

## MHSA STAKEHOLDER GROUP (MHSA-SG)

Friday, March 27, 2020 (2:00-3:15pm)

TELECONFERENCE

To participate by phone, dial-in to this number:

Participant access code:

MISSION	VALUE STATEMENT	FUNCTIONS
<p><i>The MHSA Stakeholder Group advances the principles of the Mental Health Services Act and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.</i></p>	<p><i>We maintain a focus on the people served, while working together with openness and mutual respect.</i></p>	<p>The MHSA Stakeholder Group:</p> <ul style="list-style-type: none"> <li>• <i>Reviews</i> the effectiveness of MHSA strategies</li> <li>• <i>Recommends</i> current and future funding priorities</li> <li>• <i>Consults</i> with BHCS and the community on promising approaches that have potential for transforming the mental health systems of care</li> <li>• <i>Communicates</i> with BHCS and relevant mental health constituencies.</li> </ul>

- |   |      |
|---|------|
| 1. Welcome and Introductions<br>- Community Meeting Fact Sheet  | 2:00 |
| 2. VIA Character Strengths<br>- MHSA-SG Meeting Structure   | 2:10 |
| 3. ACBH Department Updates<br>- MHSA 3-Year Audit   | 2:30 |
| 4. MHSA Community Planning Meetings Update<br>- COVID-19 & CPP structure<br>- Survey review<br>- Outreach Support   | 2:35 |
| 5. MHSA-SG Membership<br>- New Stakeholder member, L.D. Louis-member of the MH Board<br>- Three Prospective members | 2:55 |
| 6. Wrap-Up/Summary  | 3:10 |
| Meeting Adjourn   | 3:15 |

Documents Attached:



- Agenda
- Minutes from February meeting
- MHSA-SG Member Card
- Community Meeting FACT Sheet
- VIA Character Strengths and Virtues Poster
- 2017 MHSA CPM Data OLD
- MHSA-SG Meeting Calendar

**Alameda County Mental Health Services Act Stakeholder’s Meeting**  
**February 28, 2020 • 2:00 pm - 4:00 pm**  
**Alvarado Niles Room, 2000 Embarcadero Cove, Suite 400, Oakland, CA 94606**

Meeting called to order by Chair **Mariana Dailey**

**Present Representatives:** Viveca Bradley (MH Advocate), Jeff Caiola (Consumer), Margot Dashiell (Alameda County Family Coalition), Karen Grimsich (City of Fremont), Irma Hernandez (POCC), L.D. Louis (Alameda County Mental Health Advisory Board), Sarah Marxer (Family Member), Liz Rebensdorf (NAMI East Bay), Mariana Dailey (MHSA Senior Planner), Tracy Hazelton (MHSA Division Director) and Terri Kennedy (Administrative Assistant for MHSA Division).

