



ALCOHOL, DRUG & MENTAL HEALTH SERVICES
 MANUEL JIMENEZ
 DIRECTOR



WELLNESS • RECOVERY • RESILIENCE

2000 Embarcadero Cove, Suite 400
 Oakland, California 94606
 (510-) 567-8100 / TTY (510) 533-5018

MHSA STAKEHOLDER GROUP

Friday January 27, 2017

2:00-4:00pm

2000 Embarcadero Cove, Oakland
 Sequoia Conference Room – 1st Floor

To participate by phone, dial-in to this number: (641) 715-3580

Participant access code: 346-748

MISSION	VALUE STATEMENT	FUNCTIONS
<p><i>The MHSA Stakeholder Group advances the principles of the Mental Health Services Act and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.</i></p>	<p><i>We maintain a focus on the people served, while working together with openness and mutual respect.</i></p>	<p>The MHSA Stakeholder Group:</p> <ul style="list-style-type: none"> • <i>Reviews</i> the effectiveness of MHSA strategies • <i>Recommends</i> current and future funding priorities • <i>Consults</i> with BHCS and the community on promising approaches that have potential for transforming the mental health systems of care • <i>Communicates</i> with BHCS and relevant mental health constituencies

- I. 2pm - **Staff Reports** [Carl Pascual]
 - a. Membership Recruitment: Consumer, Family Member
 - b. Leadership transitions and news [Dr. Karyn Tribble, Tracy Hazelton]

- II. 2:30pm – **Program Presentation**
 - a. Alameda County Network of Mental Health Clients – Reaching Across

- III. 2:45pm - **Plan Update FY16-17**
 - b. Planning Timeline:
 - i. Today – Distribute **Plan Update (First Draft)**
 - ii. Feb 24 - Stakeholder Comment on **Plan Update (First Draft)**
 - iii. March 3 – **Plan Update (Public Draft)** released for public comment
 - iv. April 10 – Public Hearing hosted by MHB
 - v. End of April – BOS Health Committee presentation

MHSA Stakeholder Group ROSTER (Non-Staff Only)

First Name	Last Name	Agency/Affiliation	Gender/Orientation	Consumer?	Family Member?	Provider/Other?	MH Board?	Age Group serving? CY-TAY-A-OA	Area of County serving? N-C-S-E	Ethnicities serving?
1	Alane	Friedrich	Mental Health Board	Female			1	All	N	All
2	Viveca	Bradley	Pool of Consumer Champions	Female	1			OA	N	All
3	James	Scott	Reaching Across	Male	1			TAY, A, OA	C,S,E	All
4	Cecilia	Wynn	Pool of Consumer Champions	Female	1			A	C	AfAm
5	Margot	Dashiell	Alameda County Family Coalition	Female		1		A	N	AfAm
6	Yvonne	Rutherford	African American Family Support Group	Female		1		All	N	AfAm
7	Liz	Rebensdorf	NAMI	Female		1		All	N	All
8	Penny	Bernhisel	Telecare	Female			1	OA	N,C,S	AfAm, C
9	Karen	Grimsich	City of Fremont	Female			1	OA	S,C	All
10	Janet	King	Native American Health Center	Female			1	All	N	NA
11	Tracy	Murray	Area Agency on Aging	Female			1	A, OA	All	All
12	Gwen	Wilson	G.O.A.L.S. For Women	Female/Lesbian			1	A	N	AfAm
TOTALS					3	3	5	1		



ALCOHOL, DRUG & MENTAL HEALTH SERVICES
AARON CHAPMAN, M.D.,
INTERIM DIRECTOR

2000 Embarcadero Cove, Suite 400
Oakland, California 94606
(510-) 567-8100 / TTY (510) 533-5018

MENTAL HEALTH SERVICE ACT ALAMEDA COUNTY STAKEHOLDER GROUP

OPEN NOMINATIONS FOR:

CONSUMERS OF MENTAL HEALTH SERVICES FAMILY MEMBERS

The Mental Health Services Act (MHSA), or Proposition 63, provides Alameda County with a unique opportunity to fund innovative mental health programs for clients with long standing unmet needs.

