



## MHSA STAKEHOLDER GROUP (MHSA-SG)

Friday, January 28, 2022 (2:00-4:00pm)

GO TO MEETING TELECONFERENCE: <https://global.gotomeeting.com/join/511501621>

United States (Toll Free): 1-646-749-3129; Access Code: 511-501-621

MISSION	VALUE STATEMENT	FUNCTIONS
<p><i>The MHSA Stakeholder Group advances the principles of the Mental Health Services Act and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.</i></p>	<p><i>We maintain a focus on the people served, while working together with openness and mutual respect.</i></p>	<p>The MHSA Stakeholder Group:</p> <ul style="list-style-type: none"> <li>• <i>Reviews</i> the effectiveness of MHSA strategies</li> <li>• <i>Recommends</i> current and future funding priorities</li> <li>• <i>Consults</i> with ACBH and the community on promising approaches that have potential for transforming the mental health systems of care</li> <li>• <i>Communicates</i> with ACBH and relevant mental health constituencies.</li> </ul>

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| 1. Welcome and Introductions<br>- Happy New Year!  | 2:00 |
| 2. Presentation: Mental Health Peer Coach (City of Fremont)  | 2:15 |
| 3. CPPP Update for FY22/23   | 3:15 |
| 4. General Updates & Announcements<br>-Calendar/Next meeting<br>- County Selection Committee (CSC) | 3:40 |
| 5. Wrap-Up   | 3:50 |
| 6. Meeting Adjournment   | 4:00 |

### Documents Attached:

- Agenda
- PPT
- Meeting Calendar 2022



# MHSA-SG MEETING

ALAMEDA COUNTY BEHAVIORAL HEALTH CARE  
SERVICES, MHSA DIVISION

FACILITATOR/COORDINATOR:  
MARIANA REAL MPH, MCHES

**HELLO**  
**MY NAME IS**

Ihande Weber, LCSW  
Clinical Supervisor  
City of Fremont  
Senior Mobile Mental Health

# MEETING OBJECTIVES

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- Welcome & Introductions
- Presentation: Mental Health Peer Coach (City of Fremont)
- CPPP Update FY22/23
- General Updates/Announcements
- Wrap Up
- Adjournment



# COMMUNITY AGREEMENTS/DTA

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## **Atmosphere?**

The feeling we want to create

## **Thrive?**

What we need to do our best work

## **Deal with Conflict?**

How we'd like to handle difficulties/conflicts

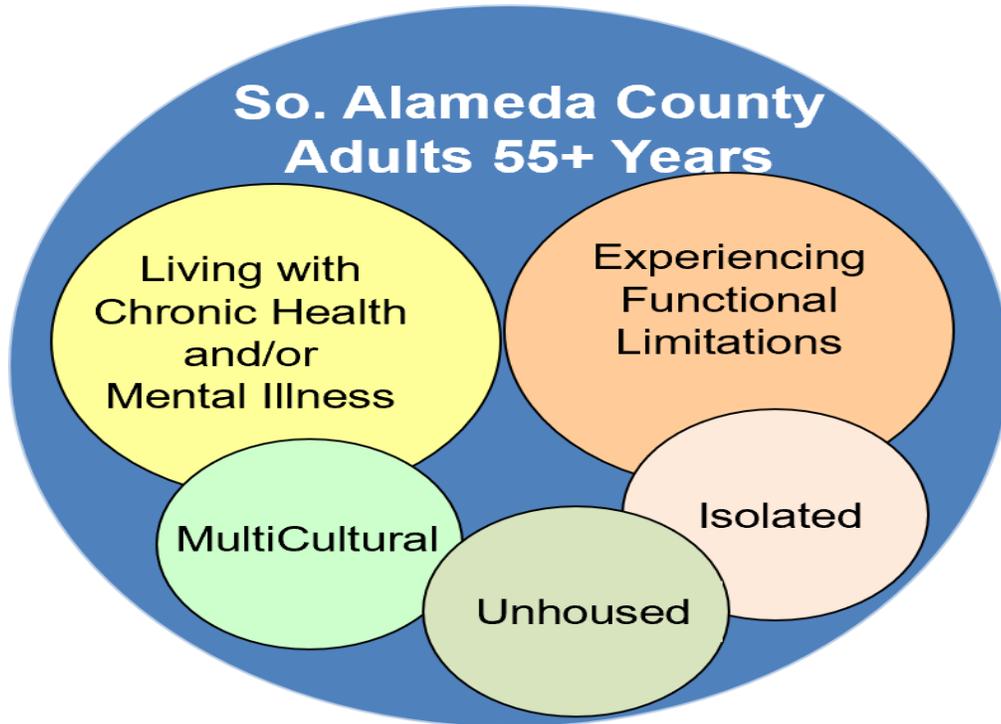
MENTAL HEALTH PEER COACH  
(CITY OF FREMONT)

