 (Brooklyn Basin room)
Oakland, CA 94606

This 3-part series will focus on the techniques, skills and knowledge essential to de-escalation and the creation of effective interactions

- ✓ The true nature of conflict
- ✓ Building relationships
- ✓ Establishing trust, rapport and community
- ✓ Effective and empowering communication skills

REGISTER www.TheArtofResolutionMay.eventbrite.com

Suicide Prevention and Awareness




Behavioral Health Department
Alameda County Health

A HEALING SPACE TO REMEMBER OUR LOVED ONES

You are invited to join us in a virtual healing ceremony to honor our loved ones. Bring your photos, poems, stories and most importantly their names into this healing space. Together we will celebrate their memory.

- ✓ Date: Friday, September 27th
- ✓ Time: 1:00 PM - 3:00 PM

ZOOM EVENT  [Join event here](#)
Passcode: 382878




Behavioral Health Department
Alameda County Health

Alameda County
AANHPI
Asian American
Native Hawaiian
Pacific Islander
Advisory Committee

When:
Monthly, every 4th Thursday
2:00 PM - 3:30 PM

Location:
Online via, Zoom! Join us!
Please email the Office of Ethnic Services for meeting information!

Inquiries:
Office of Ethnic Services Inbox
OfficeofEthnicServices@acgov.org

Behavioral Health Department
Alameda County Health



BACK TO SCHOOL CAFÉ

WHAT ARE THE TOPICS?

- ✓ WEEK 1: BUILDING COMMUNITY
- ✓ WEEK 2: MAKING INFORMED DECISIONS
- ✓ WEEK 3: UTILIZING RESOURCES

WHO IS INVITED?

- ✓ PARENTS/CAREGIVERS OF STUDENTS K-12

MORE QUESTIONS?

- ✓ CONTACT: Tanya.mccullom@acgov.org

510-541-4815

[CLICK HERE TO REGISTER](#)

SPACE IS LIMITED



VIRTUAL PARENT CAFÉ:

BACK-TO-SCHOOL CHECKLIST FOR PARENTS
SEPTEMBER 17TH, 24TH & OCTOBER 1ST
6PM-8PM



CAFÉ VIRTUAL DE PADRES:

LISTA DE VERIFICACIÓN PARA PADRES DE REGRESO A CLASES

17, 24 DE SEPTIEMBRE Y 1 DE OCTUBRE
10:30 AM-12:30PM

TEMAS DE CAFÉ

- ✓ SEMANA 1: CONSTRUYENDO COMUNIDAD
- ✓ SEMANA 2: TOMAR DECISIONES INFORMADAS
- ✓ SEMANA 3: UTILIZANDO RECURSOS

¿QUIÉN ESTÁ INVITADO?

- ✓ PADRES/CUIDADORES DE ESTUDIANTES K-12

¿MÁS PREGUNTAS?

- ✓ CONTACTO: Silvia
- ✓ silvia2023@uzman@gmail.com
- ✓ 510-228-7355

[Presiona Aquí Para Registrarte](#)

EL ESPACIO ES LIMITADO



Are you a family member or caregiver of an adult or older adult navigating the behavioral health system of care?

WHAT TO EXPECT:

- Share your experiences and voice.
- Provide feedback on existing services.
- Help identify service gaps and new opportunities.
- For ACBH OFE Staff to listen

[Register here](#)



For more information, please contact:
Cenia Gutierrez
Program Specialist, Office of Family Empowerment
Cenia.gutierrez2acgov.org



The Office of Family Empowerment Join us for a virtual listening Session

We're excited to host these sessions as a platform for family members and caregivers of Adult and Older Adult family members to share experiences and insights.

WHY PARTICIPATE?

- Your input is vital in helping us improve and expand our services to better meet the needs of our community.
- Together, we can shape the future of family support services.
- Your voice matters

Don't miss this opportunity to contribute to this meaningful dialogue

join us on the following Dates:

October 3rd, 2024
Time: 4:30 to 6 PM (PST)
ZOOM: [Click Here to Join](#)
Meeting ID : 886 5879 0040
Password: FJKv38

October 17th, 2024
Time: 4:30 to 6 PM (PST)
ZOOM: [Click Here to Join](#)
Meeting ID : 610 576 2973
Password: FJKv38

2ND ANNUAL AFRICAN AMERICAN FAMILY DAY

JUNE 30TH
11AM - 6PM
LIL BOBBY HUTTON PARK
1651 ADELINE ST
OAKLAND, CA

KID ZONE * FACE PAINTING * LIVE BANDS
BOUNCY HOUSE * EDUCATIONAL SESSIONS
FREE GIFT CARDS* FREE CATERED FOOD
AFRICAN DANCE DRUMMERS* SMOKE N WOODS BBQ

