

MENTAL HEALTH SERVICES ACT (MHSA)

STAKEHOLDER GROUP MEETING CALENDAR, 2023 v3

** This schedule is subject to change. Please view the MHSA [website](#) for calendar updates.

DATE	TIME	LOCATION	MEETING THEMES
January 27, 2023	2:00-4:00pm	Go To Meeting	<ul style="list-style-type: none"> • Presentation: El Timpano • Three-Year Plan Update • Calendar Brainstorm
March 24, 2023	2:00-4:00pm	GoToMeeting	<ul style="list-style-type: none"> • Review MHSA-SG Applications • Presentation: African American hub • CPPP/INN recommendation
April 28, 2023	1:00-3:00pm	Go To Meeting	<ul style="list-style-type: none"> • Program Spotlights: Pilot API mental health program
June 23, 2023	1:00-3:00pm	Go To Meeting	<ul style="list-style-type: none"> • Primary Care Integration Programs
August 25, 2023	1:00-3:00pm	Go To Meeting	<ul style="list-style-type: none"> • Leg Review • Presentation: Innovation • End of Year Celebration/Retreat



MHSA STAKEHOLDER GROUP (MHSA-SG)

Friday, April 28, 2023 (1:00-3:00pm)

GO TO MEETING TELECONFERENCE: <https://global.gotomeeting.com/join/511501621>

United States (Toll Free): 1-646-749-3129; Access Code: 511-501-621

MISSION	VALUE STATEMENT	FUNCTIONS
<p><i>The MHSA Stakeholder Group advances the principles of the Mental Health Services Act and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.</i></p>	<p><i>We maintain a focus on the people served, while working together with openness and mutual respect.</i></p>	<p>The MHSA Stakeholder Group:</p> <ul style="list-style-type: none"> • <i>Reviews</i> the effectiveness of MHSA strategies • <i>Recommends</i> current and future funding priorities • <i>Consults</i> with ACBH and the community on promising approaches that have potential for transforming the mental health systems of care • <i>Communicates</i> with ACBH and relevant mental health constituencies.

- | | |
|---|------|
| 1. Welcome and Introductions | 1:00 |
| 2. Presentation: Pilot API mental health program for seniors | 1:15 |
| 3. General Updates & Announcements
- Calendar/Next meeting | 1:45 |
| 4. Wrap-Up | 1:50 |
| 5. Meeting Adjournment | 2:15 |

Documents Attached:

- Meeting Calendar 2023
- Agenda
- PPT



WELLNESS • RECOVERY • RESILIENCE

Mental Health Services Act Stakeholder Meeting

Facilitator:

Tracy Hazelton, MPH | MHS Act Division Director, Alameda County Behavioral Health

Go To Meeting
Friday, April 28, 2023 | 1:00PM

HELLO
MY NAME IS

WELCOME GINA LEWIS

ICEBREAKER:

Most bizarre trend you've gotten into?

Community Agreements/DTA

- Respect
- Participate to have fun and learn
- Raise hand to ask questions
- Mute phones to help presenters
- Feel free to use the chat box
- Assume goodwill
- Use the chat box to ask a question
- Pace/Pause/Breathe: We have a variety of people participating using different communication methods (phone, webcam, etc.) we might take time to pause throughout the presentation to address comments/questions



WELLNESS • RECOVERY • RESILIENCE

Meeting Agenda

- Welcome & Introductions
- Presentation: Pilot API mental health program for seniors
- Administrative Updates & Announcements
 - Calendar/Next meeting
- Wrap-Up/ Summary