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Ihande Weber

# City of Fremont's Aging and Family Services

## Who We Serve Target Population



## Who is Involved Multi-Disciplinary Team

Professionals / Para-Professionals /  
Community Partners / Interns / Peers

## What We Address Issues

Barriers to  
Services

Fragmentation  
of Care

Lack of  
Social  
Network

Lack of  
Knowledge

## What We Do Service Areas

Care  
Coordination

Counseling

Wellness  
Support/  
Education

Transportation

## What Our Clients Get Outcomes

Increased  
Wellness

Self  
Empowerment

Increased  
Engagement

Better Health  
Management

## Where Services are Provided

Age Well Centers / Offices /  
Client's Homes / Community



# HEALTH AND WELLNESS

Overall support and services to maintain health, independence and quality of life.

## ❖ **Mobile Mental Health**

- ❖ Individual Therapy
- ❖ Group Therapy
- ❖ Case Management
- ❖ Medication Support
- ❖ Crisis Intervention

## ❖ **Recovery & Resiliency Program**

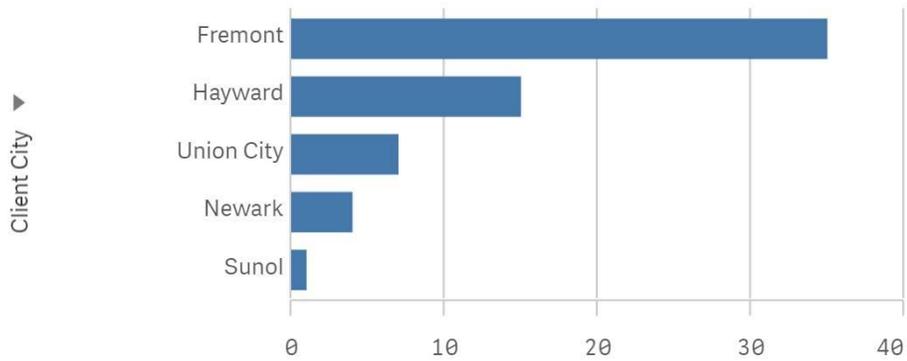
- ❖ Step Down Program
- ❖ On-going Support & Monitoring
- ❖ Rehabilitation
- ❖ Groups
- ❖ Skill Building





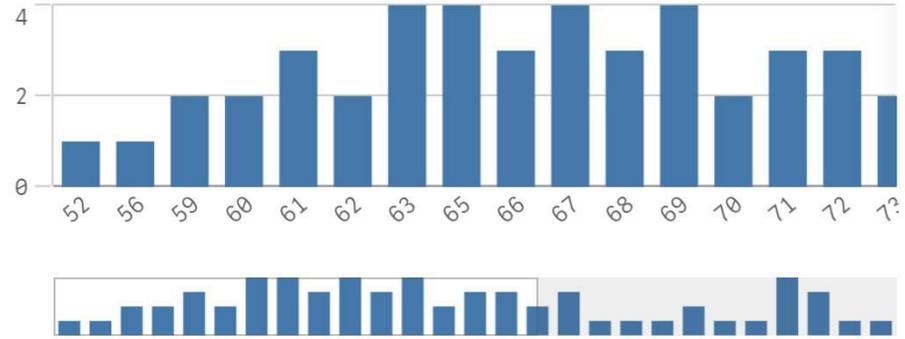
# How Much Did We Do?