<i><b>ITEM</b></i>	<i><b>DISCUSSION</b></i>	<i><b>ACTION</b></i>
<b>Ice-Breaker and Introductions</b>	<p><b>Mariana Dailey</b> introduced herself and chaired the meeting as the new MHSA Senior Planner and Trauma Informed Care Coordinator.</p> <p><b>Mariana</b> also introduced <b>L.D. Louis</b>, who has graciously accepted the Stakeholder seat designated for a representative of the AC Mental Health Advisory Board.</p> <p><b>Stakeholders</b> were given a red member information card that should be completed and returned to Mariana as soon as possible. Mariana would like for each member to have a bio on our ACMHSA.org website</p> <p><b>Stakeholders</b> did a “Candy Confessions” icebreaker activity</p>	<ul style="list-style-type: none"> <li>• <b>Stakeholder Committee members</b> are to review their member biographies on the ACMHSA website and complete the red member card and return it to Mariana as soon as possible if not completed at the meeting on 2-28-20</li> </ul>
<b>MHSA Stakeholder Group (MHSA-SG) Guiding Principles and Core Values</b> (Mariana)	<p><b>Mariana</b> reviewed with the MHSA Stakeholder Group (MHSA-SG) the group’s Guiding Principles and Core Values. We should be pursuing and evaluating the goals that we have set through the lens of the Core Values:</p> <ul style="list-style-type: none"> <li>• Community Collaboration</li> <li>• Cultural Responsiveness</li> <li>• Consumer and Family Member Driven</li> <li>• Wellness, Recovery and Resiliency</li> <li>• Integrated Service Experience</li> </ul>	
<b>MHSA-SG Design Team Alliance (DTA) Review/Revision</b> (Mariana)	<p><b>Mariana</b> reviewed with the MHSA Stakeholder Group (MHSA-SG) Design Team Alliance (DTA)/Community Agreements that was created under Linda’s leadership. The DTA should always be changing and growing with the group, so Mariana led a review exercise that synthesized the DTA down to 5 desired behaviors for the group to maintain:</p> <ul style="list-style-type: none"> <li>• Reflective/Active Listening (1 mic/1 voice)</li> <li>• Ask questions</li> <li>• Use “I” Statements</li> <li>• Assume goodwill/good intent</li> <li>• Maintain confidentiality of personal information</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Mariana</b> will have the DTA visibly posted in every Stakeholder meeting from here forward</li> <li>• <b>Stakeholder members</b> are encouraged to think of things to add to the DTA</li> </ul>
<b>MHSA-SG Calendar Review: Year At-A-Glance</b> (Mariana)	<p><b>Mariana</b> created a “Year At-A-Glance” calendar of Stakeholder meeting dates and potential topics based on information gathered from her informational interviews conducted with members prior to today’s meeting. These dates and topics are subject to change.</p> <p>Additionally, <b>Mariana</b> created a new form for the ACMHSA.org website for group members and community members to submit agenda item requests for future meetings</p>	<ul style="list-style-type: none"> <li>• <b>Stakeholder members</b> who would like to add items to the agenda of future meetings should submit a form through the website; <b>Mariana</b> is the contact about any issues/ discrepancies on the website, correspondence or calendar</li> </ul>
<b>MHSA-SG Meeting Structure Elements</b> (Mariana)	<p><b>Mariana</b> gathered feedback from holding 1-on-1 informational interviews with members prior to today’s meeting to formulate a list of 5 elements by which to structure our monthly meetings:</p>	<ul style="list-style-type: none"> <li>• <b>Mariana</b> will structure all future MHSA-SG Meetings to hone in on at</li> </ul>

<i>ITEM</i>	<i>DISCUSSION</i>	<i>ACTION</i>
	<ul style="list-style-type: none"> <li>• Relationship Building, Leadership &amp; Advocacy</li> <li>• Administration &amp; Operations</li> <li>• Program Planning &amp; Development</li> <li>• Quality Assurance (QA) &amp; Accountability</li> <li>• Outreach &amp; Communication</li> </ul>	<p>least 1 of the 5 Structure Elements defined</p>
<p><b>Structure Elements Small Group Activity</b></p>	<p><b>The Stakeholder Group</b> did a breakout into 3 small groups to define “Meaningful Participation as a Stakeholder group member” as a representative through:</p> <ul style="list-style-type: none"> <li>• The lens of a Family Member</li> <li>• The lens of a Consumer</li> <li>• The lens of a Provider</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Mariana</b> will send notes of synthesized information for each of the 3 groups in the follow-up email to MHSA-SG</li> </ul>
<p><b>ACBH Departmental and MHSA Updates</b> (Tracy)</p>	<p><b>ACBH</b> is undergoing some restructuring because ACBH Director Dr. Tribble wants to align the roles to services.</p> <ul style="list-style-type: none"> <li>• Recent addition of new Deputy Director/Plan Administrator Imo Momoh who will oversee non-clinical work/ MH Planning departments. This includes MHSA, Finance, QA, and Information Services (IS). Tracy now reports directly to Imo Momoh, not James Wagner.</li> <li>• Crisis Services are now joining the medical side of care, Stephanie Lewis is still over Crisis Services, but she will now report to Dr. Aaron Chapman, Medical Director.</li> <li>• Primary Care has opened a new clinic at Eden, making primary care services more accessible to our Behavioral Health consumers.</li> </ul> <p><b>Department of Health Care Services (DHCS)</b> of California will be here for our first MHSA 3 year Program Review (audit) from March 24-26, 2020. <b>Tracy</b> will contact <b>Mariana</b> to reach out to MHSA-SG members if they’re requested to attend the first day.</p> <p><b>MHSA News:</b> An article came out recently about the Prudent Reserve reduction proposed by Gov. Newsom. The Prudent Reserve is an account set up for back up funds for services in the case of economic downturn. We have already lowered our amount significantly after other issues with this account were put into the public last year, but it’s being suggested to reduce from \$36 mil. to \$14 mil. Alameda County was mentioned by name in the article. Dr. Tribble and HCSA Agency Director Coleen Chawla are working on drafting a response.</p>	<ul style="list-style-type: none"> <li>• <b>Tracy</b> will contact <b>Mariana</b> to reach out to MHSA-SG members if they’re requested to attend the first day session</li> <li>• <b>Tracy</b> will forward the article about the Prudent Reserve and any future updates to <b>Mariana</b> to email to the Stakeholders</li> </ul>
<p><b>MHSA 3-Year Planning Meetings/ Community Planning Meetings (CPM)</b> (Mariana)</p>	<p><b>Mariana</b> has created a steering community for the MHSA 3-Year Plan Community Input. They are currently reviewing the MHSA Survey, setting structure and priorities for the input sessions, set focus groups, etc. No outreach has taken place yet, we’re still in the planning phase.</p> <p><b>Stakeholder Members</b> are encouraged to help in many capacities including hosting focus groups at your site, do groups facilitation at each of the <b>5 districts community input session that will take place between April 22-May 8, 2020.</b> Additional Focus Groups can be held at other times not within that district session window.</p> <p>It would be most beneficial that we seek to hold focus groups with specific populations that are currently low utilizers or inappropriately served communities.</p>	<ul style="list-style-type: none"> <li>• <b>Mariana</b> will email the group 3 mock-ups of the input session flyer for feedback on content and design- responses due by Weds. 3/4/20</li> <li>• <b>Mariana</b> will send the community input materials to the group as soon as they’re available</li> <li>• <b>L.D. Louis</b> is interested in being a part of the steering committee, will follow up with <b>Mariana</b></li> </ul>