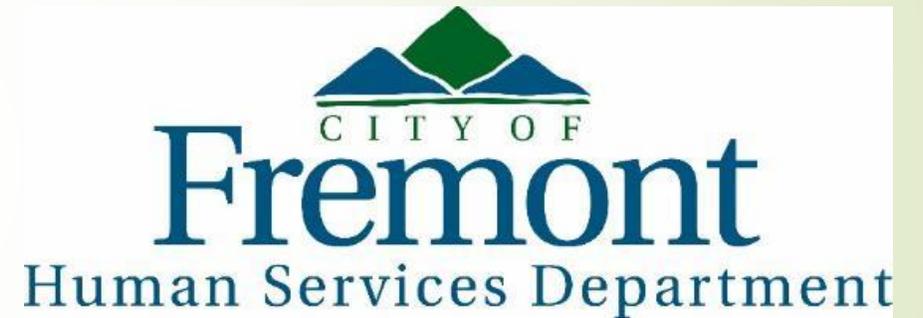


Pilot API mental health program for seniors

Presenter: Karen Grimsich, MPH
Family Services Administrator City of Fremont

AAPI Older Adult Discussion

Karen Grimsich, Aging & Family Services Administrator





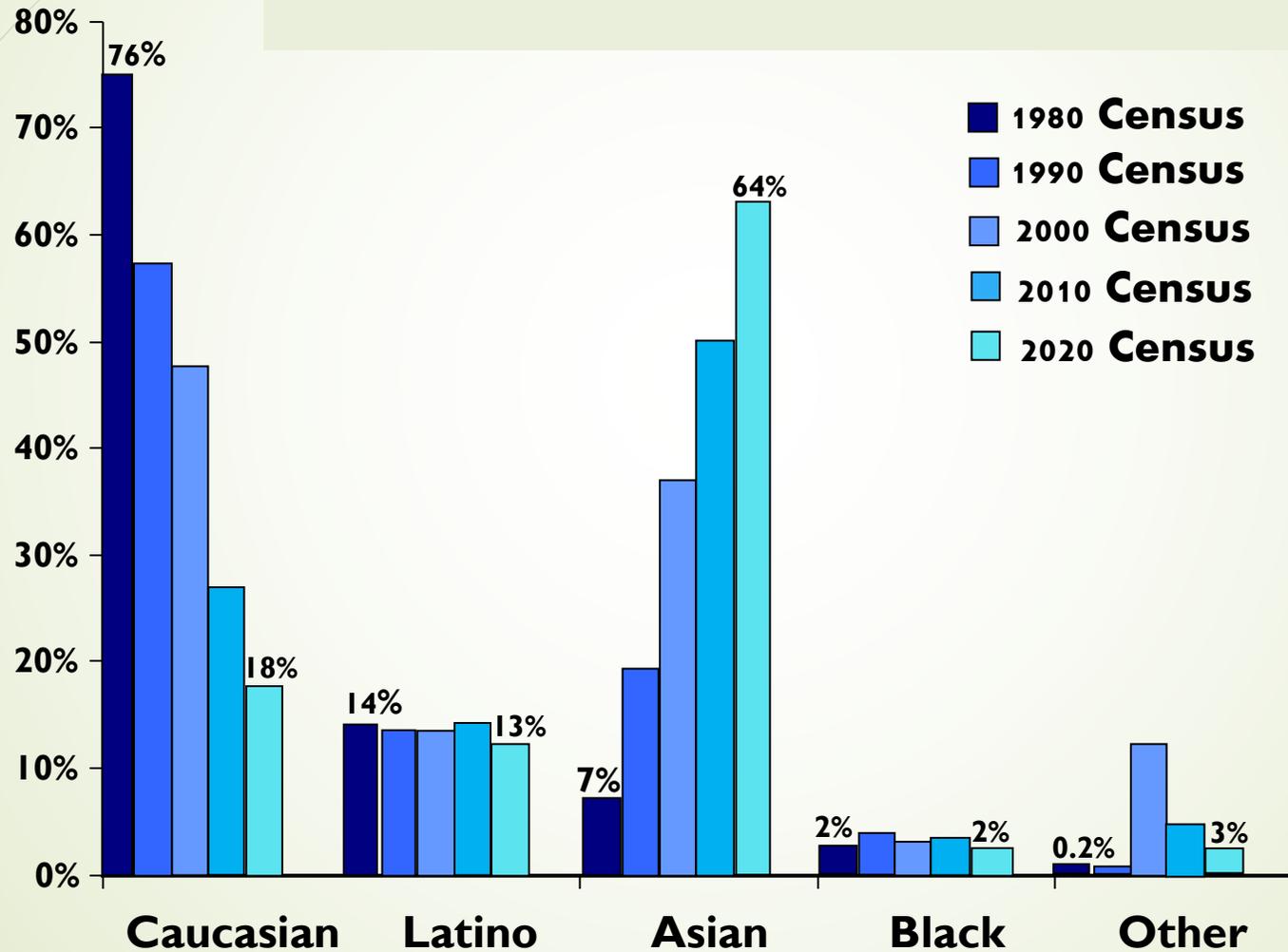
Proposed Agenda

- ▶ Human Services Department
- ▶ City of Fremont Demographics
- ▶ Aging and Family Services Division
 - ▶ Demographics FY 21-22
 - ▶ Overview of Current Programs and
 - ▶ Community Services
 - ▶ Case Management
 - ▶ Counseling
 - ▶ Discussion of AAPI Community Needs
 - ▶ Expansion of Program FY 23-24