## Client Location



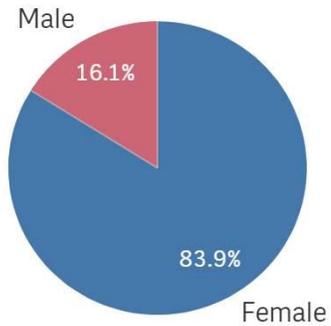
## Age Distribution

Interval: 1 years

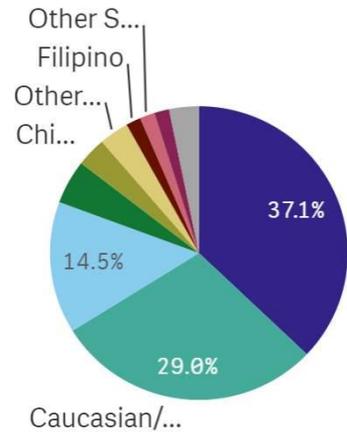


## Enter Age Interval

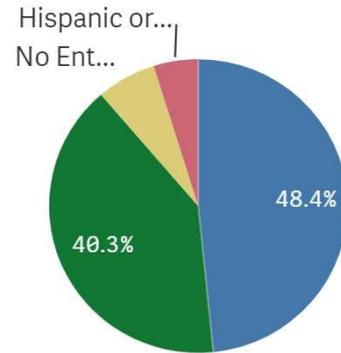
## Client Gender



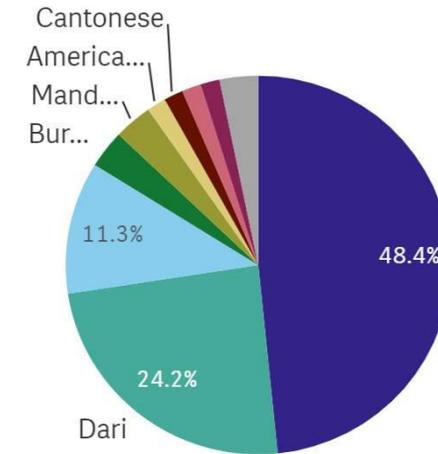
## Client Race



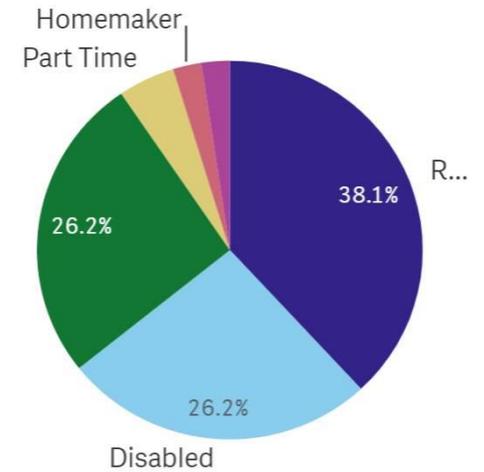
## Client Ethnicity



## Client Primary Language



## Percent Employed Clients





# How Well Did We Do It?

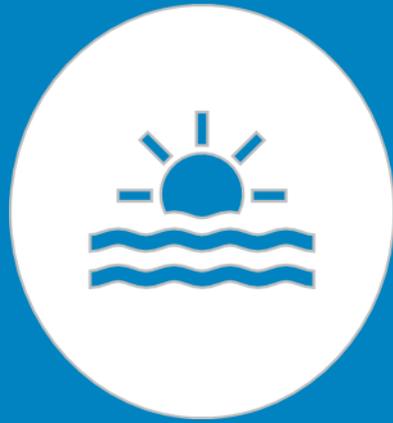


# SOCIAL PARTICIPATION AND INCLUSION

Participation in leisure, social, cultural  
and spiritual activities.

- ❖ **Celebrating Diversity – Evolving CoF Coach Program - LGBT Peer Coach Program history**
  - ❖ Challenges: diagnosis, outreach
  - ❖ Celebrate diversity – open to all
  - ❖ No diagnosis
  - ❖ Supportive, interactive, educational
  - ❖ Offered in the community –Age Well Center
  - ❖ Safe Environment. Build Trusted Relationships
  - ❖ Focus on LGBT inclusion
    - ❖ Peer Coaches lived experience