The mission of the MHSA Stakeholder Group is to advance the principles of the MHSA and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.

Stakeholders strive to maintain a focus on the people served, while working together with openness and mutual respect. The functions of the Stakeholder Group include:

- Reviewing the effectiveness of MHSA strategies
- Recommending current and future funding priorities
- Consulting with Behavioral Healthcare Service Agency and the community on promising approaches that have potential for transforming the mental health systems of care
- Communicates with relevant mental health constituencies

The Stakeholder Group will meet on the fourth Friday of each month from 2-4pm. Stipends are available for family members and consumers who are not otherwise compensated for their time during meetings.

HOW TO NOMINATE A STAKEHOLDER: Please consider the attributes and interests of your colleagues and identify a nominee by filling out the online form. Self-nominations are also accepted. Please go to <http://www.acprop63.org/stakeholders/join.htm>

Direct any questions to Carl Pascual, Senior MHSA Planner at cpascual@acbhc.org

Reaching Across

Location

Our office is located at:
3833 Peralta Boulevard, Suite D
Fremont, CA 94536

Near the corner of:
Fremont Boulevard and Peralta
Avenue

Access by AC Transit Bus:

- #216 from
Union City BART
- #216 from Fremont BART
- #99 from either
Ohlone College
or
Fremont/Alvarado Blvd in Union City

Telephone: (510) 745-9500



MHSA STAKEHOLDER PACKET

Reaching Across Director

J. "Scotty" Scott has served as the Director of "Reaching Across" for over 20 years. The Alameda County Board of Supervisors and Alameda County Mental Health Board awarded him the "Alameda County Community Services Award" for his compassion, outstanding achievements and leadership. The state of California awarded him the "Hero Award" as a way to highlight his many outstanding achievements and extend to him special recognition for his over twenty years of compassionate help to people suffering from serious psychological and physical problems.

He graduated from the University of California at Berkeley and is a nurse.

Assistant Director

Rev. Barbara Meyers has served as the part time Assistant Director for over twelve years.

She graduated from UCLA and worked as a computer programmer for IBM before becoming a minister and joining Reaching Across.

"Whatever form we are – able or disabled, rich or poor – it is not how much we do, but how much love we put in the doing; a lifelong sharing of love with others."

Mother Teresa

"At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us." Albert Schweitzer

"Every human being has a great, yet often unknown, gift to care, to be compassionate, to become present to the other, to listen, to hear, and to receive. If that gift would be set free and made available, miracles could take place." Henri J.M. Nouwen

"May I not so much seek to be consoled as to console; to be understood, as to understand; to be loved as to love; for it is giving that we receive, it is in pardoning that we are pardoned." St. Francis

Reaching Across



Life Reaching Across to Life

People Reaching Across to People

The people with emotional and physical problems who come to *Reaching Across* are considered valuable people with important insights who are capable of helping both themselves and others.

Program Director:

J. "Scotty" Scott

Address:

3833 Peralta Boulevard
Suites C and D
Fremont, CA 94536

Telephone:

510-745-9500

Reaching Across

Philosophy

While some of the staff at the *Reaching Across* organization are nurses and people with college degrees, the focus is on people who have themselves struggled through challenging situations. People are strongly encouraged to share their difficult experiences with people suffering with similar problems. The people with emotional and physical problems who come to *Reaching Across* are considered valuable people with important insights who are capable of helping both themselves and others.



Reaching Across

Program

Reaching Across is a program in which people with emotional problems and illnesses help each other and help themselves by offering mutual support, by taking part in activities, and by listening to speakers. Everyone in the program is encouraged to share responsibility for the program by taking an active part in it.



A nurse attends every meeting to help facilitate discussions and provide information.

Some people who come to the *Reaching Across* office are consumers of various mental health services. These may include help provided by psychologists, marriage counselors, psychiatrists, hospitals, ministers and support groups. Other people who come to the office are not receiving any help from various counselors or organizations. They feel that they could someday need counseling due to stress or other problems or illnesses. They come to help prevent future problems or to prevent a reoccurrence of past problems.

People may also come to the office when they are lonely or need other help (ideas on education, jobs, housing, etc.).