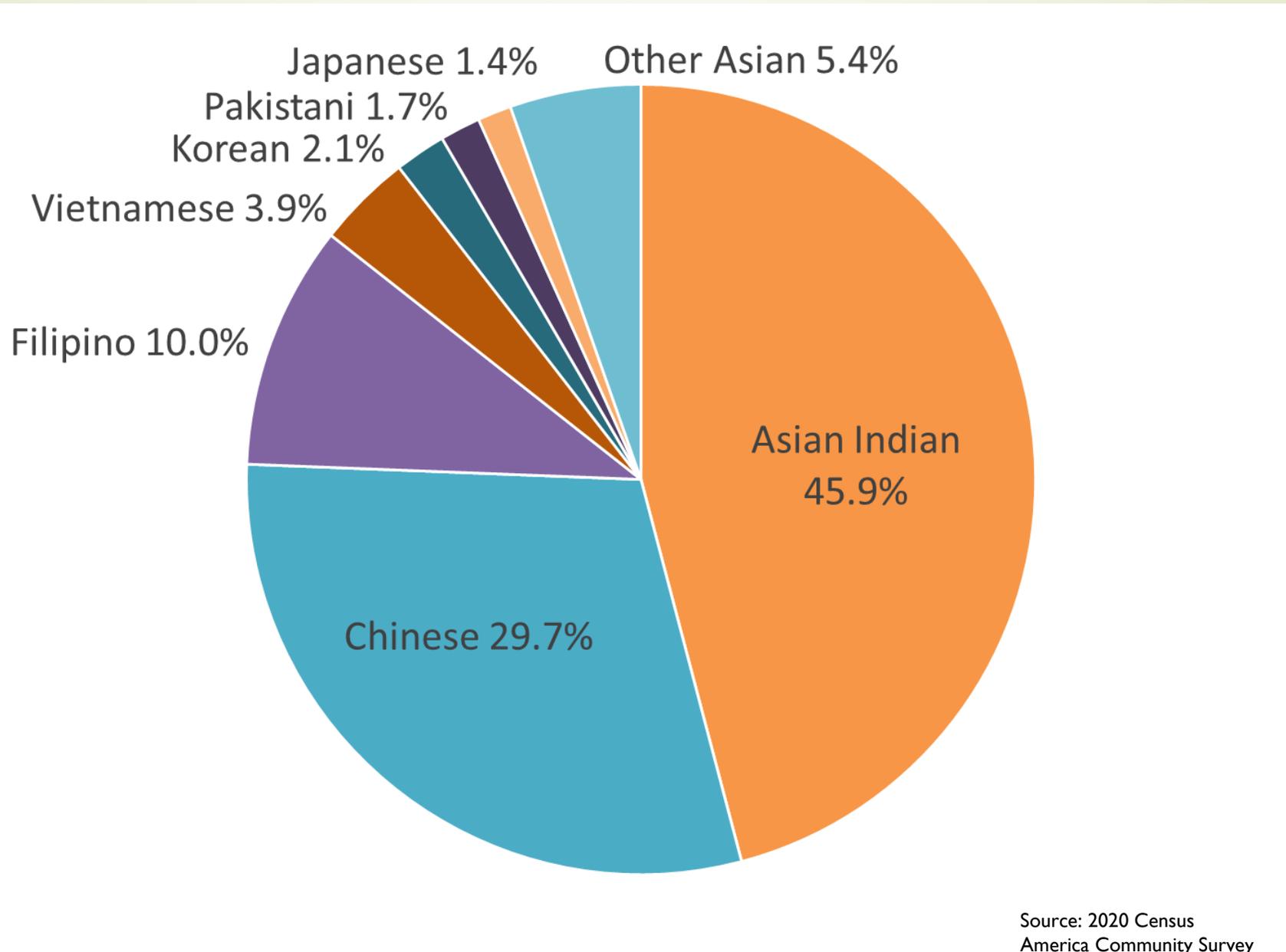


The City of Fremont's Human Service Department works to support a vibrant community through the creation and maintenance of services that empower individuals, strengthen families, encourage self-sufficiency, enhance neighborhoods, and foster a high quality of life.

