MHSA STAKEHOLDER GROUP (MHSA-SG)
Friday, February 26, 2021 (2:00-4:00pm)

GO TO MEETING TELECONFERENCE: https://global.gotomeeting.com/join/511501621

To participate by phone, dial-in to this number: tel:+18773092073,511501621#

MISSION	VALUE STATEMENT	FUNCTIONS
The MHSA Stakeholder Group advances the principles of the Mental Health Services Act and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.	*We maintain a focus on the people served, while working together with openness and mutual respect.*	The MHSA Stakeholder Group: • *Reviews* the effectiveness of MHSA strategies • *Recommends* current and future funding priorities • *Consults* with ACBH and the community on promising approaches that have potential for transforming the mental health systems of care • *Communicates* with ACBH and relevant mental health constituencies.

1. Welcome and Introductions   2:00

2. Presentation: Alameda County Community College Mental Health Navigator Program   2:10

3. Innovation Brainstorm for CPPP   3:30

4. General Updates & Announcements   3:50
   - New member applications: 0
   - CPPP Announcements: April 15, 2021 -May 19, 2021
   - ALCO Mental Health Series- Ohlone College feedback

5. Wrap-Up/Summary   3:55

6. Meeting Adjournment   4:00

Documents Attached:
- Agenda
- Meeting Minutes from January 2021
- PPT PresentationMHSA-SG Calendar (DRAFT)

MENTAL HEALTH SERVICES ACT (MHSA)
STAKEHOLDER GROUP MEETING CALENDAR, 2021 rv2

** This schedule is subject to change. Please view the MHSA website for calendar updates.

DATE	TIME	LOCATION	MEETING THEMES
January 22, 2020 (Friday)	2:00-4:00pm	Go To Meeting	• MHSA Goal Setting/Finding A Common Link • Annual Plan Update • MHSA Community Planning Meetings (CPM) Outreach & Focus Group
February 26, 2020 (Friday)	2:00-4:00pm	Go To Meeting	• Program Spotlight: WET • INN recommendations • Focus Group recruitment • Review Operating Guidelines
March 26, 2020 (Friday)	2:00-4:00pm	GoToMeeting	• Program Spotlight: IHOT Evaluation
April 23, 2020 (Friday)	2:00-4:00pm	GoToMeeting	• Program Spotlight: UELP Evaluation • MHSA Plan Public Comment/Public Hearing
May 28, 2020 (Friday)	2:00-4:00pm	GoToMeeting	• Presentation: AB2022 •
June 25, 2020 (Friday)	2:00-4:00pm	Go To Meeting	• Quarterly Program Data Review • Government Funding
July 23, 2020 (Friday)	2:00-4:00pm	Go To Meeting	• Procurement Overview
August 27, 2020 (Friday)	2:00-4:00pm	Go To Meeting	• MHSA Policy & Legislation Review
September 24, 2020 (Friday)	2:00-4:00pm	Go To Meeting	• Program Spotlight:
October 22, 2020 (Friday)	2:00-4:00pm	Go To Meeting	• Program Spotlight/Presentation:
November 19, 2020 (Friday)**	2:00-4:00pm	Go To Meeting	• Program Spotlight/Presentation:
December 17, 2020 (Friday) **	2:00-4:00pm	Go To Meeting	• End of Year Celebration/Retreat • Interview Qs

Alameda County Mental Health Services Act Stakeholder's Meeting
January 22, 2021 • 2:00 pm – 4:00 pm
TELECONFERENCE REMOTE MEETING

Meeting called to order by **Mariana Dailey (Chair)**

Present Representatives: Viveca Bradley (MH Advocate/MHAAC/AA Family Outreach), Margot Dashiell (Alameda County Family Coalition), Annie Bailey (City of Fremont-YFS), Jeff Caiola (Consumer/Berkeley Bipolar Support Group), L.D. Louis (MHAB), Elaine Peng (MHACC), Liz Rebensdorf (NAMI East Bay/MHSAAC), Katy Polony (Abode/IHOT), Mark Walker (Swords to Plowshare), Shawn Walker-Smith (MH Advocate), Sarah Marxer (PEERS/Family Member); Carissa Samuels (TAY/Student); YuanYuna Lo (TAY/Student)

ITEM	DISCUSSION	ACTION
Welcome and Introductions (Mariana)	**Mariana** reviewed conference call etiquette tips, and led a brief check-in with the group utilizing the Community Agreements and MHSA-SG Design Team Alliance (DTA) model to identify the desired atmosphere for the meeting and strategies to ensure members thrive and deal with conflict. The group would like to focus on: • Productivity • Opportunities to vote on ideas **Mariana** reviewed the word of the day ("**TOMFOOLERY**") and the game's goal to slip the word into conversation naturally without being caught. If you catch someone using the word shout "word of the day!" the game helps keep the group focused on what is being said. A $5 Starbucks gift was sent to last month's winners (Liz R and Shawn Walker-Smith) as well as the entire MHSA-SG. **Mariana** addressed group questions with locating meeting materials on the website. Mariana reviewed the MHSA-SG Stakeholder page on the website and encouraged members to navigate their page outside of sessions. Members can submit agenda items online and access archived meeting materials and current meeting agendas/minutes online. **Mariana** reviewed how to download, save, and open zip files submitted via email. **Mariana** called a vote and asked the MHSA-SG to identify which meeting objectives/agenda items to review first. The group voted to review the Annual Plan FY21/22 Ideas first. If time is allotted, the group will then preview the 5 MHSA-SG Meeting Structure elements to establish goals for the remainder of the year.	• **MHSA-SG** will review the acmhsa.org website
Annual Plan Update: Focus Group Ranking	**Mariana** reviewed the MHSA Three-Year Plan and Annual Plan Update Process and tentative timeline for FY21/22 Annual Plan Update activities which began 1/2021 and concludes 6/30/21. The timeline is challenging but meant to course correct and ensure Alameda County submits the plan based on the states calendar.	• **MHSA-SG** will review the MHSA 101 Fact sheet on the Community Input page of the acmhsa.org website