We both help people directly and refer people to other organizations and to doctors.

Reaching Across

Discussion

Group discussions include such topics as: emotions, goals, relationship problems, depressions, divorces, deaths of relatives and friends, family problems, job losses, hospitalizations, finding new jobs, various mental health problems, and other subjects clients wish to discuss.



Activities

Our activities include:

- recovery groups
- job groups
- taking group hikes
- Wellness Recovery Action Plan Groups
- going to Oakland A's baseball games
- yoga classes and picnics
- having group bicycle trips
- working on craft projects
- snacks and soft drinks at coffee shops
- sharing a yearly restaurant dinner
- Thanksgiving and Christmas parties
- Courses on Computers for jobs/colleges.

Speakers

Speakers have spoken on such topics as:

- finding volunteer and paid work
- health insurance
- obtaining and keeping types of state and federal disability insurance (Social Security Disability)
- finding low cost housing
- techniques to improve communication

The Life Reaching Across to Life Organization



James "Scotty" Scott, Director
Rev. Barbara F. Meyers, Assistant Director

3833 Peralta Blvd, Suite D, Fremont, CA 94536
A program of the Alameda County Network of Mental Health Clients

Peer Run Mental Health Center

- **Philosophy:**
 - Help each other
 - Help ourselves
- **Multi-service Center:**
 - Wellness activities
 - Support groups
 - Peer counseling
- **20 years in Fremont**
- **Award winning leaders**



Scotty Named 2016 Local Hero by California Senator Bob Weickowski

Awards have been given to program leaders Scotty Scott and Rev. Barbara Meyers from the Mental Health Association, the Mental Health Board, the State of California, and the Unitarian Universalist Association.

Certificates of Appreciation

Individualized and presented to over 60 people each year



Story: Gary

- Intern from BestNow!
- Joined part time staff 5 years ago
 - Leads Meditation
 - Leads Arts and Crafts
- Attends college
- Before joining staff, had not worked or taken any college courses for 10 years



Story: Karen

- Attendee for 15 + years
- No hospitalizations for 7+ years
- Part time jobs
- Stable Housing
- Raised 3 beautiful children who are all college graduates
- Helping to raise her grandson

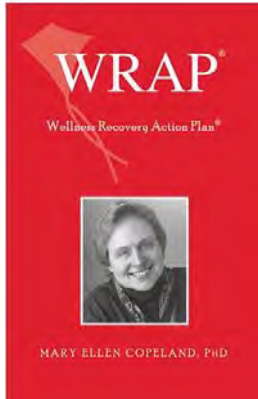


Story: Vincent

- Attendee for 5 years
- Now works part time:
 - As a Tai Chi Teacher at Reaching Across
 - As an employee at a record store
- Previously inactive.
Now:
 - Joins 2-mile Reaching Across group walks
 - Enthusiastic bowler