Fremont's Changing Ethnicity 1980- 2020



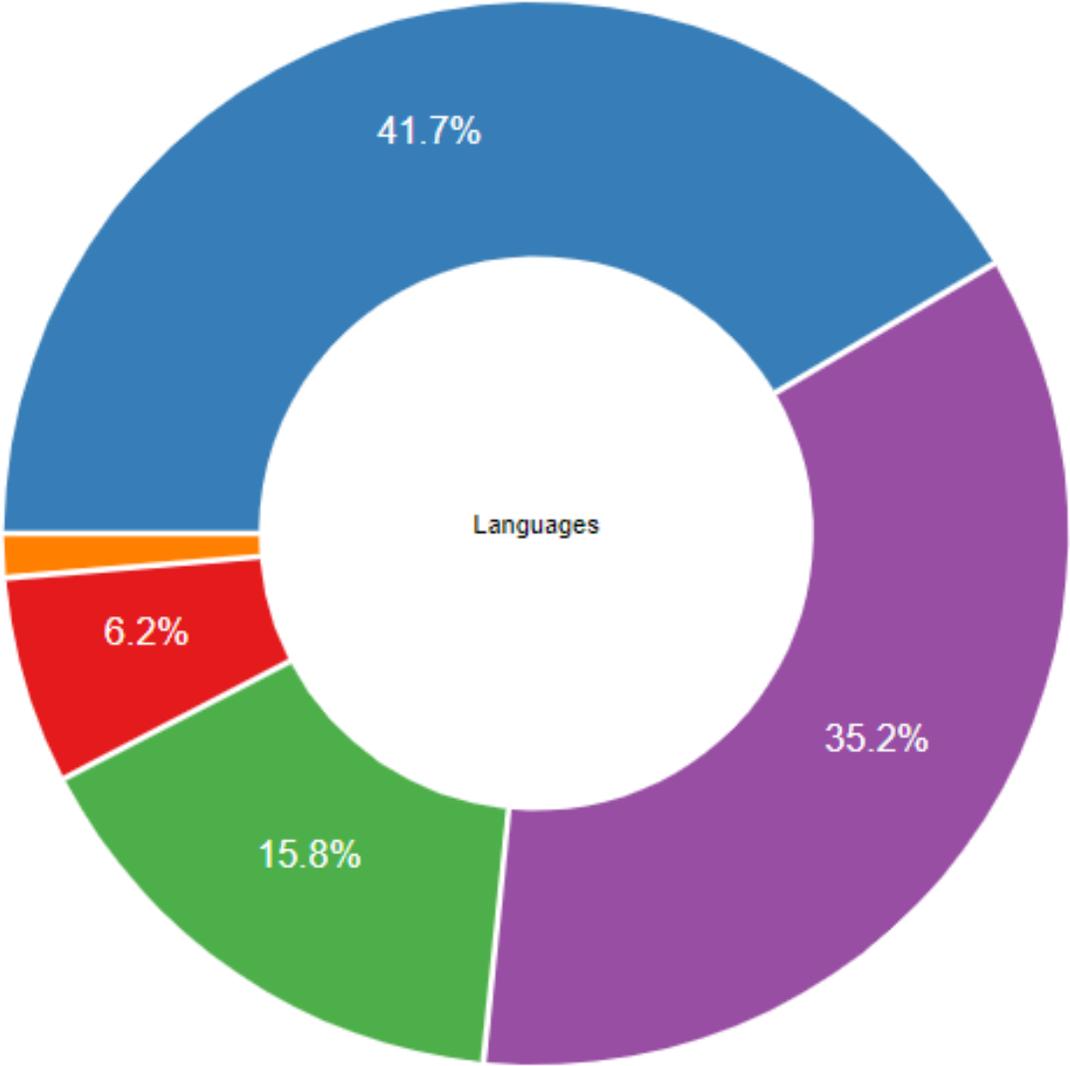
City Demographics Asian Details



Source: 2020 Census
America Community Survey

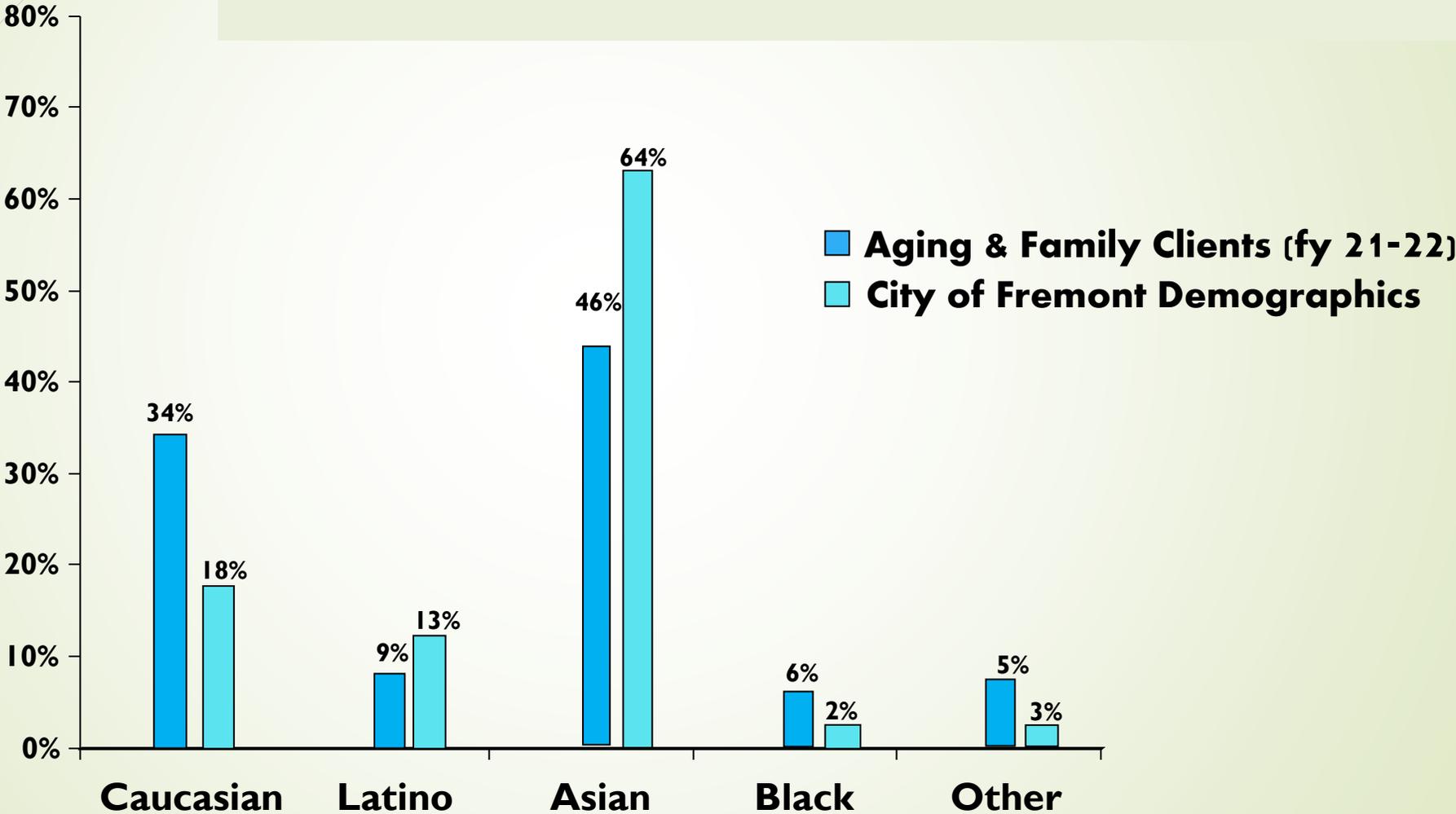
Fremont Language by Age

- All Ages
- 5-17
- 18-64
- 65+**



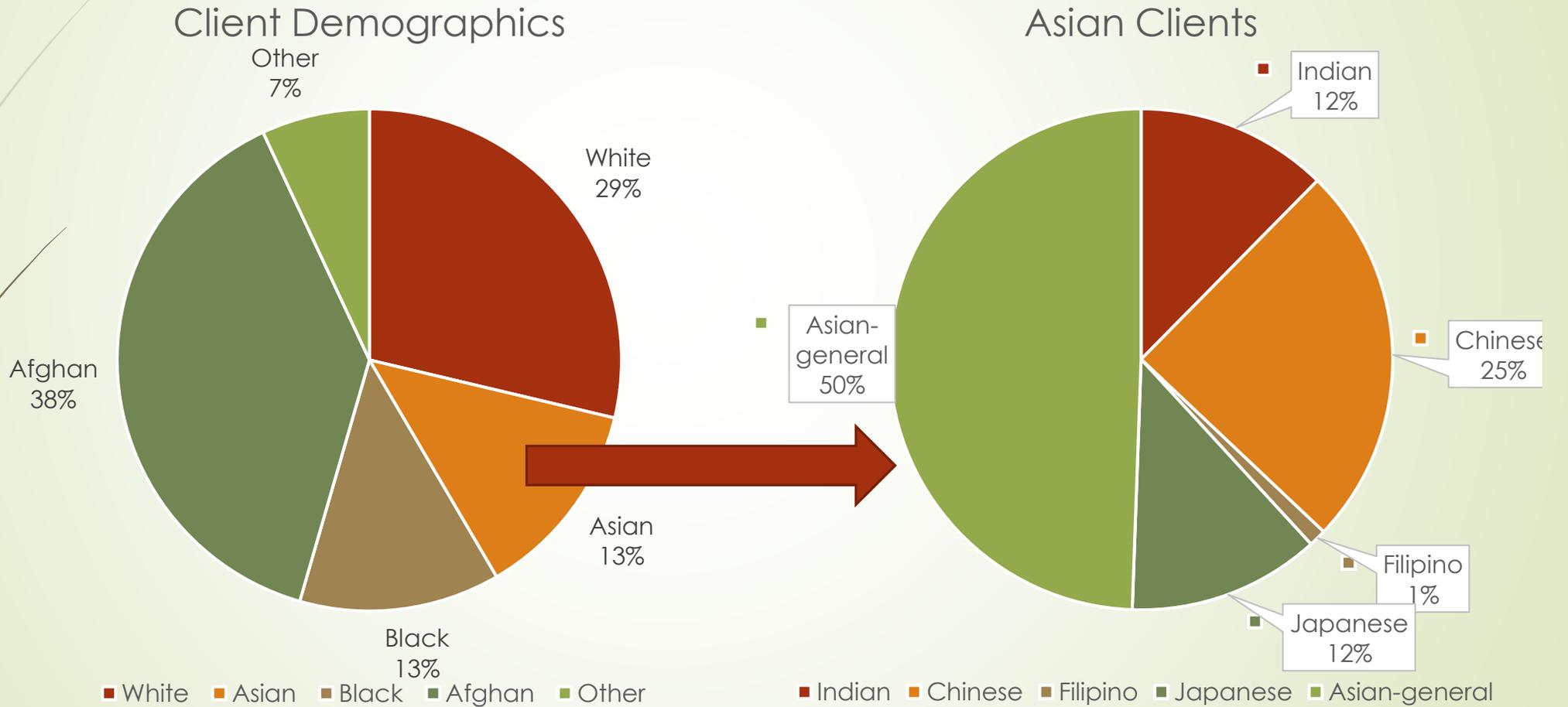
■ Only English ■ Spanish ■ Other Indo-European Languages ■ Asian and Pacific Island Languages ■ Other Languages

Aging & Family Services Client Ethnicity



Source: 1980 – 2020 & 2015 Census America Community Survey

Mobile Mental Health Client Demographics 2022



Aging & Family Current Services & Impact

Community Services

Senior Housing
Age Well Centers
Transportation

Increase Engagement & Knowledge

Case Management

Senior InfoLine
Medically Fragile
Older Adult Support

Access to Services & Support

Counseling

Family Caregiver
Senior Peer
Out-Patient MH

Increase Wellness

Aging & Family Services Current Staffing

Community Services

- Program Manager
 - Activity Coordinators
 - Housing Coordinator
 - Admin Support
 - Volunteers (100)
-
- Language Capacity:
 - Spanish, Chinese, Varied Volunteers

Case Management

- Clinical Supervisor
 - Nurse Case Manager
 - Social Work Case Manager
 - InfoLine Specialist
 - Community Ambassadors
-
- Language Capacity:
 - Chinese, Farsi, Spanish

Counseling

- Psychiatrist
 - Physician's Assistant
 - Clinical Supervisor
 - Program Coordinators
 - Counselors
 - Interns
 - Peers
-
- Language Capacity:
 - Farsi, Dari, Hindi, ASL, Chinese, Spanish Tagalog, Interns