ITEM	*DISCUSSION*	*ACTION*
	The Three-Year Plan was released last spring 2020 and covers FY20/21, FY 21/22, FY 22/23. Funding is based on the tax season. The first Annual Update to the FY20/23 Three-Year Plan will cover activities, programs, services, & expenditures for FY2021/21, and will include data submitted in FY2019/20. Next year (2022) will be the final annual update of the Three-Year Plan and will cover FY22/23. A new Three-Year Plan will be developed in 2023 and will cover FY2023-26 The timeline includes the following milestones: • Plan contributors will submit their summaries by 2/5/21 • Outreach and Community Program Planning Process (CPPP) activities will conclude 2/5/21 • 30-day public comment period will be 3/15/21 – 4/19/21 • MHAB presentation 4/19/21 • BOS Health Committee review & BOS adoption by 6/30/21 **Mariana** reviewed data from the Community Program Planning Process (CPPP) for the FY20/23 Three- Year Plan. Data included focus group information, public comment summaries, and survey rankings. All data is included in the CPPP summary of the Three-Year Plan which can be referenced in the Table of Contents. All focus group and survey submissions are located in the appendices. **Mariana** encouraged the group to review these sections of the Three-Year plan, and review MHSA-SG minutes from the Fall when CPPP data was reviewed with the group. **Mariana** encouraged the MHSA-SG to continue submitting innovative ideas on the Innovations Idea Form on the acmhsa.org website. **Mariana** reviewed the current activities for the Annual Plan Update for FY21/22 and provide commentary/ideas to help with the following activities: • Identify 2-3 Focus Groups targeting underserved/unserved communities identified from the Three-Year Plan: **Shaun/Sarah/LD**: *TAY Consumers (JJC/Probation – Juan T., Mental Health Providers: PEI TAY Providers, STARs, Fred Finch, PEERS, BACS, local colleges, high school-Rashad E./SBHC/Boldly Me, Felton Institute-Tanya Mc.)* **Liz:** *non-TAY consumers to address stigma* *Sarah: Spanish-speaking population (PEI)*	• **MHSA-SG** will review the CPPP and appendices section of the Three-Year Plan • **MHSA-SG** can submit innovative ideas on the acmhsa.org website

ITEM	DISCUSSION	ACTION
	Katy/Liz/Shawn: *Families/loved ones with SMIs (NAMI)* **Carissa**: *Immigrant/refugee population (Carissa/Ohlone, UELP, Afghan Coalition, Mac, Center for Healthy Schools & Communities)* *Viveca/Margot/Mark/Sarah: AA/Black TAY male/veteran/homeless (PEERS, AA, Swords to Plowshares)* **Shawn/Katy/Jeff**: *Law Enforcement (CIT-trained city police (MET Team in Fremont), sheriff, Federal/local Probation). Judicial. Courts (Public Defender, District Attorney)* • MHSA and HHREC will host an educational podcast, please identify some podcast ideas: **Sarah:** Black mental health **LD/Annie:** COVID-19 on community mental health **LD/Liz-NAMI Board Members:** Rise of Telehealth & Dr. Tribble's broadcasts- What does this mean? Impact on youth? • MHSA will host a "How to Read the Plan" webinar • MHSA and MHAB will host a presentation at the close of the 30-day public comment period **Mariana** will follow-up with group members next week and identify contact agencies for focus group populations.	
MHSA-SG Administrative Updates/Membership and Announcements (Mariana)	**Mariana** asked the group to review recent legislative updates located in their meeting packet. MHSA has not received new member applications.	
Wrap-Up/Summary (Mariana)	Next MHSA-SG meeting will feature a presentation from WET unit and Ohlone College. **The group identified future meeting topics**: • March 2021: Review AB 2022 • Review the 5 meeting structure elements • Review Interview Questions • Operating Guidelines • Presentations from MHSA projects/programs	• **Mariana** requests membership biographies from new members • **Mariana** will send a SurveyMonkey to update member's contact information • **Mariana** will send an email to summarize today's meeting and required reading materials

ITEM	DISCUSSION	ACTION
		for the next MHSA-SG meeting • **The group** will review Operating Guidelines and the CPPP section of the Three-Year Plan

Next Stakeholder meeting: Friday, February 26, 2021 from 2-4 p.m. LOCATION: GoToMeeting webinar

MHSA-SG MEETING

ALAMEDA COUNTY BEHAVIORAL HEALTH CARE SERVICES, MHSA DIVISION

4TH FRIDAYS EVERY MONTH, 2-4PM

FACILITATOR/COORDINATOR:

MARIANA DAILEY MPH, MCHES

HELLO
MY NAME IS

Community Agreements/DTA

Atmosphere?
The feeling we want to create

Thrive?
What we need to do our best work

Deal with Conflict?
How we'd like to handle difficulties/conflicts
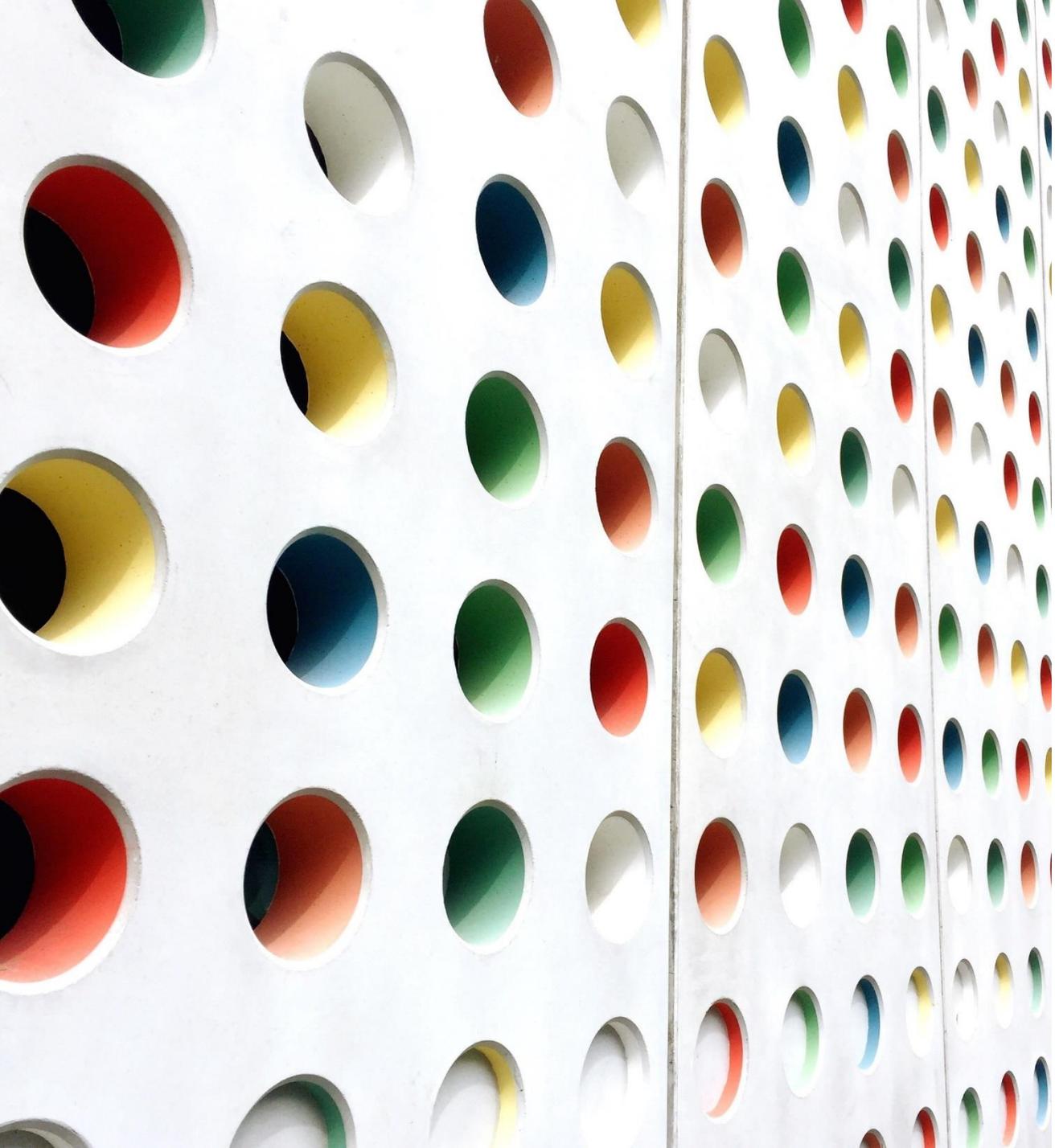
Meeting Objectives

- Welcome & Introductions
- Alameda County Community College Mental
  Health Navigator Program Presentation
- Innovation Brainstorm for CPPP
- General Updates & Announcements
- Wrap Up/Adjourn

Alameda County Community College Mental Health Navigator Program

Sang Lang Trieu & Tyler Bennett

Alameda County Community College Mental Health Navigator Program

Presented to:

Alameda County MHSA Stakeholder Meeting
Friday, February 26, 2021

OHLONE
COLLEGE

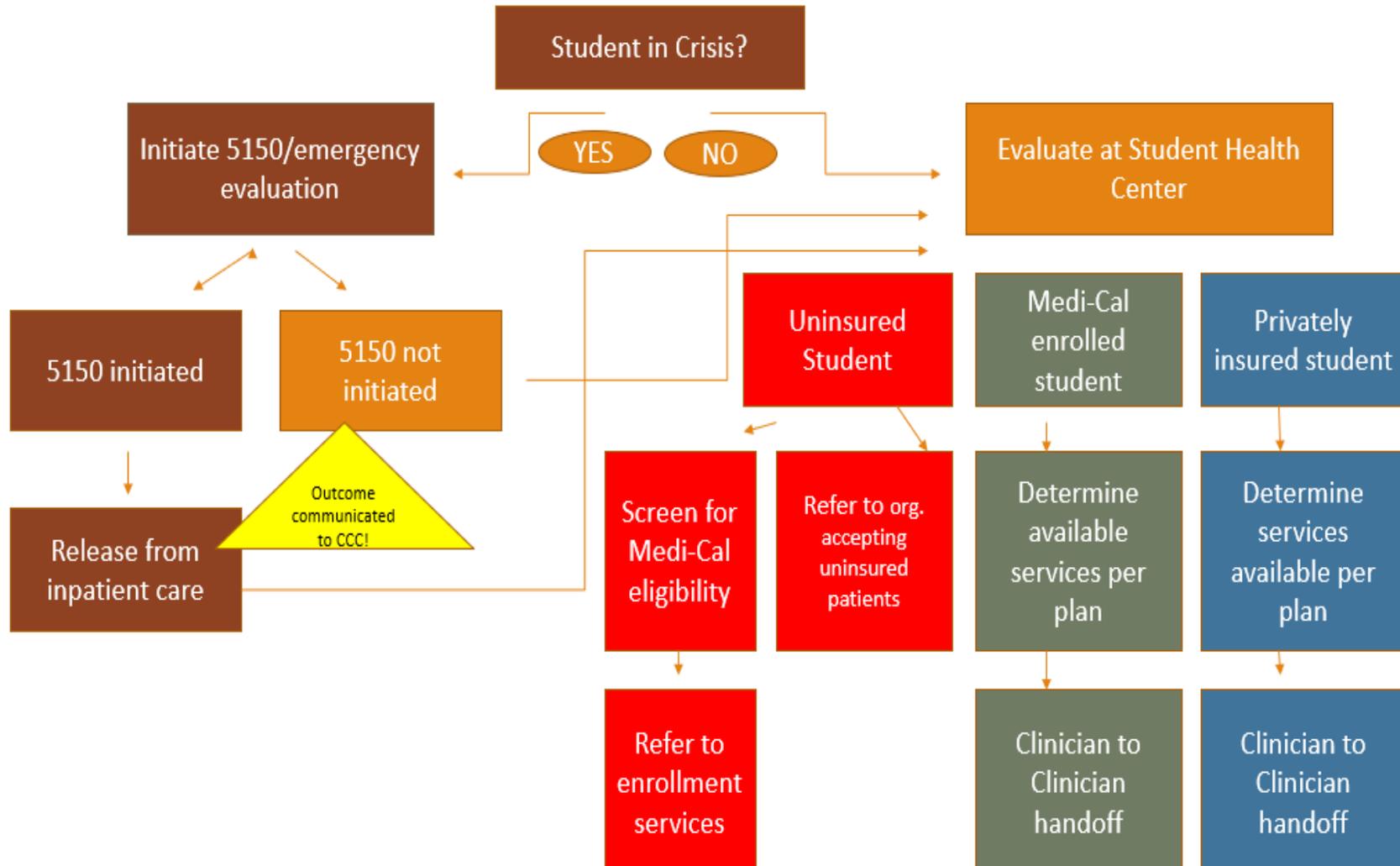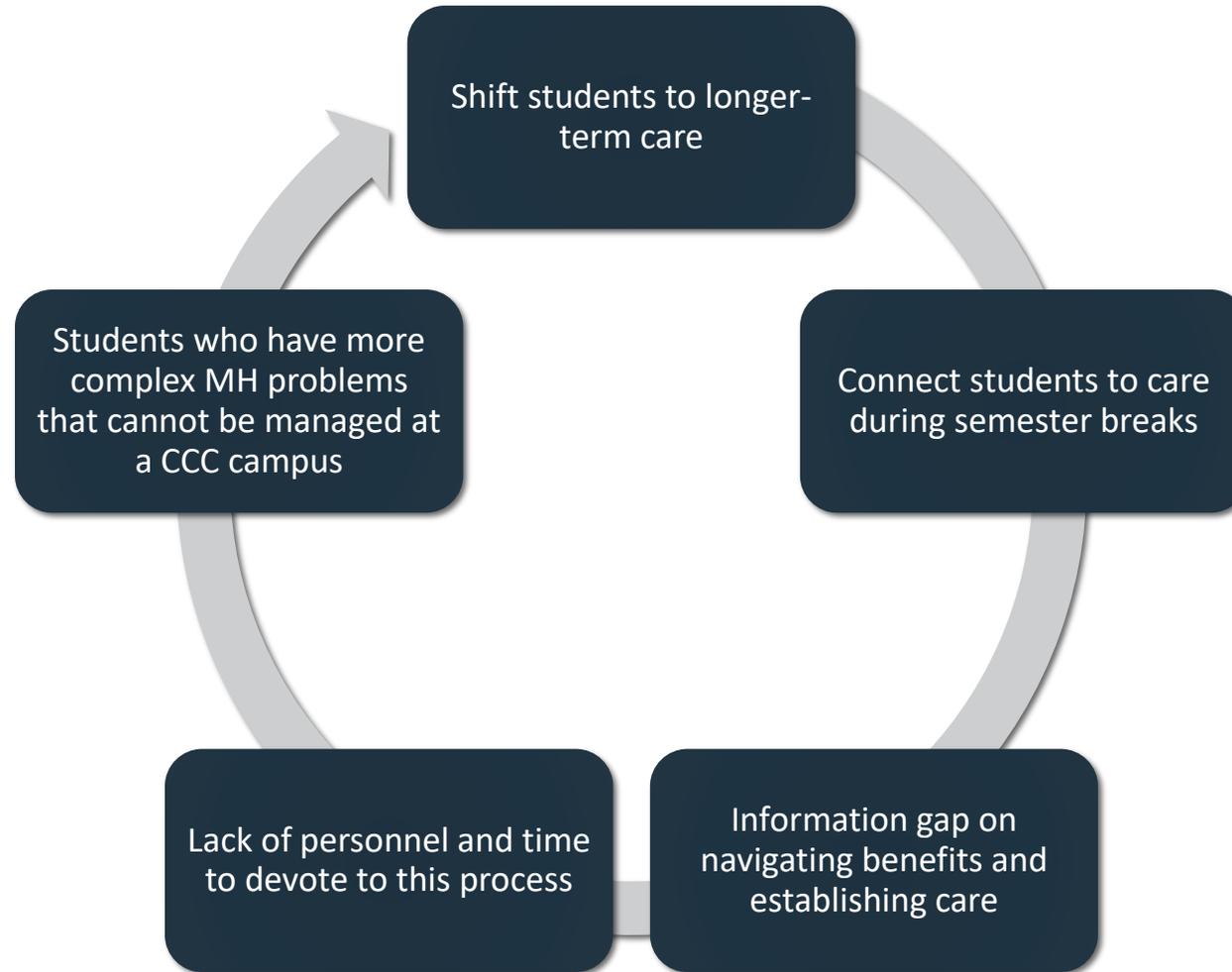# Pilot Project Funding