<i>ITEM</i>	<i>DISCUSSION</i>	<i>ACTION</i>
		<ul style="list-style-type: none"> <li>• <b>Karen Grimsich</b> would like to help coordinate a focus group for Fremont/South County, will follow up with <b>Mariana</b></li> </ul>
<b>New Stakeholder Member Recruitment</b> (Mariana)	<b>Mariana</b> discussed the application process and how she wants everyone to have a chance to review the new member applications. We currently have 3 applications in the pipeline, and they will be reviewed by the group next meeting (in the interest of time).	<ul style="list-style-type: none"> <li>• <b>Mariana</b> requests you indicate your interest in participating on the interview panel via email</li> </ul>
<b>Homework for next meeting: Stakeholder Action Item</b>	<b>Complete the <a href="#">VIA Strength Assessment Survey</a> before the next meeting.</b> It's a free online assessment about yourself to help identify your individual character strengths and virtues.	<ul style="list-style-type: none"> <li>• <b>Mariana</b> will email the link to the VIA Strengths Assessment online at: <a href="https://www.viacharacter.org/survey/account/register">https://www.viacharacter.org/survey/account/register</a></li> <li>• <b>Stakeholders</b> are to complete the assessment before our March meeting</li> </ul>

**Next Stakeholder meeting: Friday, March 27, 2020 from 2-4 p.m. in the Alvarado Niles Room**



## MHSA Stakeholder Group (MHSA-SG) Member Card

Salutation:	First Name	Last Name
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Race/Ethnicity	Agency/Org:	Birth Date:
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Title:	Email:	Phone no:
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Mailing Address:

Please identify current level of engagement in the MHSA-SG? (0= NOT a priority, 5= HIGH priority):

0	1	2	3	4	5
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Please identify any community affiliation/s with MHSA-funded programs & initiatives (continue biographical sketch on the back):



## MHSA Stakeholder Group (MHSA-SG) Member Card

Salutation:	First Name	Last Name
-------------	------------	-----------

Race/Ethnicity	Agency/Org:	Birth Date:
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Title:	Email:	Phone no:
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Mailing Address:

Please identify current level of engagement in the MHSA-SG? (0= NOT a priority, 5= HIGH priority):

0	1	2	3	4	5
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Please identify any community affiliation/s with MHSA-funded programs & initiatives (continue biographical sketch on the back):

## COMMUNITY MEETINGS

**Purpose:** To provide a short check-in in which you are able to connect with others and identify issues that may support or impede your work together. Community meetings structure time together in a predictable way. It models caring and building bridges. Community meetings reinforce the power of the circle- the idea of shared responsibility for each other and the community- and serves as a way to establish some safety within the group.

### **The Community Meeting Questions:**

**How are you feeling?** We ask this to assist and encourage feelings identification and transfer feelings into words as well as to support the importance of recognizing and managing emotions. We increase emotional intelligence by learning new words for feelings. Knowing the emotional climate of a group can help us feel safe. Participating in more than one Community meeting per day helps us to understand the transient nature of feelings. This is NOT a meeting to process, explain or justify the feeling, it is for identification purposes only. This part of the meeting is one sentence: “I feel \_\_\_\_\_.”

