

Alameda County Mental Health Services Act Stakeholder's Meeting

October 28, 2022 • 2:00 pm – 4:00 pm

TELECONFERENCE REMOTE MEETING

Meeting called to order by **Mariana Real (Facilitator)**

Present Representatives: **Viveca Bradley** (MH Advocate/MHAAC/AA Family Outreach), **Margot Dashiell** (Family Member/East Bay Supportive Housing Collaborative/African American Family Outreach Project/Alameda County Family Coalition), **Jeff Caiola** (Berkeley Depression Bipolar Support Alliance-DBSA), **Liz Rebensdorf** (Family Member/NAMI East Bay/MHSAAC), and **Elaine Peng** (Mental Health Association for Chinese Communities (MHACC))

Guest Representatives: **Khatera Tamplen** (ACBH), **Tanya McCullom** (ACBH), **Siobhan Lilly** (ACBH-minutes), **Steven Chen** (Mental Health Association for Chinese Communities (MHACC)), **Terry Land** (MHAB)

ITEM	DISCUSSION	ACTION
Welcome and Introductions (Mariana)	<p>Mariana reviewed conference call etiquette tips, and led a brief check-in with the group utilizing the Community Agreements and MHSA-SG Design Team Alliance (DTA) model to identify the desired atmosphere for the meeting and strategies to ensure members thrive and deal with conflict. The group would like to focus on:</p> <ul style="list-style-type: none"> • Respect for perspectives and where they are • Advocate for collaboration • Pace 	
Presentation: Peer Certification Process Update	<p>Khatera Tamplen, ACBH Peer Support Services Manager, presented on the peer certification legislation (Please view the PowerPoint presentation on the 10/28/22 Meeting Agenda Packet at acmhsa.org)</p> <p>Margot: Are the scholarships awarded to family members of adults? Are scholarships awarded 50/50?</p> <p>Khatera: Yes. Scholarships are awarded to family members of adults. There is no % of allocation.</p> <p>Margot: What is the total cost of the training?</p> <p>Khatera: The cost varies. \$300 for processing and the exam and \$1500 for the 80 hours of training (this is an estimate).</p> <p>Carole: How can I join the next Peers Organizing for Community Change (POCC) meeting. I would like my organization represented?</p> <p>Khatera: I have your email address and myself or Tanya will follow-up with you.</p> <p>Terry: Do you have to be trained before you are hired?</p> <p>Tanya: No. You do not need to be trained first. You can be grandfathered in. As of January 1, 2022, you can participate in the grandparenting process if you have been employed as a peer and have met work experience requirements of [either]:</p> <ul style="list-style-type: none"> ○ 1550 hours as a peer specialist in 1 year [OR] ○ 1550 hours in 3 years, with 500 hours completed within the last 12 months, working as a peer specialist. <p>Khatera: Programs and CBOs must have certified Peer Support Specialist in order to bill Medi-Cal. Specialized Peer Support</p>	<p>Resources Websites:</p> <p>CalAim Explained: https://www.chcf.org/publication/calaim-explained-five-year-plan-transform-medi-cal/#what-is-calaim</p> <p>CalMHSA Website for Medi-cal Peer Support Specialist Certification Information: www.capeercertification.org</p> <p>Request/Advice Made by Tanya:</p> <ul style="list-style-type: none"> -scholarships are 1st come. -POCC is looking to have 1x1 meeting to help with application process. -get application in on time -If you do not get a scholarship, Khatera and Tracy can work with the Agency to get funds.

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	<p>Specialist billing codes must added to the billing system. Due to new CalAim regulations the capacity of the ACBH billing team are stretched thin.</p> <p>Jeff: What is CalAim?</p> <p>Tanya: CalAim is a multiyear plan to transform California’s Medi-Cal program using managed care to integrate care more seamlessly with other social services. (Note: see website in Action column for more info.)</p> <p>Khatera: CalAim has caused a switch in billing from fee for service (FFS) to payment in a lump sum (payment reform).</p> <p>Jeff: I am 72 and not looking to get certified and take training through Depression and Bipolar Support Alliance (DBSA).</p> <p>Tanya: Anyone can apply. DBSA is only 1 of the vendors that provide training. (Note: see CalMHSA website for more info). Please note that there is a second chance to get a scholarship by letting Khatera or I know as we may be able to assist with funding—including volunteers.</p> <p>Liz: What are the qualitative issues with grandparenting process? Can there be 2 different exams—1 exam for Peers and 1 exam for Families? How do you see the family members and peer specialty being a part of the Agency in the future?</p> <p>Tanya: We were told that NAMI was involved in the process and was disappointed later when I found out that they were not. You can find more information about Grandparenting on the CalMHSA website. We advocated for 2 separate exams and 2 separate trainings and was told no. Family members are already working in the system.</p> <p>Liz: What happens to the family members currently on the In-Home Outreach Team (IHOT) team that are not certified?</p> <p>Tanya: They will continue to do the same work but will be certified and receive billing codes for the services that they provide.</p> <p>Viveca: Has a fee for the service been established? If so, what is the fee that will be billed?</p> <p>Khatera: The fee is \$34.21 per 15-minute increment. There is a different rate for group and residential treatment.</p> <p>Margot: If you are working in the Agency will the fee be collected?</p> <p>Tanya: The agency must be Medi-Cal site certified in order to bill Medi-Cal and you will have to be a part of a clinic where mental health services are provided.</p> <p>Margot: Are courses offered online?</p> <p>Tanya: There is a mix of several vendors that offer the training and they will have to be contacted directly.</p> <p>Elaine: How do we get this information to Jeff?</p>	