INFO: AASCHVALAMEDA@GMAIL.COM



Behavioral Health Department

Alameda County Health

PRIDE Panel 2024

DATE
Friday
September 6, 2024

TIME
From 12:00 PM to 1:30 PM

LOCATION
Join us, via Zoom!
[ZOOM REGISTRATION!](#)
[ZOOM MEETING!](#)
PW: **PRIDE**

Discussion Topics
LGBTQ+ Mental Health

- Professional Expertise
- Legislative Matters
- Lived Experiences
- Current Events
- Safe Spaces
- Health Care
- Talents

Host
Amy Bauerer, LMFT
Clinical Review Specialist
Supervisor
Quality Assurance Dept.
ACBH

Guest Panelists

 Stephanie Lewis, LMFT Director CBHS System of Care ACBH	 Dr. Monique Walton, Ed.D Principal Ms. Dana High School	 Katherine Jones, RN, MS, MSN Nurse Adult & Older Adult System of Care ACBH	 Robert Lopes Prevention Specialist Project Sites & Services Treatment Services	 Elizabeth Gama Director Family Wellness Collaborative
 Reverend Ashley Moore Associate Pastor & Church Administrator Eden United Church of Christ	 Pastor Greg Tre Harris Founding Chair Member Freedom House Church ARNDL Bay Area, CA Chapter	 Paula Gonzalez, ACSW TSA Lead Trainer & Coach Trauma Transformed	 Beon Horwitz Organizational Organizer Therapist Mir Morse	

OFFICE OF ETHNIC SERVICES | HEALTH EQUITY DIVISION



TILLING & SEEDING

Thank you.





ALAMEDA COUNTY BEHAVIORAL HEALTH Mental Health Services Act (MHSA)
Community Input Survey for FY 25/26 Annual Plan Update

Survey Instructions

English

The Alameda County Mental Health Services Act (MHSA) Division wants your input to help strengthen its mental health and wellness programs to better serve you and your community over the next year.

In preparing this survey, we reviewed various existing data sources of community Behavioral Health needs. We'd like your assistance in prioritizing these existing needs and offering us ideas/strategies/solutions to these needs.

There are 24 voluntary questions in the survey and it takes about 10-15 minutes to complete. All responses are anonymous and optional, you're welcome to leave questions blank. For questions, please contact the MHSA Division at MHSA@acgov.org.

Thank you for your help with this community effort!

1. Please select the one that best applies to you:

- Resident of Alameda County
- Non-resident of Alameda County

- I have family/loved ones that reside in Alameda County
- I work in Alameda County
- I am part of the behavioral health, SUD or wellness workforce in Alameda County
- None of the above

2. Do you or someone close to you use behavioral health care services (either mental health or substance use) in Alameda County?

- Yes
- No
- Unsure

3. Are there enough mental health services available in Alameda County in the language(s) you speak from your specific culture/identity background?

- Yes
- No
- Unsure

4. Are you aware of changes coming to mental health services in Alameda County as a result of voters passing Proposition 1 - Behavioral Health Services Act (BHSA)?

- Yes
- No

5. If you answered 'YES' to the previous question, if you could move 7% - 14% of overall funding from one category to another: Which category would you move FROM?

- Housing Interventions** - targets housing individuals who are undergoing homelessness due to serious mental illness, serious emotional disturbance, and/or substance abuse disorder.
- Full Service Partnerships** - programs are designed for individuals with serious emotional disturbance (SED) or a severe mental illness (SMI) who would benefit from an intensive service program. The foundation of Full Service Partnerships is doing "whatever it takes" to help individuals on their path to recovery and wellness.
- Behavioral Health Services & Supports** - includes crisis, outpatient treatment, early intervention, outreach and engagement, workforce education and training, capital facilities, technological needs, and innovative pilots and projects.

6. Which category would you move the 7% - 14% of funding TO?

- Housing Interventions** - targets housing individuals who are undergoing homelessness due to serious mental illness, serious emotional disturbance, and/or substance abuse disorder.
- Full Service Partnerships** - programs are designed for individuals with serious emotional disturbance (SED) or a severe mental illness (SMI) who would benefit from an intensive service program. The foundation of Full Service Partnerships is doing "whatever it takes" to help individuals on their path to recovery and wellness.
- Behavioral Health Services & Supports** - includes crisis, outpatient treatment, early intervention, outreach and engagement, workforce education and training, capital facilities, technological needs, and innovative pilots and projects.

7. From our review, we identified 11 broad areas of community need. Please rank these needs in order of importance from your perspective. ("1" is most important;

"11" is least important). For definitions of the Categorized Needs [click here](#).