**Is Anyone Better  
Off?**

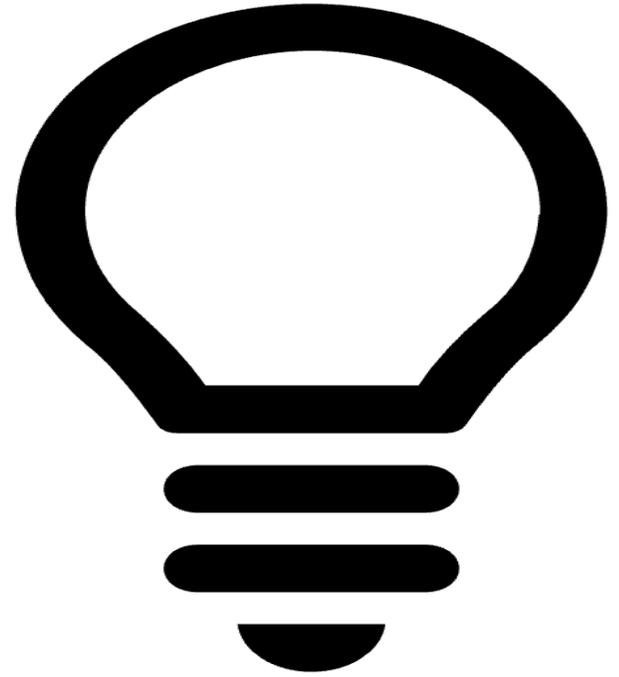


Overcoming challenges...

- Technology
- Diversity in the community.
- Beliefs
- Medical Health

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# SUCCESS STORIES

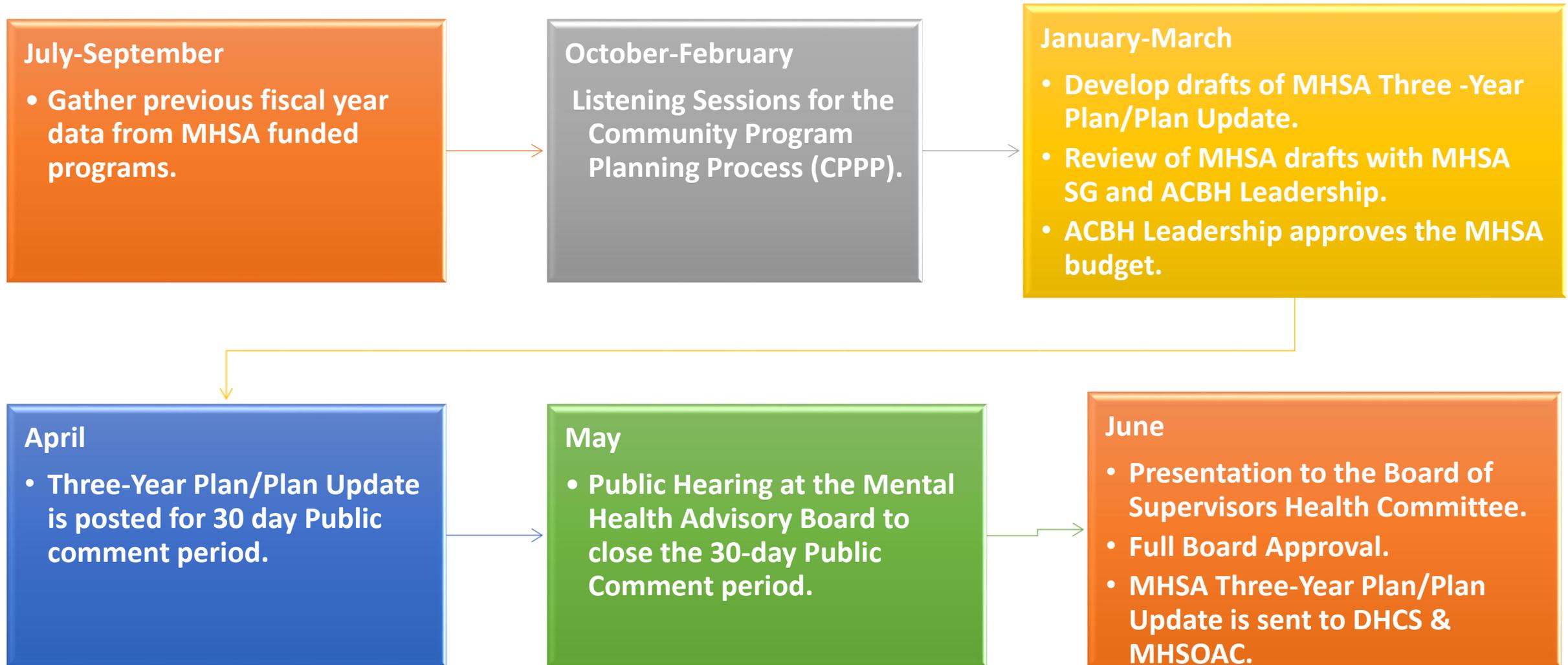


Questions?