**What is Your Goal for the Day?** The purpose of this question is to help focus on the future (remembering that many people who experience trauma get stuck in the past or can't envision a future). This is the bridging question from the present to the future. Goals create structure and cognitive focus, help everyone stay on track and provide us with a purpose. This also implies hope and a sense of being able to master or accomplish something, linking to self esteem.

**Who Can You Ask for Help?** We ask this question to build relationships among community members. Asking for help repairs damaged relationships. Helping others takes us out of our own problems and promotes self worth. Whenever possible, we should ask for help from a member in the room. Some people may indicate they will receive help from an inanimate object (i.e. “my computer/telephone will help me with that...”). This will not serve the purpose of building relationships among community members. It can be beneficial to reframe the question “if I run into a problem with meeting my goal, who will I ask for help?”

# VIA Classification of Character Strengths and Virtues

## The Character Strengths of a Flourishing Life

### WISDOM

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#### Creativity

Originality; adaptive; ingenuity

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#### Curiosity

Interest; novelty-seeking; exploration; openness to experience

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#### Judgment

Critical thinking; thinking things through; open-minded

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#### Love of Learning

Mastering new skills & topics; systematically adding to knowledge

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#### Perspective

Wisdom; providing wise counsel; taking the big picture view

### COURAGE

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#### Bravery

Valor; not shrinking from fear; speaking up for what's right

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#### Perseverance

Persistence; industry; finishing what one starts

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#### Honesty

Authenticity; integrity

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#### Zest

Vitality; enthusiasm; vigor; energy; feeling alive and activated

### HUMANITY

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#### Love

Both loving and being loved; valuing close relations with others

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#### Kindness

Generosity; nurturance; care; compassion; altruism; "niceness"

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#### Social Intelligence

Emotional intelligence; aware of the motives/feelings of self/others; knowing what makes other people tick

### JUSTICE

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#### Teamwork

Citizenship; social responsibility; loyalty

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#### Fairness

Just; not letting feelings bias decisions about others

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#### Leadership

Organizing group activities; encouraging a group to get things done

### TEMPERANCE

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#### Forgiveness

Mercy; accepting others' shortcomings; giving people a second chance

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#### Humility

Modesty; letting one's accomplishments speak for themselves

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#### Prudence

Careful; cautious; not taking undue risks

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#### Self-Regulation

Self-control; disciplined; managing impulses & emotions

### TRANSCENDENCE

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#### Appreciation of Beauty and Excellence

Awe; wonder; elevation

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#### Gratitude

Thankful for the good; expressing thanks; feeling blessed

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#### Hope

Optimism; future-mindedness; future orientation

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#### Humor

Playfulness; bringing smiles to others; lighthearted

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#### Spirituality

Religiousness; faith; purpose; meaning



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WELLNESS • RECOVERY • RESILIENCE

ALAMEDA COUNTY  
Mental Health Services Act (MHSA) 3-Year Program and Expenditure Plan  
Community Participation and Feedback Survey

**1. Survey Instructions**

The Mental Health Services Act (MHSA) of Alameda County wants your ideas on how to strengthen its mental health and wellness programs to better serve you and your community. What do you think should be a part of our work in the next three years (e.g., more services for youth, more home visits to senior citizens, more housing supports, different mental health treatment options)? Also, what are some new or innovative ideas you'd like Alameda County to try out?

This survey is part of a larger community planning process that also includes community meetings throughout Alameda County from July to September 2017. If you would like information about the meetings, please click [HERE](#).

There are 15 questions in the survey and it takes about 10 minutes to complete. ALL QUESTIONS ARE OPTIONAL, and you're welcome to leave questions blank if you do not want to respond. Also, the survey is anonymous.

**Thank you for your help with this community effort!**

1. Is this your first time providing input and information for our MHSA Community Planning Process?

Yes

No

2. Please rank the importance of each **Child/Youth/Transition Age Youth's mental health issue** listed below by importance (1 being Absolutely Essential through 5 being Not Important at This Time).

	1=Absolutely Essential	2=Very Important	3=Moderately Important	4=Slightly Important	5=Not Important at This Time
Academic Success	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social Isolation/Feeling Alone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community Violence and Trauma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Juvenile Justice Involvement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Homelessness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Out-of-home Placement/Foster Care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Suicide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Depression	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family Conflict/Stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Employment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Substance Use/Abuse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please list Other important mental health issues for the child/youth/transition age youth population

3. Please rank the importance of each **Adult/Older Adult mental health issue** listed below by importance (1 being Absolutely Essential through 5 being Not Important at This Time).