This project is being funded by Alameda County Behavioral Health's Workforce Development, Education and Training division

The Ideal Referral Process

The Need to Improve the Referral Process and Barriers to Doing So

- Shift students to longer-term care
- Connect students to care during semester breaks
- Information gap on navigating benefits and establishing care
- Lack of personnel and time to devote to this process
- Students who have more complex MH problems that cannot be managed at a CCC campus

Student Navigator Cohort

Berkeley City College	Chabot College	Laney College	Ohlone College
• Tyler Bennett • Octavia McKinney • Chandler Macik • Clinishia Wilson Oneal	• Sarah Corrao	• Richard Chen	• Ariana Cruz • Kimberly Hernandez • Sara Suboh • Christian Aleman
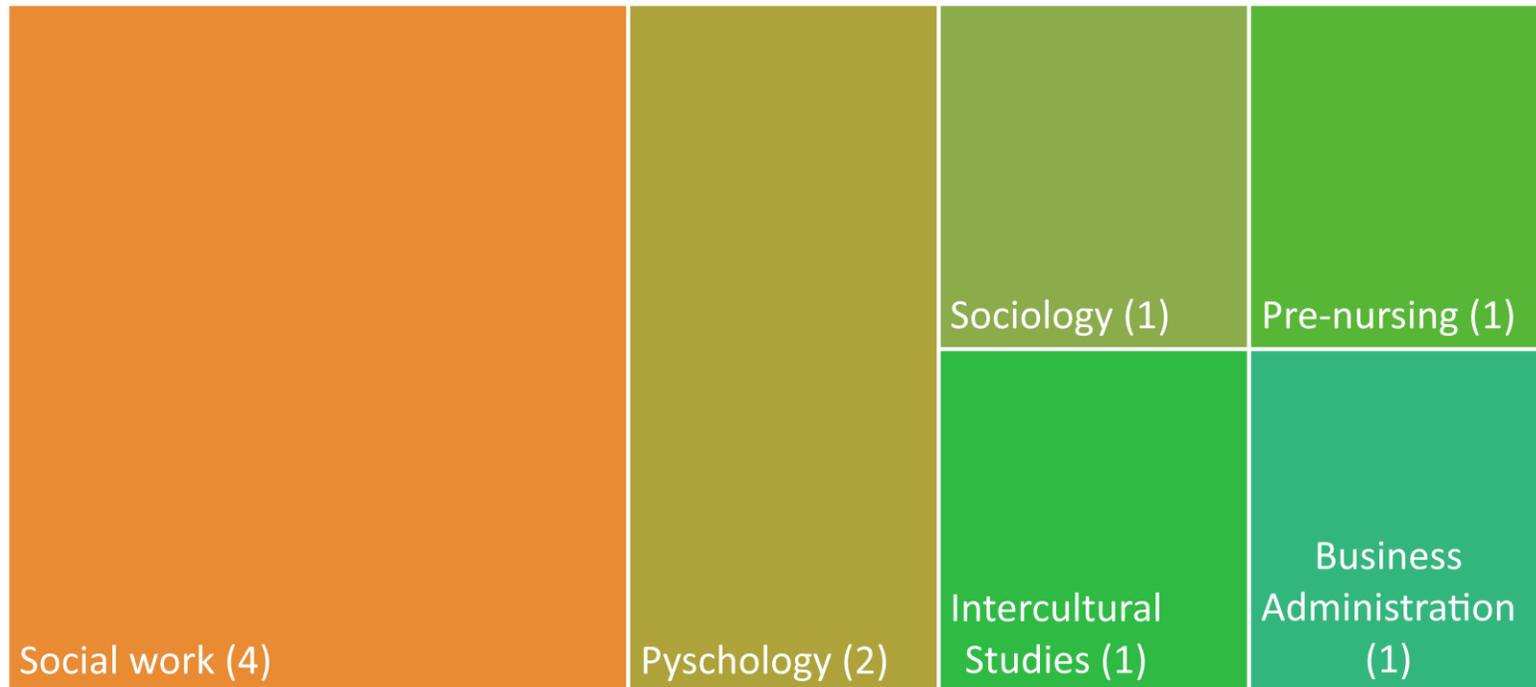
Program Components

Training

- 8 module training program
- Build students' knowledge, skills, and level of self-efficacy to facilitate continuity of care for their peers

"Warm hand-off" protocols development

- Meet with mental health counseling team to create a "warm hand-off" protocol and checklist

Navigation Support

- Meet with student clients to "navigate" and ensure that they are connected to their subsequent source of care

Peer Learning

- Convene on a monthly basis to share:

✓ agency practices
✓ eligibility requirements
✓ successes and challenges associated with navigation support efforts

Training Curriculum

- Primer on the U.S. Healthcare System
- Agency practices and eligibility of CBOs
- Campus-based mental health services
- Confidentiality and mandatory reporting
- Continuum of Care
- The Community Mental Health System
- Healthcare coverage options
- Emerging trends & data on college mental health
- Whole Person Care
- Warm-hand protocol & checklist
- Support and follow-up of clients
- Documentation of progress
- Navigation support practice session

