Alameda County Mental Health Services Act Stakeholder's Meeting January 24, 2020 • 2:00 pm - 4:00 pm

Alvarado Niles Room, 2000 Embarcadero Cove, Suite 400, Oakland, CA 94606

Meeting called to order by Chair Tracy Hazelton

Present Representatives: Viveca Bradley (MH Advocate), Jeff Caiola (Consumer), Margot Dashiel (Alameda County Family Coalition), Sarah Marxer (Family Member), Elaine Peng (MHACC), Liz Rebensdorf (NAMI East Bay), Danielle Vosburg (Telecare STRIDES), Tracy Hazelton (MHSA Division Director) and Terri Kennedy (Administrative Assistant for MHSA Division).

ITEM	ITEM DISCUSSION		
Ice-Breaker and Introductions			
Announcements (Tracy)	 We've hired a new MHSA Senior Planner! Mariana Dailey, MPH, is going to start her new position with us on Monday, January 27th. Mariana will co-facilitate the February meeting, then take over running the meeting in March. Tracy will attend the Stakeholder Committee meeting on occasion to provide updates on state regs., funding, departmental changes, etc. MHSA Proposed Refocusing of funds in Sacramento 	Terri will email the group to connect them with Mariana Dailey once she gets settled in Tracy will email the Stakeholder Committee the three documents she has about the state proposed MHSA funding changes Tracy will send out an	
	Mayor Steinberg of Sacramento and the Steinberg Institute are pushing for a refocus of MHSA funds to focus on three new populations: • Unsheltered Homeless • Justice involved • Children: early psychosis, schools, trauma and foster youth Also seeking: • More accountability and reporting • Funding SUD as a primary diagnosis • Push to change the requirements for funding percentages	email to Stakeholders closer to the March 24 th date if any Stakeholder participation is being requested • Tracy will forward the email to the Stakeholders with the information and registration link for the HHREC	
	These changes may be for all MHSA funds, or maybe a percentage of MHSA- not clear yet. This matter may go to a vote. A report will be issued in the spring and from there decisions on a ballot initiative will be discussed.		
	 MHSA Compliance Audit (Program Review) MHSA is now scheduled for program review/audit from the state Department of Health Care Services (DHCS). This is a new process, the first review will take place March 24-26, 2020, then every three years after that. Tracy may want some Stakeholder participation on day one of the audit. She'll reach out as we get closer. 		
	 HHREC's Black Women's Media & Wellness Project is hosting their Women's Retreat on February 22nd, 2020. Tracy handed out a printed version of the announcement for the event and will forward the email to the committee 		
MHSA Presentation (Tracy)	Tracy presented an overview of MHSA: History, budget, allocations, who it serves, planning process, five components, fiscal overview, plan update changes and funding priorities. Print-outs of the presentation was provided.	Terri will email the PowerPoint presentation to the committee	

ITEM	DISCUSSION	ACTION
Other	The 30-day public comment period for the FY 19/20 MHSA	
	Plan Update ended on Monday, January 13 th .	
	Next step: Tracy or Dr. Tribble will be presenting at the	
	Health Committee on February 24 th .	

Next Stakeholder meeting: Friday, February 28, 2020 from 2-4 p.m. in the Alvarado Niles Room





2000 Embarcadero Cove, Suite 400 Oakland, California 94606 510-567-8100 / TTY 510-533-5018 Carol F. Burton, MSW, Interim Director

MHSA STAKEHOLDER GROUP (MHSA-SG)

Friday, February 28, 2020 (2:00-4:00pm)

2000 Embarcadero Cove, Oakland

<u>Alvarado Niles Conference Room – 5th Floor</u>

To participate by phone, dial-in to this number: (605) 475-4834 Participant access code: 102839

	MISSION The MHSA Stakeholder Group advances the principles of the Mental Health Services Act and the use of effective practices to assure the transformation of the mental health system in Alameda County. The group reviews funded strategies and provides counsel on current and future funding priorities.	We maintain a focus on the people served, while working together with openness and mutual respect.	 FUNCTIONS The MHSA Stakeholder Group: Reviews the effectiveness of MHSA strategies Recommends current and future funding priorities Consults with BHCS and the community on promising approaches that have potential for transforming the mental health systems of care Communicates with BHCS and relevant mental health constituencies. 	
1.	Welcome and Introductions		2:00	
2.	2. MHSA-SG Meeting Structure 2:10 - Guiding Principles & Community Agreements - Activity: Finding A Common Link			
3.	3. ACBH Department Updates - New Deputy Director/Plan Administrator - Upcoming Audits - Procurement Opportunities			
4.	 4. MHSA Community Planning Meetings Update - Event Dates & Timeline - Committee Support 			
5.	5. MHSA-SG Membership- New Stakeholder member, L.D. Louis-member of the MH Board			
6.	6. Wrap-Up/Summary			
Meeting Adjourn			4:00	





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Documents Attached:

- Agenda
- Minutes from January meeting
- PowerPoint Presentation
- MHSA-SG Meeting Calendar
- VIA Character Strengths and Virtues Poster