	1=Absolutely Essential	2=Very Important	3=Moderately Important	4=Somewhat Important	5=Not Important at This Time
Homelessness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social isolation/Feeling Alone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Incarceration of Mentally Ill Adults	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ongoing Multiple Hospitalizations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Suicide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community Violence and Trauma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Domestic Violence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inability to Find Employment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Substance Abuse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inability to Obtain an Education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Parenting Issues/Family Stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chronic Health Issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please list Other important mental health issues for the adult/older adult population:

4. Are there any populations or groups of people whom you believe are not being adequately served by the current MHSA programs in Alameda County? Please check all that apply.

- Children 0-5
- School Age Children
- Transition Age Youth (TAY)
- Adults
- Older Adults
- LGBTQQI-2S
- Veterans
- Jail releases and clients on probation (system impacted clients)
- Parents/Family members
- Persons with disabilities
- Persons experiencing mental health crisis
- Persons experiencing homelessness
- Immigrants and refugees
- African American community
- Asian community
- Latino community
- Native American community
- Pacific Islander community

Other population(s), please specify

5. Based on your answers in question 4, please identify who you feel are the **three most under served groups (please be very specific):**

- 1
- 2
- 3

6. What issues make it more challenging for consumers and their families to receive mental health services? Please check all that apply.

- Lack of transportation to appointments
- Limited availability of appointments
- Location of clinics or service providers
- Lack of language access (services not provided in a client's primary language)
- Stigma around mental illness in your community
- Other (please specify)

7. Please list any suggestions for programs or services that would enhance consumers' wellness and recovery and better meet the needs of your community.

8. This question is to hear from you on **Innovative Ideas** to improve and transform our county mental health system. The goal of the Innovation program is to contribute to learning and improving in three ways:

1. Introduce new mental health practices/approaches including prevention and early intervention that have never been done before, or
2. Make a change to an existing mental health practice/approach, including adaptation for a new setting or community, or
3. Introduce a new application to the mental health system of a promising community driven practice/approach that has been successful in non-mental health contexts or settings.

Please list below any innovative ideas about improving mental health services that you may have:

9. Which of the following **MHSA Service Areas** do you feel have been effective in addressing our local mental health concerns and negative outcomes that may result from untreated mental illness? Please check all that apply.

- Full Service Partnerships (serves adults and transitional age youth with mental health issues that result in homelessness, involvement in justice system, and frequent use of emergency psychiatric hospitalization)
- Integrated Behavioral Health and Primary Care
- Consumer Wellness Centers (serves adults with wellness and recovery services and link with community supports)
- Employment and Vocational Services and Supports
- Suicide Prevention (crisis hotline/training and education)
- Family Education and Support Centers
- Crisis Services for Children/Youth/Transition Age Youth
- Age 0-5 Mental Health Services
- Crisis Services for Adults and Older Adults
- Housing Services
- Culturally Responsive Prevention Programming and Supports
- School-based Mental Health Services
- Mental Health Outreach Teams
- Stigma and Discrimination Campaign
- Mental Health Services for Re-entry population
- Crisis Services for Limited English Communities (specifically Latino and Asian communities)
- Co-occurring Services (Services to improve mental health and substance use disorders)
- Workforce Development Projects
- Other Areas you feel have been effective: (please specify)

10. Please tell us about yourself.

My **AGE GROUP** is:

- 0-15
- 16-25
- 26-59
- 60+
- 75+
- Decline to State

11. My **GENDER** is:

- Male
- Female
- Transgender
- Gender queer
- Another gender identity
- Decline to State

12. I primarily reside in this **CITY**:

13. My **RACE/ETHNICITY** is:

- African American or Black
- African
- Asian
- Caucasian or White
- Hispanic or Latino
- Middle Eastern/North African (MENA) Descent
- More than one Race/Ethnicity
- Decline to State

Other (please specify)

14. If you marked "ASIAN" under question 13 please tell us about your Nationality/Country of Origin:

- Asian Indian/South Asian
- Cambodian
- Chinese
- Bhutanese
- Burmese
- Japanese
- Korean
- Vietnamese
- Mien
- Mongolian
- Other (please specify):

15. Which of the following **groups** do you primarily identify with or represent (please only choose one group)?

- Mental health client/consumer
- Family member of a mental health consumer
- An interested member of the community
- Education agency
- Community-based mental health service provider
- Homeless community/Housing services
- County Behavioral Health staff
- Faith-based organizations
- Substance abuse service provider
- Hospital or healthcare provider
- Law enforcement
- NAMI
- Veteran or Veteran Services
- Other community-based organization (not MH service provider)
- Decline to State
- Other (please specify)

16.