Community Agency Showcases

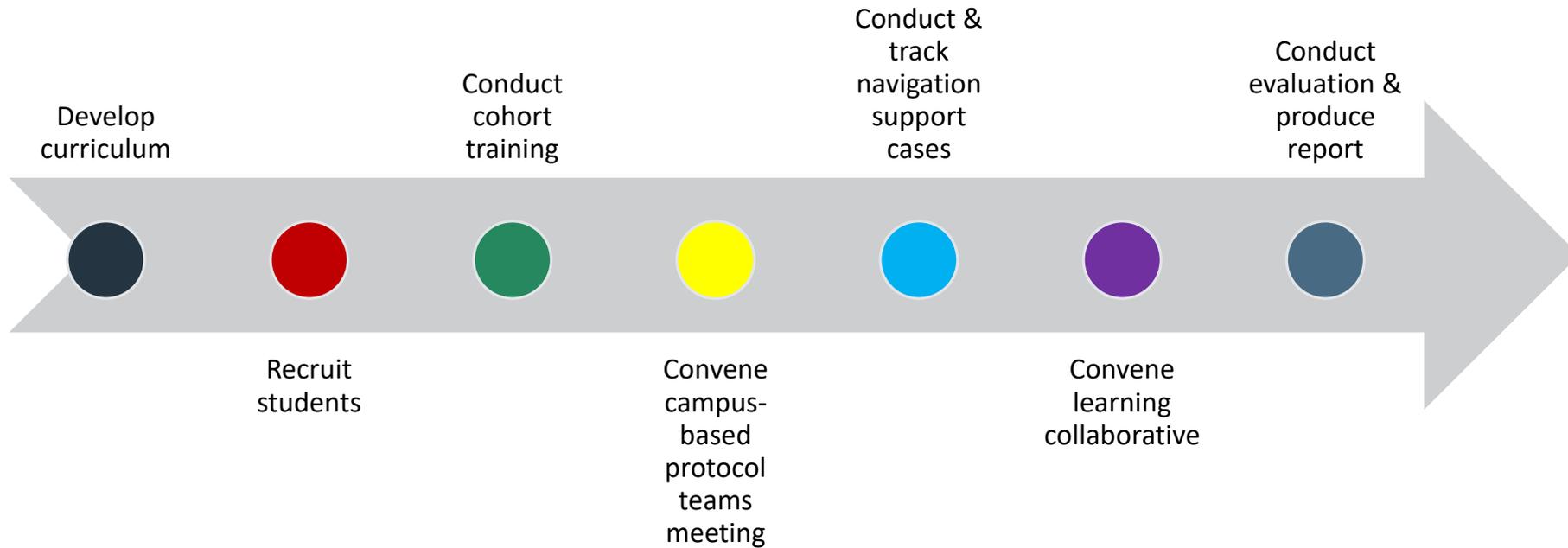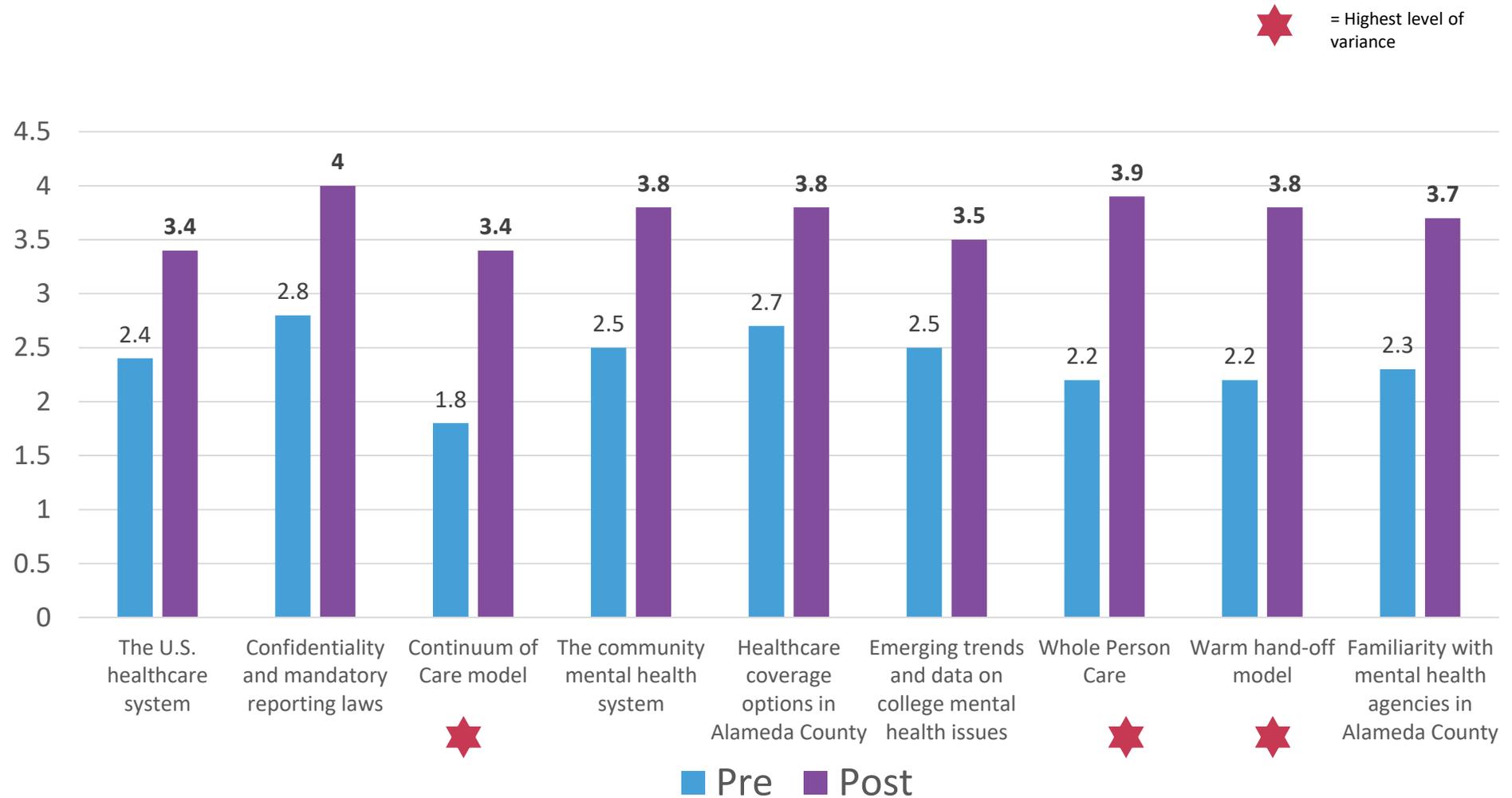|		
Cal State East Bay Community Counseling Clinic	Bay Area Community Health	KCCEB Wellness Program
Side by Side	Crisis Support Services of Alameda County	Cultura y Bienestar's La Clinical de Raza
Axis Community Health	Alameda County Behavioral Health Services ACCESS program	Center for Somatic Psychotherapy