# MHSA ANNUAL UPDATE/CPPP

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# MHSA Three-Year Plan/Plan Update Cycle



## Input Questions

- What are the top or most pressing mental health issues right now in your community?
- Are there **individuals, groups and/or cultural communities** who you believe are not being adequately served?

- What do you see as **barriers** for people to get help?

What are your **ideas** on how to better serve our communities?



- What MHSA-funded services are you aware of**, either as services you or someone you know has taken advantage of or as services you would feel comfortable recommending to others?

- Other comments** people want to share?



What suggestions do you have to improve the questions/ what needs improvement? + / $\Delta$

# GENERAL UPDATES/ANNOUNCEMENTS

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# MEETING WRAP-UP

- FUTURE PRESENTATION:
  - Swords to Plowshares White Paper
  - Peer Support Services – peer certification training
- SURVEY MONKEY (UPDATE CONTACT INFORMATION) & MEMBER BIO
- SUBMIT AGENDA ITEM REQUESTS ON THE WEBSITE
- CELEBRATE YOUR ACCOMPLISHMENTS!

# THANK YOU

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Next Meeting:  
February 25, 2022  
2:00 pm– 4:00 pm  
(Virtual)

\*\* Stipends: Follow-up with Mariana Real



## MENTAL HEALTH SERVICES ACT (MHSA)

### STAKEHOLDER GROUP MEETING CALENDAR, 2022 rv1

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\*\* This schedule is subject to change. Please view the MHSA [website](#) for calendar updates.

DATE	TIME	LOCATION	MEETING THEMES
January 28, 2022	2:00-4:00pm	Go To Meeting	<ul style="list-style-type: none"> <li>• Program Spotlight: Mental Health Peer Coach</li> <li>• Annual Plan Update</li> <li>• MHSA Community Planning Meetings (CPM) Outreach &amp; Focus Group</li> </ul>
February 25, 2021	2:00-4:00pm	Go To Meeting	<ul style="list-style-type: none"> <li>• MHSA Goal Setting/Finding A Common Link</li> <li>• INN recommendations</li> <li>• Review Operating Guidelines</li> </ul>
March 25, 2022	2:00-4:00pm	GoToMeeting	<ul style="list-style-type: none"> <li>• Program Spotlight: FSP (Strides)</li> </ul>
April 22, 2022	2:00-4:00pm	Go To Meeting	<ul style="list-style-type: none"> <li>• Program Spotlight: Supportive Housing</li> </ul>
May 27, 2022	2:00-4:00pm	GoToMeeting	<ul style="list-style-type: none"> <li>• MHSA Plan Public Comment/Public Hearing</li> <li>• Quarterly Program Data Review</li> <li>•</li> </ul>
June 24, 2022	2:00-4:00pm	Go To Meeting	<ul style="list-style-type: none"> <li>• Compliance- HIPAA for family members</li> </ul>
July 22, 2022	2:00-4:00pm	Go To Meeting	<ul style="list-style-type: none"> <li>• Leg Review: AB2022</li> </ul>
August 26, 2022			<ul style="list-style-type: none"> <li>• Program Spotlight: Deaf &amp; Hard of Hearing</li> </ul>
September 23, 2022	2:00-4:00pm	Go To Meeting	<ul style="list-style-type: none"> <li>• Program Spotlight: Annual Plan Review &amp; CPPP Data</li> </ul>
October 28, 2022	2:00-4:00pm	Go To Meeting	<ul style="list-style-type: none"> <li>• Leg Information: Conservatorship</li> </ul>
November 18, 2022**	2:00-4:00pm	Go To Meeting	<ul style="list-style-type: none"> <li>• Review demographic info for alameda county</li> </ul>
December 16, 2022**			<ul style="list-style-type: none"> <li>• Program Spotlight/Presentation:</li> <li>• MHSA Policy &amp; Legislation Review</li> <li>• End of Year Celebration/Retreat</li> <li>• Interview Qs</li> </ul>