**Thank You for your Time!**

This area is for any additional comments you would like to give us:

## MENTAL HEALTH SERVICES ACT (MHSA)

### STAKEHOLDER GROUP MEETING CALENDAR, 2020 rv1

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\*\* This schedule is subject to change. Please view the MHSA [website](#) for calendar updates.

DATE	TIME	LOCATION	MEETING THEMES
January 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• MHSA Overview</li> <li>• Annual Plan Update</li> </ul>
February 28, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• MHSA Goal Setting/Finding A Common Link</li> <li>• Develop Operating Guidelines</li> </ul>
March 27, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• MHSA Audit</li> <li>• MHSA Community Planning Meetings (CPM) Outreach &amp; Evaluation Design</li> <li>• Joint Site Visit Observations</li> </ul>
April 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• MHSA Community Planning Meetings (CPM)</li> <li>• Program Spotlight/Presentation</li> </ul>
May 22, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• MHSA Community Planning Meetings (CPM)</li> <li>• MHSA-SG Recruitment</li> <li>• Program Spotlight/Presentation</li> </ul>
June 26, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• Quarterly Program Data Review</li> <li>• Joint Site Visit Observations</li> </ul>
July 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• Revisit MHSA-SG Plan &amp; Meeting Frequency</li> </ul>
August 28, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• Program Spotlight/Presentation</li> <li>• MHSA Policy &amp; Legislation Review</li> </ul>
September 25, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• Government Funding &amp; Procurement Overview</li> <li>• Joint Site Visit Observations</li> </ul>

## MENTAL HEALTH SERVICES ACT (MHSA)

### STAKEHOLDER GROUP MEETING CALENDAR, 2020 rv1

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October 23, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• Program Spotlight/Presentation</li> <li>• MHSA 3-Year Plan</li> </ul>
November 27, 2020 (Friday)	CANCELLED- HOLIDAY		
December 25, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 <sup>th</sup> Floor, Oakland, CA 94606	<ul style="list-style-type: none"> <li>• End of Year Celebration/Retreat</li> <li>• Best Practice Review</li> <li>• Renewing Commitment</li> </ul>

# MHSA Stakeholder Group Nomination

The Mental Health Services Act (MHSA), or Proposition 63, provides Alameda County with a unique opportunity to fund innovative mental health programs for clients with long standing unmet needs.

The mission of the MHSA Stakeholder Group is to advance the principles of the MHSA and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.

Stakeholders strive to maintain a focus on the people served, while working together with openness and mutual respect.

The functions of the Stakeholder Group include:

1. Reviewing the effectiveness of MHSA strategies
2. Recommending current and future funding priorities
3. Consulting with Behavioral Healthcare Service Agency and the community on promising approaches that have potential for transforming the mental health systems of care
4. Communicates with relevant mental health constituencies

The Stakeholder Group will meet on the fourth Friday of each month from 2-4pm. Members with multiple unexcused absences will be discharged from the group. Stipends are available for family members and consumers who are not otherwise compensated for their time during meetings.

**HOW TO NOMINATE A STAKEHOLDER:** Please consider the attributes and interests of your colleagues and identify a nominee by filling out the form below (self-nominations will also be accepted):

Nominating Organization

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Contact Person

The person who is nominating

Self

---

Contact Phone Number

[REDACTED]

---

Nominee Name \*

Person being nominated to the Stakeholder Group

Gloria Vasconcellos

---

Nominee Occupation or Title

Mother Advocate

---

Nominee Address \*

[REDACTED]

---

Nominee Email Address

[REDACTED]

---

Nominee Phone Number \*

[REDACTED]

Nominee Ethnicity

[REDACTED]

Nominee Gender/Orientation

Female

What is the primary interest you represent? \*

We are only taking nominations for the interests below at this time

Consumer of mental health services



"Other"

Specify if you filled "Other" as the primary interest you represent above.

.....