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	<p>Mariana: I will send an email to the group with the links/websites discussed in the meeting.</p> <p>Mariana: Is there a timeline for grandparenting/training certification? Has there been additional funds set aside for the CBOs to provide additional and ongoing training?</p> <p>Khatera: Each individual county will have to reach out to their Behavioral Health Care Services (BHCS).</p> <p>Mariana: How much flexibility is provided? Will there be a toolkit?</p> <p>Khatera: BHCS releases Information Notices. There may be more information provided by CalMHSA.</p> <p>Mariana: Is it just certification and training or will there be ongoing requirements such as CEU credits and recertification?</p> <p>Tanya: Yes. There will be CEU requirements: 20 hours every 2 years and 6 of those hours must be ethics training.</p> <p>Mariana: How would organizations that need certified peer specialist have access to the professionals that have received certification? Will there be a portal or an access point to look up these individuals?</p> <p>Tanya: The state keeps a registry of who is certified.</p> <p>Khatera: Maybe CalMHSA will have the information on their website.</p> <p>Mariana: What can this group do to be helpful?</p> <p>Tanya:</p> <ul style="list-style-type: none"> • Family members and Peers could communicate with CalMHSA and challenge them on why they are having family members take an exam that doesn't have anything to do with their role. • Join monthly stakeholders meeting. Please email Khatera Khatera.Aslami@acgov.org or Tanya Tanya.McCullom@acgov.org to join. 12/1 is the next meeting. <p>[Final Comments In closing]</p> <p>Liz: Planning being done without NAMI's input is sad.</p> <p>Terry: What is the format of the training and why does it cost so much? They need to make it easier for people to participate.</p> <p>Mariana: Cost will be a barrier. This will be an issue for people who work in counties without a robust training program. Are they providing services to the deaf community? Addressing language barriers?</p> <p>Liz: I completed a survey. Who gets my information? Is anyone going to contact me?</p> <p>Mariana: Any demographic information included in the plan is reported in aggregate—no detailed personal information is shown.</p>	

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General Announcements/Admin Updates (Mariana)	<p>Mariana provided an update on recent legislation: AB 988, AB 2242, SB 13382, SB 970, and SB 1302</p> <p>Mariana reviewed the new MHSA CPPP Report for FY23/23 available online.</p>	<ul style="list-style-type: none"> • Report viewable at acmhsa.org
General Announcements/Admin Updates (Mariana)	<p>Since the listening session was postponed to the next meeting. I was unsure if I should delete the information below or not.</p> <p>Mariana led MHSA-SG in a listening session for the FY23/26 Three-Year Plan CPPP activities. The group was asked the following questions:</p> <ol style="list-style-type: none"> 1. What are the top or most pressing mental health challenges right now in your community? 2. Are there individuals, groups and/or cultural communities who you believe are not being adequately served? 3. What do you see as barriers and/or gaps for people to access mental health resources and appropriate/effective treatment needed for their recovery? <ul style="list-style-type: none"> • (a) Identify barriers & gaps for mental health consumers (also known as peers with lived experience) • (b) Identify barriers & gaps for their family member(s) • Related to the challenges described earlier, what are your ideas on how to address these challenges or others that you may see to better serve your community? 4. What MHSA-funded services are you aware of, either as services you or someone you know has taken advantage of or as services you would feel comfortable recommending to others? 5. An Innovation project is proposing a title change to Consumer Empowerment Using Recovery Oriented Cognitive Therapy (CT-R). The framework of this peer training project will not change. What innovative ideas do you have to improve mental health services? 6. Other comments people want to share? <p>Mariana thanked MHSA-SG for their participation. The results from LSs will be publicized in the next Three-Year plan released for public comment (tentatively) on April 1, 2023</p>	<ul style="list-style-type: none"> • CPPP Survey & listening session schedule at acmhsa.org
Wrap-Up/Summary (Mariana)	<p>Next MHSA-SG meeting will feature a presentation from CSS Service Team the next meeting</p> <p>The group identified future meeting topics:</p> <ul style="list-style-type: none"> • Collaborative Courts (presenting at 11/18/22 meeting) • African American Hub • AOT • 988 • School-based/pupil services • Supportive Housing 	<ul style="list-style-type: none"> • MHSA-SG Please send agenda items requests

Next Stakeholder meeting: **3rd Friday, November 18, 2022** from 2-4 p.m. LOCATION: GoToMeeting