MENTAL HEALTH SERVICES ACT (MHSA) STAKEHOLDER GROUP MEETING CALENDAR, 2020

** This schedule is subject to change. Please view the MHSA <u>website</u> for calendar updates.

DATE	TIME	LOCATION	MEETING THEMES
January 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	MHSA OverviewAnnual Plan Update
February 28, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	 MHSA Goal Setting/Finding A Common Link Develop Operating Guidelines
March 27, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	 MHSA Audit MHSA Community Planning Meetings (CPM) Outreach & Evaluation Design Joint Site Visit Observations
April 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	 MHSA Community Planning Meetings (CPM) Program Spotlight/Presentation
May 22, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	 MHSA Community Planning Meetings (CPM) MHSA-SG Recruitment Program Spotlight/Presentation
June 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	 Quarterly Program Data Review Joint Site Visit Observations
July 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	Revisit MHSA-SG Plan & Meeting Frequency
August 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	 Program Spotlight/Presentation MHSA Policy & Legislation Review
September 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	 Government Funding & Procurement Overview Joint Site Visit Observations





MENTAL HEALTH SERVICES ACT (MHSA) STAKEHOLDER GROUP MEETING CALENDAR, 2020

October 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	 Program Spotlight/Presentation MHSA 3-Year Plan
November 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	Best Practice Review
December 24, 2020 (Friday)	2:00-4:00pm	2000 Embarcadero Cove, 5 th Floor, Oakland, CA 94606	 End of Year Celebration Retreat Renewing Commitment











MHSA Stakeholder Group (MHSA-SG) Meeting

ALAMEDA COUNTY BEHAVIORAL HEALTH

4TH FRIDAYS EVERY MONTH

CO-FACILITATORS: MARIANA DAILEY MPH, MCHES & TRACY HAZELTON, MPH

HELLO MY NAME IS

- Name + Agency + Role(s)
- ▶ Experience working with people involved in the mental health system
- ► First musical concert or event







MEETING OBJECTIVES

- 1. Welcome & Introductions
- 2. Review MHSA-SG Purpose & Annual Goals
- 3. Have a little fun!
- 4. Put in a little work!

MHSA-SG Guiding Principles & Community Agreements



Cultural Competence

Services should reflect the values, customs, beliefs, and languages of the populations served and eliminate disparities in service access.

Community Collaboration

Strengthen partnerships with diverse sectors to help create opportunities for employment, housing, and education.

Client, Consumer, and Family Involvement

Engage clients, consumers, and families in all aspects of the mental health system, including planning, policy development, service delivery and evaluation.

Integrated Service Delivery

Services should reinforce coordinated agency efforts for all

Wellness and Recovery

Allowing clients and consumers to participate in defining their own goals



FIND A COMMON LINK



Relationship MHSA-SG Meeting Building & Leadership & Structure Advocacy Outreach & Administration Communication & Operations Meetings Quality Program Assurance & Planning & Development Accountability





ACBH DEPARTMENT UPDATES



Procurement opportunities & NEW MHSA programs



ACBH Updates Continued

- Staffing Announcement:
 New Deputy Director/Plan
 Administrator
- ACBH reorganization
- Upcoming audits
- Annual plan update & Health Committee presentation
- Procurement opportunities & NEW MHSA-funded programs

MHSA Three-Year Community Planning Meetings (CPM)

MHSA-SG Membership

Three new applications for membership





MHSA-SG MEETING WRAP-UP

- Today's accomplishments
- +/Delta
- VIA character strengths profile at https://www.viacharacter.org/survey/a ccount/register

THANK YOU

Next Meeting:

March 27, 2019 2:00 pm— 4:00 pm 2000 Embarcadero 5^{thfl} Oakland, CA 94606

** Stipend: Check-in with Terri Kennedy





VIA Classification of Character Strengths and Virtues

The Character Strengths of a Flourishing Life





Originality; adaptive; ingenuity



Curiositu

Interest; novelty-seeking; exploration; openness to experience



ludament

Critical thinking; thinking things through: open-minded



Love of Learning Mastering new skills & topics;

systematically adding to knowledge



Wisdom: providing wise counsel: taking the big picture view

COURAGE



Valor: not shrinking from fear: speaking up for what's right



Perseverance

Persistence; industry; finishing what one starts



Honesty

Authenticity; integrity



Zest

Vitality; enthusiasm; vigor; energy; feeling alive and activated

HUMANITY



Both loving and being loved: valuing close relations with others



Kindness

Generosity; nurturance; care; compassion: altruism: "niceness"



Social Intelligence

Emotional intelligence; aware of the motives/feelings of self/ others: knowing what makes other people tick

JUSTICE



Citizenship; social responsibility; loyalty



Fairness

Just; not letting feelings bias decisions about others



Organizing group activities: encouraging a group to get things done

TEMPERANCE



Mercy; accepting others' shortcomings; giving people a second chance



Humility

Modesty; letting one's accomplishments speak for themselves



Prudence

Careful: cautious: not taking undue risks

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Self-Regulation

Self-control; disciplined; managing impulses & emotions

TRANSCENDENCE



Appreciation of Beauty and Excellence

Awe: wonder: elevation



Gratitude

Thankful for the good; expressing thanks: feeling blessed



Optimism: future-mindedness: future orientation



Playfulness; bringing smiles to others; lighthearted



Spiritualitu

Religiousness: faith: purpose: meaning



{where the world finds strength}

www.viacharacter.org