What age group do you serve or represent? \*

Check as many as apply

- Children & Youth (0-18)
- Transition Age Youth (14-25)
- Adults (18-59)
- Older Adults (60+)

What areas of the County do you provide service to or reside in? \*

Check as many as apply

- North (Alameda, Albany, Berkeley, Emeryville, Oakland, Piedmont)
- Central (Hayward, San Leandro, San Lorenzo, Unincorp.)
- South (Fremont, Newark, Union City)
- East (Dublin, Livermore, Pleasanton)

What is the primary ethnicity of the population you serve or represent? \*

Caucasian

In what ways have you represented yourself and/or your community in other planning groups? \*

MHSA focus groups, FASMI member, Member of MH Criminal Justice Committee & Adult committee

Explain how you have used data in your current or previous work? \*

I have share my experience with the Family Dialog Group, Telecare, Criminal Justice Committee & Adult Committee.

Briefly explain any knowledge you have of Prop 63 - The Mental Health Services Act: \*

It is a tax on the upper 1% of the wealthy to provide funds for the Mental Health Services.

Why do you want to join the Stakeholder Group? \*

I believe my 20 years of experience with a Mentally Ill son and dealing with MH services has given me insight as to what is needed to help the mentally ill.

It's important that Stakeholder members bring what they learn to their peers and constituents. Which community groups will you be reporting Stakeholder activities to? \*

FASMI, Criminal Justice Committee, Adult Committee.

Can you commit to attend regular meetings from 2-4pm on the Fourth Friday each month? \*

Yes

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# MHSA Stakeholder Group Nomination

The Mental Health Services Act (MHSA), or Proposition 63, provides Alameda County with a unique opportunity to fund innovative mental health programs for clients with long standing unmet needs.

The mission of the MHSA Stakeholder Group is to advance the principles of the MHSA and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.

Stakeholders strive to maintain a focus on the people served, while working together with openness and mutual respect.

The functions of the Stakeholder Group include:

1. Reviewing the effectiveness of MHSA strategies
2. Recommending current and future funding priorities
3. Consulting with Behavioral Healthcare Service Agency and the community on promising approaches that have potential for transforming the mental health systems of care
4. Communicates with relevant mental health constituencies

The Stakeholder Group will meet on the fourth Friday of each month from 2-4pm. Members with multiple unexcused absences will be discharged from the group. Stipends are available for family members and consumers who are not otherwise compensated for their time during meetings.

**HOW TO NOMINATE A STAKEHOLDER:** Please consider the attributes and interests of your colleagues and identify a nominee by filling out the form below (self-nominations will also be accepted):

Nominating Organization

Swords to Plowshares

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Contact Person

The person who is nominating

Steven Culbertson

Contact Phone Number

[REDACTED]

Nominee Name \*

Person being nominated to the Stakeholder Group

Mark Walker

Nominee Occupation or Title

Associate Director East Bay Programs

Nominee Address \*

[REDACTED]

Nominee Email Address

[REDACTED]

Nominee Phone Number \*

[REDACTED]

Nominee Ethnicity

.....

Nominee Gender/Orientation

.....

What is the primary interest you represent? \*

We are only taking nominations for the interests below at this time

Veteran or provider of Veteran services



"Other"

Specify if you filled "Other" as the primary interest you represent above.

.....

What age group do you serve or represent? \*

Check as many as apply

- Children & Youth (0-18)
- Transition Age Youth (14-25)
- Adults (18-59)
- Older Adults (60+)

What areas of the County do you provide service to or reside in? \*

Check as many as apply

- North (Alameda, Albany, Berkeley, Emeryville, Oakland, Piedmont)
- Central (Hayward, San Leandro, San Lorenzo, Unincorp.)
- South (Fremont, Newark, Union City)
- East (Dublin, Livermore, Pleasanton)

What is the primary ethnicity of the population you serve or represent? \*

African American & Caucasian

In what ways have you represented yourself and/or your community in other planning groups? \*

I participate in developing policy and programs to include implementing services for at-risk and homeless veterans in Alameda County.

Explain how you have used data in your current or previous work? \*

Swords uses data to properly respond to the needs of low-income and homeless veterans in ways that produce assistance with disability claims, mental health assessment, counseling, homeless prevention, rapid re-housing, employment and training. Additionally, the data is used to link these veterans to other community service providers and stakeholders throughout Alameda and Contra Costa counties.

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Briefly explain any knowledge you have of Prop 63 - The Mental Health Services Act: \*

MHSA provides funding to fill gaps in mental health services to support organizations and agencies to ensure residents with mental health needs are adequately met. Some veterans have unique mental health challenges that this Act will help provide relevant continuum of care.