Cultural Considerations



Fear

Isolation



Stigma

Building Trust & Investing in AAPI Relationships



Increase Engagement & Knowledge

- *Senior Housing
- *Age Well Centers
- *Faith-based partners
- *Cultural Meetings/Clubs
- *Educational Classes



Increase Access to Services & Support

- *Outreach
- *InfoLine/Chinese Line
- *Community Ambassadors
- *Emergency Responders

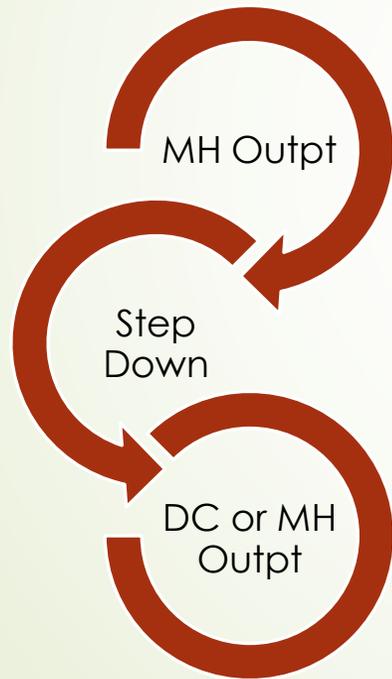


Increase Wellness

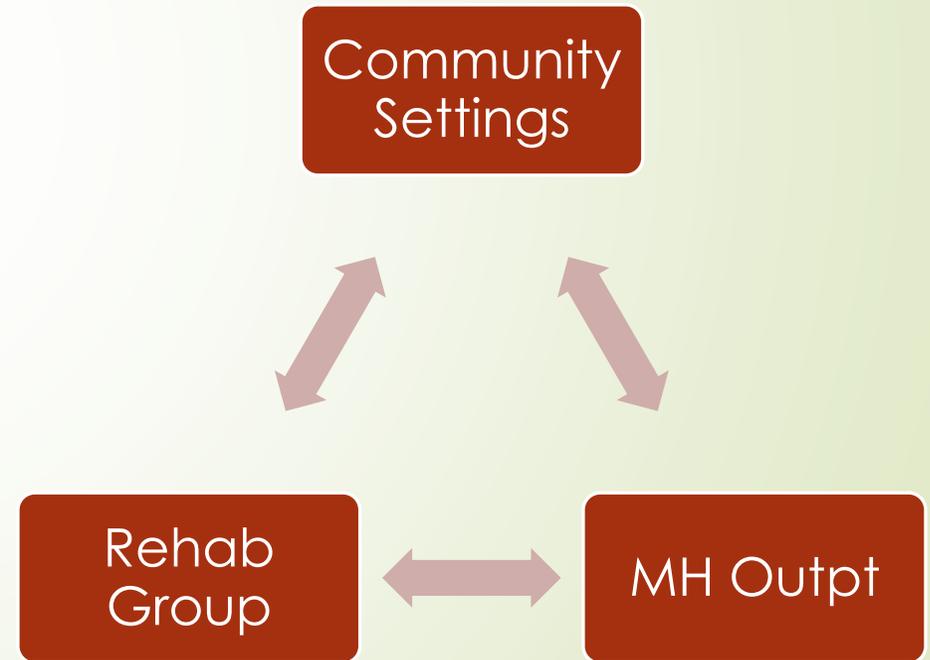
- *MH Screenings
- *Senior Peer Counseling

Shifting Mental Health Services Flow

Current Flow



Revised Flow



Program Expansion FY 23-24

Wellness Groups

Senior Housing
Age Well Centers
Faith-Based

Easy Access
HOPE** Model

Staffing

2 Additional
Counselors

Language
Capacity

Counseling

Out-Patient MH
R&R Rehab Group
Family Caregiver
Senior Peer Couns

Increased
Units of Service

**Helping Older People Experience Success – psychosocial skill training for older people with SMI

Questions ?

- Karen Grimsich, MPH
- Administrator
- KGrimsich@fremont.gov



Administrative Updates

Meeting Wrap-Up

Future Presentations:

- Podcasts
- INN Projects
- School-Based/Pupil Services
- Supportive Housing
- 2024 CA Bond Measure

Submit agenda item requests on the website





Next meeting:
Friday, June 23, 2023
1-3PM



**Alameda County Behavioral Health
 Care Services**



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thank you.

Please visit us at [acmhsa.org](https://www.acmhsa.org)