Peer Support and WRAP[®] Groups



Music and Events



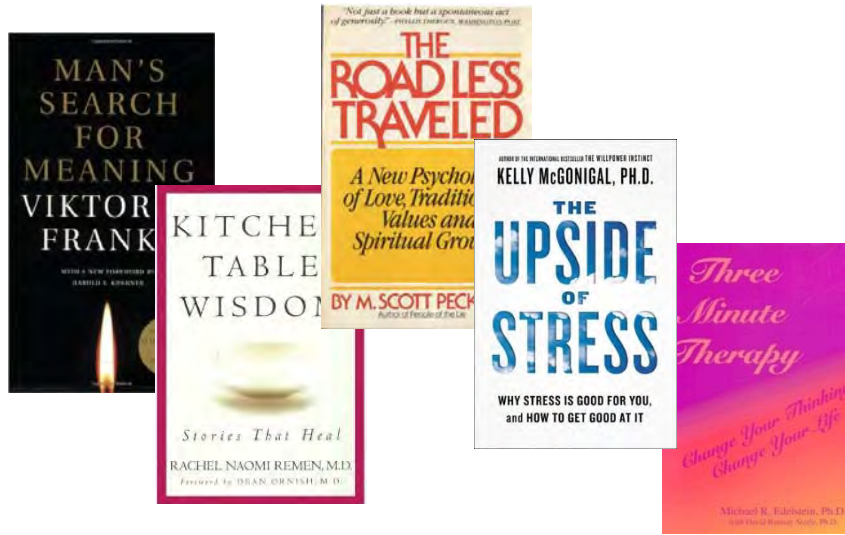
Picnics, Outings, Group Walks



Yoga, Meditation, Spirituality, and Drumming



Book Discussion



Arts and Crafts



Story: Kathryn



- Attendee for 10+ years with no hospitalizations
- Working:
 - Math tutor
 - NAMI Peer-to-Peer organizer
- Active in her church
- Excellent cook
- Devoted wife and friend

Alameda County Network of Mental Health Clients

Executive Director: Katrina Killian

- Best Now!
- Berkeley Drop-in Center
- Tenant Support Program
- Reach Out
- The Life Reaching Across to Life Organization

The administrative office of the Alameda County Network of Mental Health Clients is at 3238 Adeline Street, Berkeley, CA kkillian@acnetmhc.org 510-652-7451

Contact Information

James “Scotty” Scott

Director of The Life Reaching Across to Life Organization

3833 Peralta Blvd, Suite D, Fremont, CA

Phone: 510-745-9500

Email: jscott@acnetmhc.org

Website: www.acnetmhc.org

Rev. Barbara F. Meyers

Assistant Director of The Life Reaching Across to Life Organization

Mental Health Community Minister

Phone: 510-796-5722

Email: bmeyers@acnetmhc.org

Website: www.mpuuc.org/mentalhealth

**MHSA Stakeholder Group
CONTACT LIST**

Name		Affiliation / Role	Phone	Email
Radawn	Alcorn	Interim TAY System of Care Director	510 567-8199	RAlcorn@acbhcs.org
Penny	Bernhisel	Telecare	510 703-5067	pbernhisel@telecarecorp
Viveca	Bradley	Pool of Consumer Champions	510 551-8761	vivebrad@gmail.com
Aaron	Chapman	Medical Director	510 567-8120	achapman@acbhcs.org
Margot	Dashiell	Alameda County Family Coalition	510 524-1199	margotjulia@yahoo.com
Leda	Frediani	BHCS Finance Director	510 383-1516	lfrediani@acbhcs.org
Alane	Friedrich	Mental Health Board	510 531-9415	amlf2@earthlink.net
Karen	Grimsich	City of Fremont	510 574-2062	kgrimsich@fremont.gov
Janet	King	Native American Health Center	510 381-2684	janetk@nativehealth.org
Tracy	Murray	Alameda County, Area Agency on Aging	510 577-1966	TMurray@acgov.org
Jeff	Rackmil	BHCS Children's System of Care Dir	510 667-3012	JRackmil@acbhcs.org
Liz	Rebensdorf	NAMI East Bay	510 530-7612	tunkiliz@sbcglobal.net
Yvonne	Rutherford	African American Family Support Group		yvonne.rutherford01@gmail.com
Lillian	Schaechner	BHCS Older Adult System of Care Dir	510 567-8194	lschaechner@acbhcs.org
James	Scott	Reaching Across	510 745-9500	scotty_jws@yahoo.com
Karyn	Tribble	Interim BHCS Director	510 567-8100	Ktribble@acbhcs.org
Gwen	Wilson	G.O.A.L.S. For Women	510 334-0003	bayyinanuru@live.com
Cecelia	Wynn	Pool of Consumer Champions	510 491-7992	Ceceliawynn@att.net

**MHSA Stakeholder Group
CONTACT LIST**

Support Staff					
Tracy	Hazelton	PEI	MHSA Division Director	510 639-1285	thazelton@acbhcs.org
Linda	Leung Flores	INN/WET	BHCS Innovative Programs	510 567-8133	lleungflores@acbhcs.org
Sanjida	Mazid	INN/WET	BHCS Workforce, Education & Training	510 567-8071	smazid@acbhcs.org
Carl	Pascual		BHCS Stakeholder Group Staff	510 777-2156	CPascual@acbhcs.org
Javarre	Wilson		BHCS Ethnic Services Manager	510-567-8189	Jwilson@acbhcs.org