<input type="checkbox"/>	Access, Coordination and Navigation to Mental Health or Substance Use Services
<input type="checkbox"/>	Behavioral Health Workforce
<input type="checkbox"/>	Crisis Continuum
<input type="checkbox"/>	Housing Continuum
<input type="checkbox"/>	Substance Use
<input type="checkbox"/>	Community Violence and Trauma
<input type="checkbox"/>	Needs of Child/Youth/Young Adult Needs
<input type="checkbox"/>	Needs of Adult/Older Adult
<input type="checkbox"/>	Needs of Family Members
<input type="checkbox"/>	Needs of Veterans
<input type="checkbox"/>	Needs of the Re-entry Community

8. For the Area of Need that you ranked as #1, most important, please share any ideas/strategies/solutions to help us improve this area for communities in Alameda County.

9. What did We Miss? Please share other concerns or solutions that you have that haven't been mentioned.

10. In which part of Alameda County do you LIVE and or WORK and or CARE FOR SOMEONE?

Other (please specify)

11. My AGE RANGE is:

- Under 16
- 16-25
- 26-59
- 60 and over
- Prefer not to answer

12. What language do you primarily receive services in?

13. What is your current GENDER IDENTITY?

- Woman/Female
- Man/Male
- Genderqueer or Gender Fluid
- Transgender: Male or Female

- Transgender: Female to Male
- Non-binary (neither male nor female)
- Two-Spirit (a term used by some Native American/Indigenous individuals)
- Prefer not to answer

Other Gender Identity (please specify)

14. Which of the following BEST REPRESENTS how you think of yourself?

- Straight/heterosexual (not lesbian or gay)
- Gay/Lesbian
- Bisexual
- Same gender loving
- Asexual
- Pansexual
- Prefer not to answer
- Other (please specify)

15. What is your ETHNICITY?

- Hispanic/Latino
- Non-Hispanic/Non-Latino
- Prefer not to answer

16. What is your RACE? (Please select all that apply)

- African-American/Black

- American Indian/Alaskan Native
- Asian
- Pacific Islander/Native Hawaiian
- White/Caucasian
- Prefer not to answer
- Other (please specify)

17. If you marked "ASIAN OR PACIFIC ISLANDER" under question 16, please tell us about our nationality or country of origin? (Please select all that apply)

- Asian/Indian
- Cambodian
- Chinese
- Filipino/a
- Japanese
- Korean
- Samoan
- Taiwanese
- Tongan
- Vietnamese
- Other (please specify)

18. Which of the following STAKEHOLDER GROUP(s), do you primarily represent? (Please select all that apply)

- Active Military/Reserve or Guard/Veteran
- Caregiver
- Community Member
- Consumer
- Education
- Faith Community
- Family member
- Former involvement with the foster care system
- Healthcare worker
- Law enforcement agency
- Provider of mental health or substance use disorder programming
- Re-entry
- Student
- Prefer not to answer
- Other (please specify)

19. What kind of insurance (if any) do you have?

- I don't have any health insurance.
- Medi-Cal
- Private health insurance
- Medicare
- Medi-Medi (both Medi-Cal and Medicare)
- Decline to answer

20. Do you agree with this statement: My Mental Health Services/Substance Use coverage meets my needs.

- Yes
- No
- Unsure

21. In the past two months, have you been consistently living in stable housing that you own, rent, or stay in as part of a household?

- Yes
- No
- Other (please specify)

22. What types of support services would someone with behavioral health challenges need in order to maintain stable housing?

- Case Management
- Employment Support
- Financial Assistance
- Legal Support and Advocacy
- Mental Health Counseling
- Peer Specialist
- Re-entry Support
- Substance Use Counseling
- Supportive Housing Options

Other (please specify)

23. Please provide your contact information if you'd like to be entered into our raffle.

Full Name

Agency/Org

Email Address

Phone Number

24.

Thank you again for taking the time to provide your input on the County of Alameda's MHSA Community Survey. We appreciate you! To learn about more ways to get involved, please visit our website at <https://acmhsa.org/>

This area is to rate the ease of completing this survey with 5 stars being the easiest and 1 star being difficult.



Done

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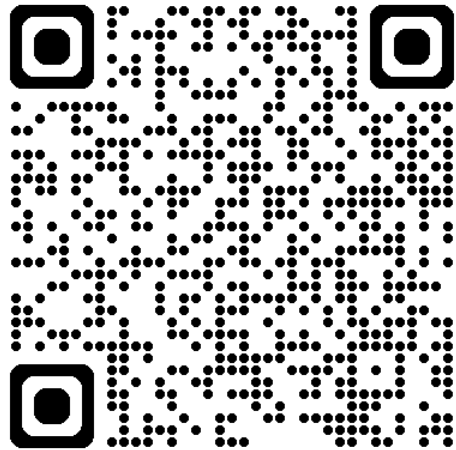
Thank you

&

Questions/Comments



Please visit us at:



**Next meeting:
Friday, October 25, 2024
1-3PM**

or

<https://acmhsa.org>



**Behavioral Health
Department**
Alameda County Health