Students' level of confidence with select skills
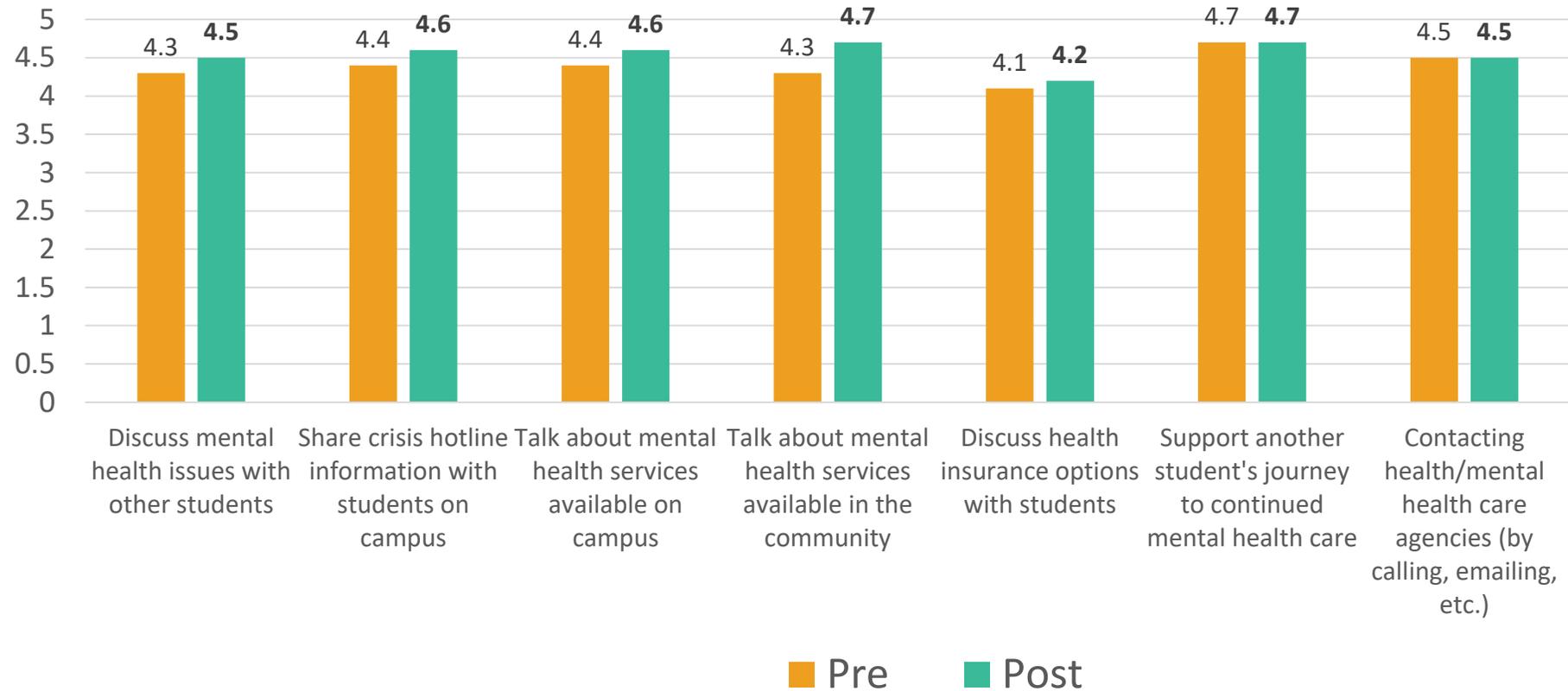
Alameda County Community College Mental Health Navigator App

Presented by Tyler Bennett

Why did we make an app?

- One of the main roles of the Mental Health Navigators is resourcing students out to Community Health Organizations.
- How would we keep track of the dense information we needed?
- Other tools/websites out there weren't as complete or easy to interface as we would have liked.
- A spreadsheet or document/folder system is not quick enough or as easy to organize

How will we use it?

- What does it contain?
  - A searchable database for key criteria
  - A map
  - Our Navigator Toolkit.
- Instant feedback from our team
- The app can be installed as a shortcut to any iOS or Android device
- It can also be used in browser as shown
 - https://superb-land-9903.glideapp.io/

How does it work?