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Why do you want to join the Stakeholder Group? \*

To ensure the veterans in our counties receive necessary mental health care available so they can live a quality of life based upon their service to America. Also, participating in the group will allow for further networking to collaborate on new initiatives to maximize opportunities for veterans and their families to receive care.

---

It's important that Stakeholder members bring what they learn to their peers and constituents. Which community groups will you be reporting Stakeholder activities to? \*

Operation Dignity, Berkeley Food and Housing, East Oakland Community Project, and EveryOneHome to include federal agencies such as Housing and Urban Development (HUD), Veterans Affairs (VA), and Department of Labor.

---

Can you commit to attend regular meetings from 2-4pm on the Fourth Friday each month? \*

Yes

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Google Forms

## MHSA Stakeholder Group Nomination

The Mental Health Services Act (MHSA), or Proposition 63, provides Alameda County with a unique opportunity to fund innovative mental health programs for clients with long standing unmet needs.

The mission of the MHSA Stakeholder Group is to advance the principles of the MHSA and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.

Stakeholders strive to maintain a focus on the people served, while working together with openness and mutual respect.

The functions of the Stakeholder Group include:

1. Reviewing the effectiveness of MHSA strategies
2. Recommending current and future funding priorities
3. Consulting with Behavioral Healthcare Service Agency and the community on promising approaches that have potential for transforming the mental health systems of care
4. Communicates with relevant mental health constituencies

The Stakeholder Group will meet on the fourth Friday of each month from 2-4pm. Members with multiple unexcused absences will be discharged from the group. Stipends are available for family members and consumers who are not otherwise compensated for their time during meetings.

**HOW TO NOMINATE A STAKEHOLDER:** Please consider the attributes and interests of your colleagues and identify a nominee by filling out the form below (self-nominations will also be accepted):

Nominating Organization

Self

Contact Person

The person who is nominating

Self

Contact Phone Number

[REDACTED]

Nominee Name \*

Person being nominated to the Stakeholder Group

Shawn Walker-Smith

Nominee Occupation or Title

.....

Nominee Address \*

[REDACTED]

.....

Nominee Email Address

[REDACTED]

Nominee Phone Number \*

[REDACTED]

Nominee Ethnicity

African American

Nominee Gender/Orientation

Cis-gender Male

What is the primary interest you represent? \*

We are only taking nominations for the interests below at this time

Other (specify in following question) ▼

"Other"

Specify if you filled "Other" as the primary interest you represent above.

Family Member / Caregiver

What age group do you serve or represent? \*

Check as many as apply

- Children & Youth (0-18)
- Transition Age Youth (14-25)
- Adults (18-59)
- Older Adults (60+)

What areas of the County do you provide service to or reside in? \*

Check as many as apply

- North (Alameda, Albany, Berkeley, Emeryville, Oakland, Piedmont)
- Central (Hayward, San Leandro, San Lorenzo, Unincorp.)
- South (Fremont, Newark, Union City)
- East (Dublin, Livermore, Pleasanton)

What is the primary ethnicity of the population you serve or represent? \*

African American

In what ways have you represented yourself and/or your community in other planning groups? \*

As a parent and caregiver have participated in re-establishing the goals and direction of the group as well as bringing lived experience to the table.

Explain how you have used data in your current or previous work? \*

Data has played a large role in many of my previous careers. From analyzing distribution and selling patterns of merchandise, to reviewing financial and sales information to formulate data driven business decisions. I am currently using SEO information and metrics to build an online brand and enhance my current internet presence.

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Briefly explain any knowledge you have of Prop 63 - The Mental Health Services Act: \*

The Mental Health Services Act provides additional funding from the state to municipalities in their efforts to address the needs of people with mental health issues. The funding covers not only programs but infrastructure as well. There is, in Alameda County, also a set aside for innovative programming and metrics to measure the effectiveness of the implemented programs that use the MHSA funding.

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Why do you want to join the Stakeholder Group? \*

I am a parent and caregiver of a loved one experiencing mental health issues, and who is a client of the Alameda County Mental Health system. I am looking for ways in which to contribute, advocate, and hopefully improve the system of care that is so important to so many families and individuals in Alameda County.

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It's important that Stakeholder members bring what they learn to their peers and constituents. Which community groups will you be reporting Stakeholder activities to? \*

Peers, Family Support Groups of which I am a member, Alameda County BHCS Family Dialogue Group

---

Can you commit to attend regular meetings from 2-4pm on the Fourth Friday each month? \*

Yes

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