- The app is populated from a Google Sheet and made in [Glide](#)
  - The Google Sheet is fully automated from Google Forms
    - [Google Form Automation](#)
- No client information stored or shared on the app
  - HIPAA and FERPA Compliant

Future Additions and Possibilities

- We will be adding a "Resources" tab for hotlines and organizations which concentrate on our clients "whole person" needs
- This app is changeable and we can adjust based on feedback from our team (which is why we are adding in the "Resources" tab)
- It would be possible to develop this into something client facing.
  - Let student use an app like this themselves to find where they could go from services.
- I am brainstorming automation methods to establish links to Community Health Organizations to allow monthly updates to their information (like waiting times, contact information process, etc)
- It would be possible to establish an app similar to this for private therapists
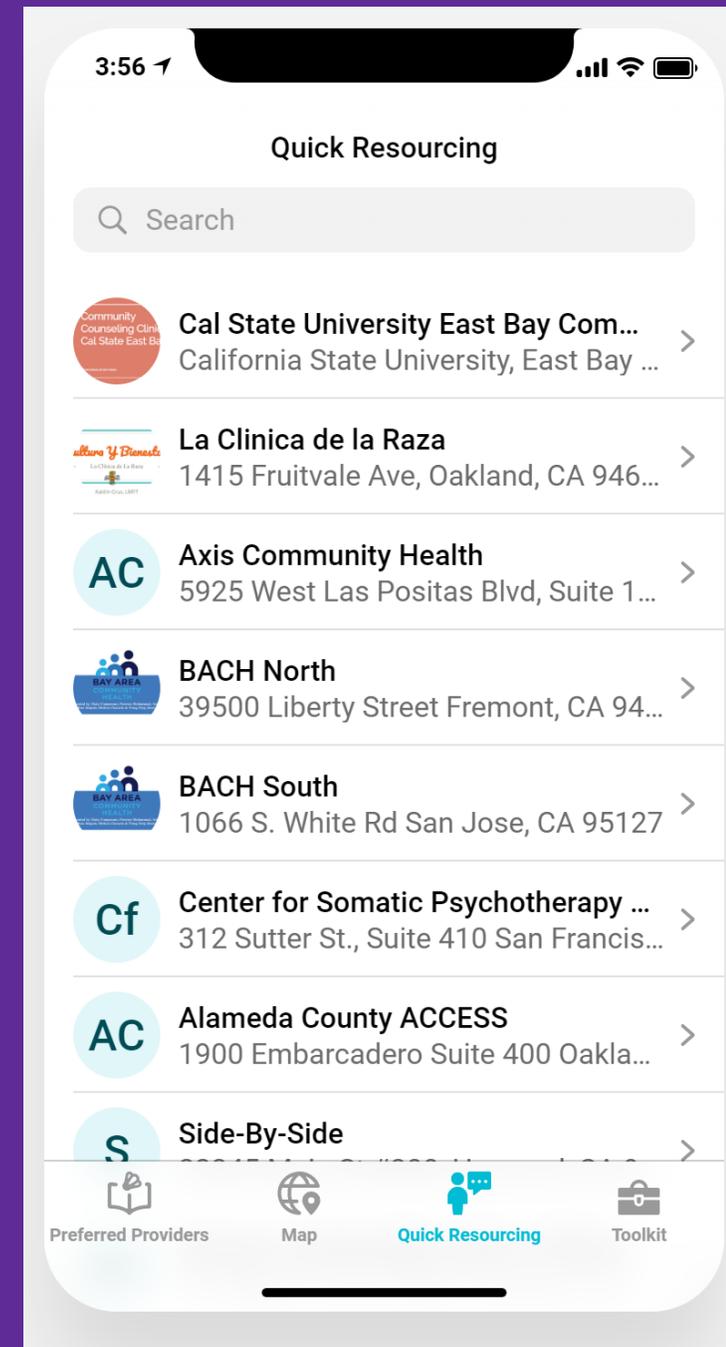
Comments or Questions?

Innovation Brainstorm for CPPP

MHSA Innovative Ideas

COMMUNITY HOLISTIC RESPONSE TEAM ($1M)

How do YOU feel about a *COMMUNITY HOLISTIC RESPONSE TEAM*
- What do holistic health services look like?"
- What would be the ingredients/components we should consider when creating a community holistic response team?

Definitions:

Community Response Team: Community-based or interagency team that targets African Americans and Latinx communities to support (non-crisis) urgent needs, social supports, and community treatment, short-term and long-term referrals and linkages, disaster response. The team would include non-traditional responders, faith-based agencies, partners supports, and community organizations.

Holistic approach: includes partnerships with behavioral health organizations, social services, other tea advocacy groups, interfaith organizations, short-term housing partners, etc.:

MHSA Innovative Ideas

New **INN SERVICE TEAM MODEL** ($1.5M)

How would you develop a new service team model?

General Updates/Announcements

Meeting Wrap-Up

- FUTURE PRESENTATION: AB2022

- SUBMIT IDEAS ON THE INN IDEAS FORM ON THE INN WEBPAGE

- SURVEY MONKEY (UPDATE CONTACT INFORMATION)

- MEMBER BIO

- THREE YEAR PLAN –CPPP SECTION

- REVIEW OPERATING GUIDELINES & CODE OF ETHICS

- CELEBRATE YOUR ACCOMPLISHMENTS!

THANK YOU

Next Meeting:
March 26, 2021
2:00 pm– 4:00 pm
Location (Virtual)

** Stipends: Follow-up with Mariana Dailey**